

Koinonia Senior Care is a local ministry, encouraging home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.

www.kscore.org
316-209-9028

KSC CONNECTION



Koinonia Senior Care Monthly Newsletter JULY 2025



It's Time to Celebrate & Hydrate!

You might wonder why the Army is older than the U.S. itself. On June 14, 1775, the Continental Army was formed to fight for American independence. That was 250 years ago and Americans celebrated the Army last month in Washington D.C. Next year will be the 250th birthday of our nation, so prepare now for that BIG celebration! Do you know the Army's motto? (See answer below)

Our national heritage is important to know and remember. This is the mission of Wallbuilders.com - to preserve the true history of our great nation, teaching America's forgotten history and heroes, emphasizing the moral, Christian, and constitutional foundation on which our nation was built. <https://online.hillsdale.edu/> has online classes to preserve the civil and religious liberties of America.

Just like every nation has a story, so does every person. You may think your story is insignificant in the big scheme of things, but you couldn't be further from the truth. Your story needs to be written and heard. You have life lessons that need to be shared with your family and others. Write it down! Share your story for His glory!

July is also a hot month and we must all stay hydrated. This month's Blessing Gift is a patriotic bottle of water with patriotic songs to sing. Offer a water bottle to the trashman, mowing crew, or the mailman next time you see them and remember this Scripture:

And if anyone gives even a cup of cold water to one of these little ones who is my disciple, truly I tell you, this person will certainly not lose their reward. Matthew 10:42

Celebrating the freedoms and even the cups of clean cold water we tend to take for granted, **Christine**



JULY

- 4 INDEPENDENCE DAY
- 9 Waxing Wednesday at Oxford Grand (OG) at 10:15
- 30 Make & Take, Newsletters

It's time to give thanks for the fast service & friendly staff at City Blue Print!



It's time to protect your pet's ears from the fireworks and your body from the mosquitos!

It's time to give gratitude to the donor who paid for KSC to take its seniors to the ZOO!

It's time to remember M.S. Mitch Mitchell. He was the engineer behind Wichita's Big Ditch floodway.

Answer: "This We'll Defend"

On Aging

By Amy Grant

It occurred to me this morning as I washed this face of mine,
How quickly come the changes with a little passing time.
A wrinkle here, a hair turned gray, a not so lilting step,
I see me growing older, but I don't quite feel it yet.
At times I nearly feel my age at others I'm sixteen,
So full am I of all the thoughts and feelings in between.

Who would have thought the road of life would twist and turn so much.
The journey makes me strong and weak and tender to the touch.
And so this day I face the choice that I have faced each day,
Will I be open? Teachable? Unafraid of change? Yes.

I will embrace this moment, forgive my past mistakes.
And remember that just showing up is sometimes all it takes.
I'll seek the kind of beauty that time cannot erase,
Wisdom and experience resting on my face.

Caregiver's Corner

Difficult Discussions

Singer and songwriter Amy Grant (from poem above) was a caregiver for her parents, along with her sisters. When addressing some growing concerns and the need to reconsider power of attorney for her parents, Amy approached the conversation with love, and said, "Daddy do you trust us? Tell us what you want and trust us to carry out your wishes." Their dad looked at the preacher who had come to dinner and asked him if this was the right thing to do. The pastor replied, "You and your wife have raised your daughters to be ready for this task." <https://motherrr.com/help/topics/caregiver/amygrant/>

Surrounding yourself with prayer and supportive people can greatly contribute to your ability to overcome challenges.

Trust God that you are exactly where you're supposed to be.



Volunteer

Opportunities

CAREGIVER SUPPORT

Will resume in August

Blessing Gift Make-&- Take & Newsletters

Wed. @ 1:00 July 30

Both @ Tyler Road Baptist

EMPOWERED SENIORS

July 10th ~ 10-11:30

*Celebrate Your
Independence*

Botanica Gardens—Click to [RSVP](#) or call 316-686-4500 or watch online. Enjoy a [Friday segment](#) on PBS @ 8:30 p.m.

Thank you

For supporting KSC—a small ministry with a BIG heart to serve in Jesus' name.

For supporting seniors using their gifts

For supporting KSC through Dillons Reward program

For telling others about our ministry

[GIVING](#) isn't only about making a donation; it's about making a difference!

The Ragged Old Flag—by Johnny Cash

I walked through a county courthouse square
On a park bench, an old man was sittin' there.
I said, "Your old court house is kinda run down,
He said, "Naw, it'll do for our little town".
I said, "Your old flag pole is leaned a little bit,
And that's a ragged old flag you got hangin' on it".
He said, "Have a seat", and I sat down,
"Is this the first time you've been to our little town"
I said, "I think it is"
He said "I don't like to brag, but we're kinda proud of
That Ragged Old Flag

"You see, we got a little hole in that flag there,
When Washington took it across the Delaware.
And It got powder burned the night Francis Scott Key sat watching it,
Writing "Say Can You See"
It got a rip in New Orleans, with Packinham & Jackson
Tugging at it's seams.
And It almost fell at the Alamo
Beside the Texas flag,
But she waved on though.
She got cut with a sword at Chancellorsville,
And she got cut again at Shiloh Hill.
There was Robert E. Lee and Beauregard and Bragg,
And the south wind blew hard on
That Ragged Old Flag

"On Flanders Field in World War I,
She got a big hole from a Bertha Gun,
She turned blood red in World War ii
She hung limp, and low, a time or two,
She was in Korea, Vietnam, She went where she was sent
By her Uncle Sam.
She waved from our ships upon the briny foam
And now they've about quit wavin' back here at home
In her own good land here She's been abused,
She's been burned, dishonored, denied an' refused,
And the government for which she stands
Has been scandalized throughout out the land.
And she's getting thread bare, and she's wearin' thin,
But she's in good shape, for the shape she's in.
Cause she's been through the fire before
And I believe she can take a whole lot more.

"So we raise her up every morning
And we bring her down slow every night,
We don't let her touch the ground,
And we fold her up right.
On second thought
I *do* like to brag
Cause I'm mighty proud of
That Ragged Old Flag"



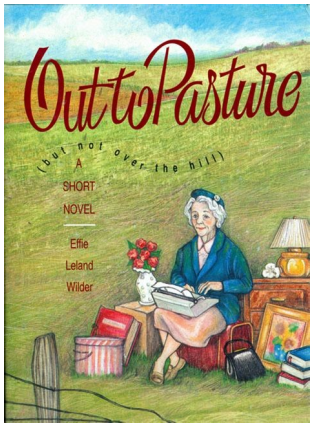
American country singer Johnny Cash released this spoken-word tribute to the flag in 1974.

History, patriotism, resilience, and hope are woven throughout his tribute.

You can listen to his one-of-a-kind voice share this tribute on YouTube.

Lyrics found at: <https://genius.com/Johnny-cash-ragged-old-flag-lyrics>

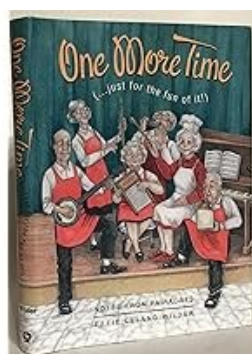
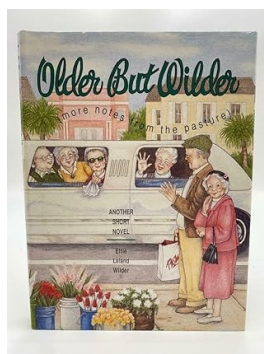
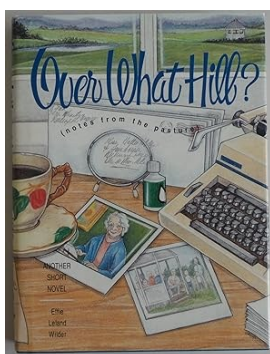
*Being independent as a nation
is a great accomplishment,
but even greater still is
being a nation who is
dependent upon God.
Therin lies the greatest victory!*



BOOK REVIEW *Out to Pasture (but not over the hill)* by Effie Leland Wilder Published by Guideposts Books with Peachtree Publishers, Ltd. 1995. Illustrations by Laurie Allen Klein. Review by DeeAnn Merhoff.

Out to Pasture is an engaging, enjoyable short novel written by an eighty-eight-year-old author featuring an eight-five-year-old main character named Hattie McNair. Hattie keeps an intermittent diary, or journal chronicling her thoughts and observations on life at “The Home.” “The Home” is a fictitious, comfortable retirement community located just outside a small town in South Carolina. Through Hattie’s “jottings” we meet many of her fellow “inmates” at “The Home,” witnessing the highs and (sometimes) lows of their daily lives and m experiences. Reading this novel is like having coffee with a dear friend. The anecdotes are conversational and informative with many chuckles and laugh-out-loud moments. There are wry observations and a significant amount of contemplative commentary on life in general and aging in particular. Actually, the incident that galvanizes Hattie to start journaling happens one evening at dinner. She overhears a fellow resident planning her own funeral – complete with a caterer so her daughter-in-law’s potted meat plate` doesn’t make the funeral-Goers “sorry they came.” Hattie is torn between consternation and trying not to laugh. She decides she **MUST** begin writing down what she hears and sees, as well as what she thinks about all these conversations and events. In this novel there is no romance to end happily ever after, no quest to be completed, or mystery to be solved. It is a detailed snapshot, or “painting” of a lovely lady’s life in her retirement community. The reader is led to treasures and gems of everyday life to consider and savor. Overall, *Out to Pasture* is a wonderfully satisfying novel with notable humor and wisdom. It encourages us all to enjoy life as much as possible at any age.

Koinonia’s Lending Library has two copies available to borrow. The Wichita Public Library does not yet have a copy of this book, but forms requesting it have been submitted. Other similar books from Effie Leland Wilder include: *Over What Hill?*, *Older But Wilder*, and *One More Time*.



Perhaps these books will inspire you to write your story or use your sense of humor for others to enjoy!



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May freedom be seen , not as the right to do as we please, but as the opportunity to please to do what is right. Peter Marshall

More inspiration @ www.kscare.org

 www.facebook.com/kscare

This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.

OUR MISSION

Christian Fellowship
 Activities
 Respite
 Equipping Volunteers

Enriching the lives of homebound seniors and their caregivers, and inviting our community to join us.

Community Projects
 Action Opportunities
 Resources
 Education & awareness

OUR MOTTO

To captivate our community with the character of Christ through compassionate **CARE**

KSC is a 501c3

OUR VISION

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

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