

BE A **PUMPKIN** EVERY DAY!

**P**RAISE GOD

**U**PLIFT ONE ANOTHER

**M**EDITATE ON GOD'S WORD

**P**RAY ABOUT EVERYTHING

**K**OINONIA – FELLOWSHIP

**I**NCLUDE THANKFULNESS

**N**OURISH BODY, MIND, & SPIRIT

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- 1 Thessalonians 5:16-17
- Doxology

### **U**PLIFT ONE ANOTHER

- Proverbs 12:18, Philippians 2:4 & 4:16-17
- Hebrews 10:24-25, Mark 10:45

### **M**EDITATE ON GOD'S WORD

- Matthew 4:4, 1 Peter 2:2
- Psalm 1:2-3 & 119:15, Joshua 1:8

### **P**RAY ABOUT EVERYTHING

- Jeremiah 29:12, 1 Thessalonians 5:16-17
- James 5:16

### **K**OINONIA – FELLOWSHIP

- Hebrews 10:24-25,
- Acts 2:46-47, 1 Peter 4:10

### **I**NCLUDE THANKFULNESS

- 1 Thessalonians 5:16-18
- Psalm 107:1, 136:1, Ephesians 5:20

### **N**OURISH BODY, MIND, & SPIRIT

- BODY: Romans 12:1, Genesis 1:29
- MIND: Romans 12:2, Colossians 3:2
- SPIRIT: All of the above!

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