

*Koinonia Senior Care is a local ministry, encouraging home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.*

www.ksicare.org  
316-209-9028

# KSC CONNECTION



## Koinonia Senior Care Monthly Newsletter

**OCTOBER 2025**

### *Meet Some of KSC's Staff & Volunteers*

Dawn is our p/t Business Manager since the beginning. She does all the paperwork so I can focus on the people. She falls into the category of PRICELESS!

Patty serves a low-vision senior who enjoys the social and spiritual specialties of mealtime together, reading great stories, and cooking and baking together.

Kyla is our can-do and go-to caregiver who brings communication and comfort to the families she serves and activities, ADL skills, & devotions to her seniors.

Christa is our 2nd shifter. I had a phone call last week from a widow she used to help with her husband. She couldn't say enough positive about her attention to details with her husband and that she was never on her phone but engaged compassionately with her husband's social, spiritual, and physical needs.

Marty is our male caregiver who hangs out with men, providing respite for family and spouses. Some go for walks, the zoo, Bible trivia, or PT/OT exercises.

Alicia and Jodi provide respite, mealtime, and engagement activities for those they serve. Their creative ideas are endless! Amy and Sharlet have served creatively and lovingly for years but are taking a well deserved sabbatical.

Linda loves serving the social and spiritual needs of her senior ladies, including her specialty, massages! She's also a faithful and joyful volunteer!

Jan volunteers her gifts to lead a weekly Bible study and hymn sing in an assisted living that KSC has adopted, probably since 2017. Studying "Pictures of Christ in the OT" this fall.

Jennifer is volunteering with decluttering needs of a widow friend of the ministry who is physically limited. Prayer & encouragement are part of that hour.

Michelle volunteers meals for a couple in need. Priceless! *Christine*



**OCTOBER**

- 1 Caregiver Support 1-3pm**
  - 15 Waxing Wednesday at Oxford Grand (OG) at 10:15**
  - 29 Make & Take, Newsletters**
- ~~~~~

### **HUGS**

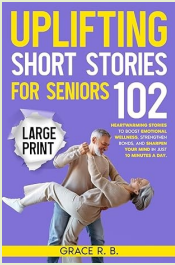
Physical Touch is one of the [5 Love Languages](#). Appropriate hugs would fall into that category.

Hugs are beneficial for mental and physical health, helping to reduce stress and promote happiness.

It is said\* that a person needs about  
4 hugs/day to survive,  
8 hugs/day to maintain well-being, and  
12 hugs/day to grow emotionally.

\*Family therapist Virginia Satir

## October is NATIONAL BOOK Month



Grace R.B., wrote this book to **rekindle warmth, stir fond memories, and celebrate the wisdom that comes with life's journey**, reminding us that every stage of life holds beauty, connection, and new reasons to smile.

Other books on celebrating seniorhood in KSC's Lending Library include: Effie Leland Wilder books, "*Older but Wilder*," "*One More Time*," "*Over What Hill?*" and "*Out to Pasture*."

## October is BLINDNESS AWARENESS Month

Below are a couple ideas for your visually impaired loved one:

- [Talking Watch](#). Great Christmas idea, too! See Amazon selection
- **Christian Radio**. AM and FM radio have fantastic selections of sermons, talks, music, and more to fill our spiritual cup each day.

# Caregiver's Corner

**Caregiving demands energy that you must replenish.**

**Stopping to rest is a necessity, not a luxury.**

**Learn to say "yes."** The often-heard question, "Is there anything you need?" has but one answer: Yes. "Yes, I need a meal; I need someone to stay here so I can go out; I need some time by myself; I need flowers; I need help in the garden; I need some groceries..."

**Learn to say "no"** to requests that are draining rather than nurturing, such as hosting holiday meals. Say "no" if someone else is available to help or another solution exists. Say "no" when saying yes would lead to resentment, frustration, or burnout.



## Volunteer

### Opportunities

## CAREGIVER SUPPORT

Wed. Oct 1st 1:00

### Blessing Gift Make-&- Take & Newsletters

Wed. @ 1:00 OCT. 29th  
Both @ Tyler Road Baptist

## EMPOWERED SENIORS

October 9th ~ 10-11:30

### *Staying Safe in a Scary World*

Botanica Gardens—Click to [RSVP](#) or call 316-686-4500 or watch online. Enjoy a [Friday segment](#) on PBS @ 8:30 p.m.

## *Thank you*

**For supporting KSC—a small ministry with a BIG heart to serve in Jesus' name.**

**For supporting seniors using their gifts**

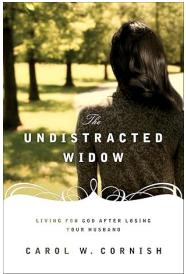
**For supporting KSC through Dillons Reward program**

**For telling others about our ministry**

[GIVING](#) isn't only about making a donation; it's about making a difference!

## Mindful Morning Meditations from a Recent Widow

- Today is my wedding anniversary. I am nearly five months into being a widow. My heart grieves with Erika Kirk, as I can empathize with the devastation she is enduring. But I also know, like me, she will rise!
- My sweet husband sent me the most beautiful flowers from beyond the grave. I had an ugly cry moment when they were delivered. He always brought me flowers home for our anniversary. I have suspects of who might be responsible for this blessing, but I choose to believe they are from him and my heart is ever so touched and grateful! Thank you sweetheart! How I miss you!
- Since (my husband's) graduation to heaven, I ponder heaven much more than I used too. I have come to the conclusion that it is kind of a waste of time. I can't figure it out and even if I have, I won't know until I experience it. So, what's the point? I just know it will be unfathomable grand.
- I have hundreds of pictures of (my) man in his role as Pa. He was the best!! Just thinking of him today and how he gave so unselfishly to the kids and me! Every day I aspire to try to be more like him! He continues to inspire me from his new address!!
- My biggest dream is to realize God's dream for my life! "For I am God's handiwork, created by Christ Jesus to do good works, which he created in advance for me to do." I need to get busy!



Amazon review:

*The Undistracted Widow includes sections to help widows find renewed identity and purpose. Cornish helps readers trust in God, manage emotions, learn from both biblical and contemporary widows, rethink the past, present, and future, and prepare for what's next. Pastors, churches, and others will benefit from practical appendices. Any woman who is grieving the loss of her husband, or who knows of someone in mourning, will find this to be a valuable resource.*

Trivia: How many times is the word "fall" used in this publication? Happy Fall Y'all!

### **FAITH**

**IS NOT KNOWING WHAT THE FUTURE HOLDS  
BUT KNOWING THE ONE  
WHO HOLDS THE FUTURE**

*Koinonia Senior Care is not affiliated with any particular church, but partners with many churches to provide resources and monthly support for those congregations serving the homebound seniors in their church and community.*



# SPIRITUAL MENTORSHIP

The month of October is **Clergy Appreciation Month**. Pastors, elders, deacons, supporting staff, and even volunteers need to hear your words of encouragement and appreciation as they speak truth, serve, and sacrifice for the sake of our Savior. The greatest gift you could give each of them is your daily prayers.

I like to think of our clergy as spiritual mentors who pass along wisdom, truth, hope, and encouragement to others. They care, they challenge, they advocate for a personal relationship with God through Jesus Christ, who is the faith foundation of the Christian life. Their lives inspire us to a deeper walk with Christ.

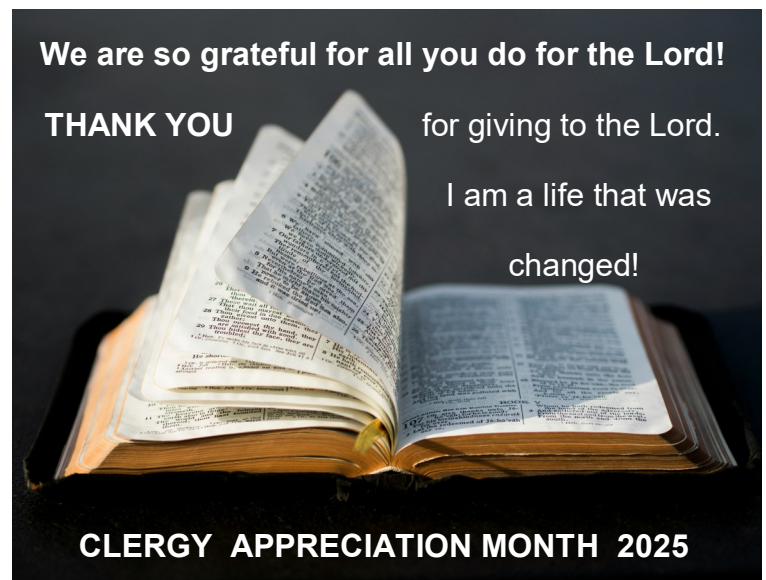
Jesus Christ mentored His twelve disciples. Paul mentored Timothy. At the end of Paul's life, he writes a letter to Timothy, encouraging him to "teach these truths to other trustworthy people who will be able to pass them on to others." (2 Timothy 2:1-2). So mentors challenge their protégé to pass on what they learn to others.

Many of you are "Paul's" who are mentoring "Timothy's." Our youth pastor mentored our son and challenged him in his walk with the Lord. Todd selected a few young men to invest in and invited them to his home where they spent time in the Word and received the challenge to put Christ in the center of their lives. Our home team leaders and home team were the "Paul's" and "Barnabas" in our marriage for many years. I am grateful they invited us to join them. KSC's Board of Directors is another spiritual mentor whom I am so grateful for as they pray for this ministry and give guidance, experience, and expertise to this ministry.

At every age and stage of life, we should have a Timothy in our lives whom we are mentoring. It could be someone in your small group, or it may be a grandchild whom you'd like to spiritually invest in, discussing God's Word openly, honestly, peacefully and prayerfully.

We are thankful for the leadership of our church who, in a sense, mentor us each week from God's Word and challenge us to put Christ in the center of our lives and to *pass the baton* by mentoring others with the Holy Scriptures as our guide.

This month, take the time to write a note of appreciation to your pastors and support staff, expressing your gratitude for their faithfulness in their calling to spiritually mentor and lead God's people.



## October's Touch Someone Challenge

October is *EAT BETTER; EAT TOGETHER* month. You know what to do!

# LIVING ON BORROWED TIME

When I attend the homegoing service of a senior saint\*, I not only get to hear faith stories and feel like I know them more intimately, but I often come away with a renewed determination to live more intentionally for Christ because I'm reminded that my days on earth are numbered and there's more hearts to touch with the love of Jesus, who is my WHY in life.

That is how I felt after watching the service of Charlie Kirk. I didn't even know who he and Erika were before his death. My heart was stirred to get to know this man of faith whose earthly life ended at half my current age before his citizenship in heaven began. Then, all eyes were captivated by the strength and words of Erika's response in the face of tragedy.

The following were a few of the nuggets I personally gleaned from the service and words shared by family, friends, co-workers, and statesmen at Charlie Kirk's Memorial Service.

- \* Worship. Chris Tomlin led in corporate worship to an audience of One, God alone.
- \* Charlie wanted his Savior to be the guest of honor. Jesus was his WHY. His WHY brought him courage, wisdom, and strength. – Pastor Rob McCoy
- \* Charlie refused to let fear stop him from carrying out God's call on his life. He feared God and not man.
- \* John 12:24 <sup>24</sup> *Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit.* (Dr. Ben Carson quoted this verse in his eulogy.)
- \* Charlie's goal was to make heaven crowded. His eyes were fixed on eternity.
- \* He loved his wife and children and asked, "How can I better serve you?" Even in his busy schedule, they knew they were important to him. He turned his phone off on Sundays and prioritized family and faith.
- \* He woke people's minds and inspired their hearts every day.
- \* He turned every day and every interaction into prayer. – RFK Jr.
- \* You've just met the Esther of the 21<sup>st</sup> Century (Erika Kirk) "For such a time as this." – TV commentator

As I slowly and contemplatively depart from homegoing services of beloved saints, I challenge myself to review and renew my life's priorities. Sometimes it's easy to get caught up in the trivial, superficial, and the temporal. I find that it's a good time to posture my heart before the Lord with prayer, praise, and thanksgiving to refocus my spiritual eyes on eternity with the goal of making heaven crowded, because we are all living on borrowed time and saints have the truth that can spiritually rescue and bring the hope of Jesus to a dying soul.

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\*Senior saint is a senior citizen who has chosen to accept God's eternal gift of grace and mercy by placing their faith and trust in Jesus Christ, God's Son, who is the fulfillment of God's requirement for repayment of our sins (past, present, and future sins). A saint is a "holy one," one who is set apart for God's special purposes in this world by the power and gift of the Holy Spirit. For more on *saints*, go to <https://seminary.grace.edu/what-does-saint-mean/>



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More inspiration @ [www.kscare.org](http://www.kscare.org)

 [www.facebook.com/kscare](http://www.facebook.com/kscare)

***This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.***

**OUR MISSION**

- Christian Fellowship
- Activities
- Respite
- Equipping Volunteers

**Enriching the lives of homebound seniors and their caregivers, and inviting our community to join us.**

- Community Projects
- Action Opportunities
- Resources
- Education & awareness

**OUR MOTTO**

To captivate our community with the character of Christ through compassionate **CARE**

**Board of Directors**

- |                   |                 |
|-------------------|-----------------|
| Rhonda Turner     | Lyle Jones      |
| Gwendolyn Lewis   | Rick Schoepf    |
| Ronda Bowles      | Michael Priddle |
| Teressa Hatfield  |                 |
| David Bridgewater |                 |

**Officers**

- |                  |              |
|------------------|--------------|
| Christine Brisco | Dawn Roberts |
|------------------|--------------|

**KSC is a 501c3**

**OUR VISION**

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.