

Koinonia Senior Care is a local ministry, encouraging home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.

www.kscare.org
316-209-9028

KSC CONNECTION



Koinonia Senior Care Monthly Newsletter

February 2026

From Our to Yours

KSC is a faith-based ministry reaching out to churches, caregivers, and the community who serve homebound seniors and widows.

We are a resource of spiritual support, community connections, monthly mentoring, enrichment ideas, and respite services for caregivers. We also create moments of JOY through “Rock & Roll Trivia” events and Waxing Wednesdays. We connect seniors to local daytime Bible studies & hymn sings.

Our funding comes from church, individual, and memorial donations, as well as respite services. Memorials are a meaningful way to come alongside grieving families who have been touched by the ministry of KSC. Monthly and annual giving help with KSC’s day-to-day operations, our monthly newsletters, and our Blessing Gifts for the homebound.

KSC has experienced many of life’s transitions with those we serve. Some have lost their loved one and are experiencing grief, decisions, loneliness, and *what’s next*. Some are dealing with health issues and need encouragement and prayer support. Other worn-out caregivers are researching memory care options for their loved one. KSC is a helpful resource and a compassionate friend to these. Whether it be health or home, or people or places, many wise saints have reminded me that God is *enough*. This year, may we be filled and overflowing with *enough*.

*Enough downtime to spend in God’s Word
Enough voice to praise our Creator and Lord Jesus Christ
Enough Bible to keep you grounded and growing.
Enough Jesus to call Him your best friend.
Enough Holy Spirit to become more like Jesus.
Enough faith to trust God’s plan.*

Christine



FEBRUARY

- 4 11:00 Rock & Roll Trivia
Riverlawn Christian Church
- 1:00 Staff Huddle
- 1:30 Church Visit & Care Support —TRSCB
- 11 Waxing Wednesday - OG
- 25 BG & Newsletter Assembling

The *secret sauce* in KSC’s respite services is an adaptation from Gary Chapman’s book, *The Five Love Languages*. In each home, we strive to incorporate the following:

- Words of Affirmation
- Quality Time
- Appropriate Touch
- Receiving Gifts
- Acts of Service

[Keeping Love Alive as Memories Fade](#) is the 5 Love Languages for the Alzheimer’s Journey

Kindred Spirits

For the Ladies: Have a Galentine's Day gathering. Consider hosting an afternoon tea at your home or community, or go to a local coffee shop with a friend and enjoy the sweet fellowship.

For locals, consider signing up for the Christian Women's Club monthly breakfast and inspirational speaker series, held at Rolling Hills Country Club on the 4th Friday. Cost is \$15. RSVP by the 4th Monday. 316-209-9028.

Call/text to enter a Feb. 14th drawing for your choice of tea, coffee, or Christian Women's Club outing with Christine. 316-209-9028

For the Men: Consider "Breakfast with the Brotherhood." Start or join a group of men who fellowship at the local Braum's, McDonalds, Cracker Barrel, or Village Inn. Come up with a project to help another brother in need.

Call/text to enter a Feb. 14th drawing for your free breakfast with Christine and Marty. 316-209-9028 (Gift card only if winner is not local!)

Caregiver's Corner

Calming TV Option for Persons Living with Dementia

Have you noticed the impact of TV choices on your loved one living with dementia? Some TV programming creates confusion, agitation, and withdrawal instead of calm engagement. Occasionally portions of programming play out in dreams or hallucinations. Reality and fiction get discombobulated.

I just ran across a streaming service, [Zinnia TV](#), created by caregiver and founder Allyson Schrier after walking the frontotemporal dementia journey with her husband. The article (linked above and below) notes that TV time is not about screen time as a babysitter. It is about using the right kind of visual and audio input to meet a changing brain where it is, so your loved one can focus, relax, and feel successful. The article walks you through what Zinnia TV is, why typical TV backfires, real results that families are seeing, and simple ways to put it to work in your home or care community. <https://careblazers.com/calming-tv-for-dementia-how-zinnia-tv-lowers-stress-and-builds-connection/>

I will check into this service a bit more but if you have had some experience with it, I welcome your feedback so we can share it with our readers.



Staff Huddle

Wed. 2/4 1-1:30

Homebound Visits & Care Support

Wed. 2/4 1:30-2:30

@Tyler Road Baptist Church

Volunteer Opportunity

Blessing Gift & Newsletter Assembling

Wed. 2/25 1:00

EMPOWERED SENIORS

Feb. 12th ~ 10-11:30

Staying Active, Engaged & Empowered

Botanica Gardens—Free garden tour afterwards. Click to [RSVP](#) or call 316-686-4500 or watch online. ES is a monthly educational program designed to inform, empower, and equip older adults with practical guidance for navigating life's next chapter.



Senior Services
OF WICHITA

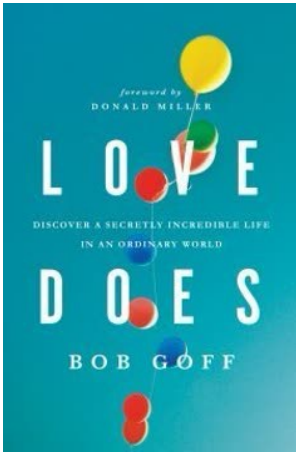
\$25/yr.

If you're looking for a 55+ community that provides life-enriching events and recreation, [Senior Services of Wichita](#) is a non-profit with 4 locations in Wichita.

There's something for everyone! 316-267-0302

GIVING isn't only about making a donation; it's about making a difference! Thank you for giving!

The KSC LENDING LIBRARY HIGHLIGHTS Bob Goff



"Love Does" by Bob Goff is a collection of stories from the author's life, illustrating how **love is an action that can transform ordinary experiences into extraordinary ones.**

The stories challenge readers to rethink their approach to life, **focusing on letting love guide your actions and decisions.**

One of the key takeaways is that **being present and available to others can have a profound impact on relationships and personal growth.**

Another key takeaway is the challenge to **pursue unlikely friendships and opportunities.**

Other books by Bob Goff available in KSC's Lending Library

Catching Whimsey

Dream Big

Everybody Always

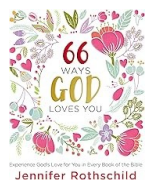
Live in Grace, Walk in Love

See a Book You'd Like to Read and Return?

KSC will get the book delivered to our readers in the Wichita area. Call 316-209-9028

*A new command I give you; Love one another.
As I have loved you, so you must love one another.
By this everyone will know that you are my disciples, if you love one another.
John 13:34-35*

Jesus was our ultimate example of love. Jennifer Rothschild reflected on God's love for us in each book of the Bible, in her book, "66 Ways God Loves You." It's a beautiful gift book, also. **I am giving one away in a drawing on February 14th. Call or text to enter: 316-209-9028 to enter.**



What are some practical ways we can love one another in such a way that we reflect the love of Christ to those who feel forgotten, lonely, hurting, or broken? Even the homebound can pick up the phone and call one person/day. Ask how you can pray for them and then pray with them. Follow up with a note in the mail, reminding them that you are praying for them and that you enjoyed your visit on the phone.

The ripple effect could look like this: Let's say you help a widow. Maybe the widow mentors a younger mom. Maybe the younger mom takes her kids to visit seniors in a nursing home. Maybe the nursing home residents ask their staff how they can pray for them. Maybe the staff receives an answer to prayer and decides to know more about Jesus. LOVE can be contagious. Sometimes we are blessed to see the ripple affect. Other times we are more blessed to hear about it in heaven on reward day!

³¹ *So whether you eat or drink or whatever you do, do it all for the glory of God.* 1 Corinthians 10:31

BLT Souper Bowl

This comfort food is a cozy warm twist on a summer favorite! Whether you serve it alone, in a bread bowl, or alongside a grilled cheese sandwich, it is sure to please the palette! From <https://soupaddict.com/blt-soup/>

- 4 slices uncooked bacon, chopped & cooked in 1 T olive oil
- 1 small onion *diced*
- 2 green onions *chopped*
- 1 T tomato paste
- 1 head Romaine lettuce *cored and chopped or grated*
- 3 T to 1/4 C all-purpose flour
- 4 C chicken broth
- 14 ounces canned diced tomatoes
- 1 dash crushed red pepper
- 1 C half-and-half
- 3-4 T creme fraiche or mayo (*mayo, if you like it sweeter*) (*or sour cream?*)CB
- salt and freshly ground black pepper
- 1/2 C packaged croutons, slightly crushed *for garnish*
- 1 T slivered fresh basil leaves *for garnish (optional)*

In a large stock pot, heat 1 T olive oil over medium. Add bacon pieces and cook until desired level of crispiness. Add both onions & cook until translucent. Stir in tomato paste for 1-2 minutes to release its flavors.

Add lettuce and tomatoes. When the lettuce begins to turn bright green, sprinkle 3 T to 1/4 C flour over the vegetables and stir.

Add the chicken stock, crushed red pepper and salt. Turn heat to medium-high and bring soup to a gentle boil. Then reduce heat to maintain a gentle simmer and continue cooking for 15 min. before turning heat to low.

Whisk milk and 2 T of the crème fraiche or mayo or sour cream in a small bowl. Add a ladle of soup into the dairy mixture and whisk until very smooth. Pour the dairy mixture into the soup & blend well.

Ladle the soup into bowls and swirl the remaining crème fraiche or mayo or sour cream through the soup. Consider topping the soup with crushed croutons and/or basil leaves for garnish/

Sound good, but you don't want to fix it? **Call/text to enter a Feb. 14th drawing for your free dish of this homemade soup, delivered fresh by Christine. 316-209-9028 (Locals only on this one!)**

February's Touch Someone Challenge

Love Does random acts of kindness in Jesus' name. Let me know what you do!

Humor for the February

God gave us laughter to lighten our hearts. May these Valentine's Day puns tickle your funny bone enough to share with a friend over a cup of tea this month!

“What did the boy bird say to the girl bird on Valentine's Day? Let me call you Tweet-heart!”

“What did the paper clip say to the magnet? I find you very attractive.”

“Why shouldn't you fall in love with a pastry chef? He'll dessert you.”

“What do you call a very small Valentine? A Valen-tiny!”

“Valentine's Day plans: Dinner at 4:30, bed by 8:00.”

True love is domestic work. Forget the roses, just fold the laundry.

February 15th is the real holiday. I'm celebrating on the 15th when all the candy and flowers are 50% off.!

“You're the only person I'd share my walker with.”

“I love you a latte, even if decaf is our speed now.”

“I'm bananas for you, even if we are a little bruised.”

“I love you from my head to-ma-toes!”

“I love you more than I love my nap... but please don't test that theory.”

Who are you sharing m&m's with?

A healthy meal together brings strength to the body, promotes social connection, creates friendships, and uplifts one's spirit with something to look forward to. Drop a note in the mail to further the personal touch and give them the joy of receiving fun mail!

Meals & Mail are moments that matter!



meals
& mail



Koinonia Senior Care
13303 W. Maple, Suite 139, PMB #128
Wichita, KS 67235

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If you are not reading or sharing this newsletter, please call or text 316-209-9028 to UNSUBSCRIBE. Thank you!

LOVE is at the core of the aging heart who still wants their life to have meaning and leave a ripple effect that touches and inspires future generations

More inspiration @ www.kscare.org

 www.facebook.com/kscare

This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.

OUR MISSION

Christian Fellowship
 Activities
 Respite
 Equipping Volunteers

A faith-based ministry enriching the lives of homebound seniors, caregivers, widows, and our community who reach out to them.

Community Projects
 Action Opportunities
 Resources
 Education & awareness

OUR MOTTO

To captivate our community with the character of Christ through compassionate **CARE**

KSC is a 501c3

OUR VISION

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

Board of Directors

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Christine Brisco	Dawn Roberts
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