

*Koinonia Senior Care is a local ministry, encouraging home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.*

www.kscare.org  
316-209-9028

# KSC CONNECTION



## Koinonia Senior Care Monthly Newsletter

**MARCH 2026**

### LUNCH & LEARN

*Koinonia Senior Care* believes in **connection**. Join us on the first Wednesday each month for a 1:00 light lunch and time of conversations on various caregiving and homebound visitation topics. RSVP for lunch to Christine by the Monday prior (3/2) at 316.209.9028. We meet at *Tyler Road Baptist Church*, 571 S. Tyler Rd.

### ROCK & ROLL TRIVIA

*KSC* had a great time with the 75+ people who attended the “Young at Heart” group at *Riverlawn Christian Church* in February. This group **ROCKed** the trivia portion of the program and enjoyed receiving a designer rock of their choice, a cinnamon roll for dessert, and a **connection** to several scriptures about the **ROCK** - my favorite being Psalm 19:14: “*May the words of my mouth and the meditation of my heart be pleasing to You, O God, my ROCK and my redeemer.*” Call Christine for a similar event with your senior group or to paint rocks with us! 316.209.9028

### CARE TEAMS APPRECIATION BRUNCH

*KSC* served with *Pathway Church* as they celebrated their Care Team volunteers with an Appreciation Brunch in February. Over 60 volunteers and staff attended. The fellowship/koinonia was jubilant. The stories and talk on **connection** were motivating. The celebration of what God is doing in, and through, the Pathway Care Teams and the hearts of those they serve brought excitement and renewal to those in attendance. Call for how *KSC* can come alongside your next church Care Team appreciation event.

### ASSISTED LIVING BIBLE STUDY & WAXING WEDNESDAYS!

*KSC* volunteer, Jan, **connects** an average of 20 residents to God’s Word, weekly. They are studying the Names of God. Paraffin hand waxing and facial waxing/tweezing happen 1/month, too! Volunteer @ 316.209.9028.

*Blessings of refreshment and renewal for you this spring, Christine*



March

4 1:00 LUNCH & LEARN @  
TRSBC—RSVP for lunch 3/2  
11 Waxing Wednesday - OG  
25 Make & Take, Newsletters  
27-28 Ruby Open House  
\_\_\_ OG Senior Event TBD

### SPRING FORWARD

**Daylight Savings Time is Sunday, March 8.**  
“Spring Forward” and gain the potential benefits of improving your exposure to sun during the day, which can help you sleep better at night!

Thank You for designating *KSC* as your charity of choice with Dillons. We received \$92.33 this past quarter from their Community Rewards program. **GIVING** isn’t only about making a donation; it’s about making a difference!

# RUBY'S OPEN HOUSE

March 27-28th from 1:00-5:00

April 2-3 from 1:00-5:00

Ruby's home will be full of her hand-made easter eggs, jewelry, watercolor paintings, china/porcelain pieces, poetry and sketches, too!

Watch Ruby's steady hands at work as she personalizes pieces for you!

Call Christine at 316-209-9028 for location.



## LUNCH & LEARN

Wed. 3/4 1-2:30

RSVP by 3/2 for lunch

### Volunteer Opportunity

**Blessing Gift & Newsletter Assembling**  
Wed. 3/25 1:00

Both @Tyler Road Baptist Church 571 S. Tyler Rd.

### COMMUNITY INTERESTS

#### EMPOWERED SENIORS

March 12th ~ 10-11:30

**Staying Safe & Independent in a Digital World**

Botanica Gardens—Click to [RSVP](#) or call 316-686-4500 or watch online.

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If you're looking for a 55+ community that provides life-enriching events and recreation:

#### Senior Services of Wichita

is a non-profit with 4 locations in Wichita. There's something for everyone!  
316-267-0302

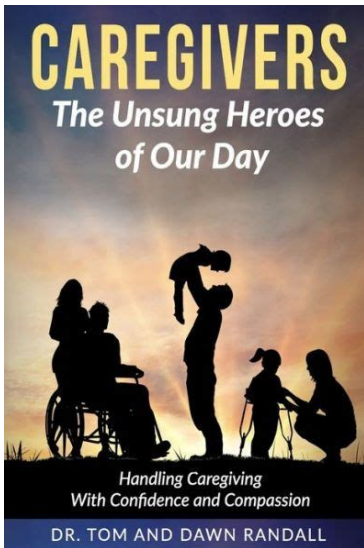
#### Goddard Senior Center

122 N. Main in Goddard  
Monday-Friday  
8:30am-12:30 pm  
\$5 Annual Membership

#### Need a Speaker/Activity?

Christine creates moments of joy & engages audiences in all ages & stages of life.

## Caregiver's Corner



There are an estimated 63 million non-professional caregivers in America. Looking through the eyes of one who lives on the frontline of adversity every day, *Caregivers: the Unsung Heroes of Our Day* addresses the pressing question of "how do I handle this daily adversity?" Though no two experiences are exactly the same, the insights offered to caregivers helps bring confidence and compassion, as well as hope and support, to those who are Caregivers.

## LADIES CLASS BEGINNING NOW!

1/month on Tuesday

Introduction: February 24th

Call Jan: 316.252.6047

1st Class: March 31st 1:00

*I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit.* Ephesians 3:16 (NLT) - **Christine**



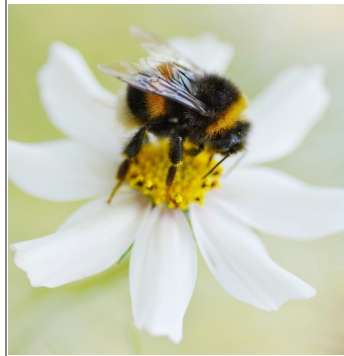
## 20 Ways to Celebrate the 1st Day of Spring on MARCH 20th

1. Prepare your basket for picnics.
2. Prep your garden.
3. Enjoy bird watching.
4. Plant some flowers or veggies.
5. Spring clean.
6. Put together a spring salad.
7. Watch a sunrise or sunset.
8. Visit a farmer's market.
9. Treat yourself to some spring rolls
10. Visit the zoo or Botanica
11. Go fishing.
12. Watch the grandkids fly kites.
13. Go to a garage sale.
14. Get a fresh haircut.
15. Paint a rock and put a verse on it.
16. Blow bubbles outside.

### What's All the BUZZ About?!

**In early spring the queen bumblebee emerges from hibernation, seeking nectar-rich flowers to replenish their energy after winter, establish a nest, and lay eggs. The worker bees don't emerge until late spring and gather food and care for the young. Below are 5 lessons we observe from the bumblebee.**

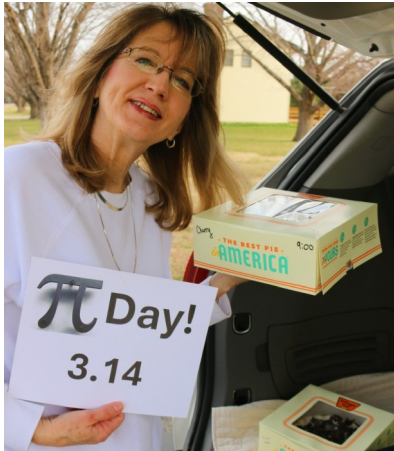
1. Bee an excellent communicator and stay in touch with your hive.
2. Bee a team player.
3. Bee adaptable to changes.
4. Bee committed to a strong work ethic.
5. Bee faithful, even when the task is repetitive.



17. Phone a friend and wish them a happy spring.
18. Take a walk outdoors, taking in the sights, sounds, and smells of the new season.
19. Sit outside or by the window and watch the people go by. Make a "Happy Spring!" sign for the window!
20. Enjoy sitting on your porch and reading a good book from *Koinonia Senior Care's* Lending Library

# Pi Day is Coming! 3.14

Last year's Pi Day celebration was such a hit, we decided to do it again this year! *Koinonia Senior Care* will deliver a surprise pie to the 1st 10 of our local Wichita readers who **call or text Christine by March 10th at 316-209-9028**. Be sure and tell her your favorite pie flavors, too!



Pi Day is celebrated on March 14th (3/14) around the world. Pi (Greek letter “ $\pi$ ”) is the symbol used in mathematics to represent a constant — the ratio of the circumference of a circle to its diameter — which is approximately 3.14159. Pi Day is an annual opportunity for math enthusiasts to recite the infinite digits of Pi, talk to their friends about math, and eat pie. <https://www.piday.org/>

If you like to bake pies, it could be a time for you to celebrate by baking one of your favorites and share it with others on this special day, or text 316.209.9028 for your pie delivery on Pi Day (by 3/10)!



This year's Pi Day is sponsored by

**Scott Nelson**  
Financial Advisor

RScott.Nelson@ampf.com 316.630.6025

**Ameriprise**   
Financial



## March's Touch Someone Challenge

Someone left a copy of our *KSC Connection* publication in an office. Someone else saw it, read it, and called us to get our mailing list! Who can YOU share this newsletter with?!

### 316

Being the 3rd month, I thought I'd have a little fun with numbers. I'm a 3:16 gal and live in a 316 area code. I have my alarm set for 3:16 pm to pray for my friend's daughter who is serving the Lord in Kenya. On March 16th, join me in reviewing some of my favorite 3:16 verses (Read entire passage for better understanding):

**Matthew 3:16** - *As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and lighting on him.*

**John 3:16** - *For God so loved the world (you) that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.*

**Acts 3:16** - *By faith in the name of Jesus, this man whom you see and know was made strong. It is Jesus' name and the faith that comes through him that has given this complete healing to him, as you can all see.*

**1 Corinthians 3:16** - *Don't you know that you yourselves are God's temple and that God's Spirit dwells in your midst?*

**Ephesians 3:16** - *I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being so that Christ may dwell in your hearts through faith.*

**Colossians 3:16** - *Let the message of Christ dwell in you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.*

**2 Thessalonians 3:16** - *Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with you all.*

**1 Timothy 3:16** - *Beyond all question, the mystery from which true godliness springs is great: He appeared in the flesh, was vindicated by the Spirit, was seen by angels, was preached among the nations, was believed on in the world, was taken up in glory.*

**2 Timothy 3:16** - *All scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness...*

**James 3:16** - *For where you have envy and selfish ambition, there you find disorder and every evil practice.*

**1 John 3:16** - *This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers and sisters.*

**Revelation 3:16** - *So, because you are lukewarm—neither hot nor cold—I will spit you out of my mouth.*





**Koinonia Senior Care**  
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**Wichita, KS 67235**

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If you are not reading or sharing this newsletter, please call or text 316-209-9028 to UNSUBSCRIBE. Thank you!

**SPRING**

**When the grass is greener  
 & the allergies are meaner!**

More inspiration @ [www.kscare.org](http://www.kscare.org)

 [www.facebook.com/kscare](http://www.facebook.com/kscare)

***This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.***

**OUR MISSION**

Christian Fellowship  
 Activities  
 Respite  
 Equipping Volunteers

**A faith-based ministry enriching the lives of homebound seniors, caregivers, widows, and our community who reach out to them.**

Community Projects  
 Action Opportunities  
 Resources  
 Education & awareness

**OUR MOTTO**

To captivate our community with the character of Christ through compassionate **CARE**

**KSC is a 501c3**

**OUR VISION**

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

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