

Koinonia Senior Care encourages home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.

www.kscare.org
316-209-9028

KSC CONNECTION



Koinonia Senior Care Newsletter

SEPTEMBER 2024

Put the GRAND in Grandparent

Connection and belonging. Both the young and old need to feel seen, heard, and valued. Whether you are a go-go, a slow-go, or a no-go grandparent, make the most of the moments you have to be the GRANDparent who intentionally and creatively connects with the grandchildren. This can also be reversed with the grandchild reaching out to their grands, too! Keep it short and affirming.

- **Grand-Grams.** Get to know each other better with “My favorite ___ is ___ . What’s yours?” Add to your weekly note, text, or call.
- **Read a book together.** Decide on a book/chapter a week or have them call and read a book/chapter to you and then talk about it.
- **Ageless Affirmation** in a short daily quote or prayer by text. Share a high part of your day. Ask them theirs. Celebrate the little things.
- **Notes.** Be a PenPal with a short weekly note. Even if you don’t hear back, keep writing. They’re reading them!
- **Display their pictures and artwork.** Ask them to send their latest either by mail or in the digital frames.

The most important connection between you and your grandchildren is prayer. It connects you and your grandkids on a deeper level. I knew Grandma was my prayer warrior and that is what I miss most about her even today. Ask them how you can pray for them. Perhaps one day they will ask how they can pray for you!

Stay connected. *Christine*



SEPTEMBER

- 4 Caregiver Support 1-3pm
- 8 Grandparent’s Day
- 11 Waxing Wednesday at Oxford Grand at 10:15
- 12 Empowering Seniors 10:00
- 22 1st Day of Autumn
- 25 Make & Take, Newsletters
- 27 Christian Women’s Club

LegacyCoalition.com

Helping grandparents have a greater spiritual impact on their families. Register for a weekly webinar and/or visit their resource store.

“What children need most are the essentials that grandparents provide in abundance. They give unconditional love, kindness, patience, humor, comfort, lessons in life. And, most importantly, cookies.”

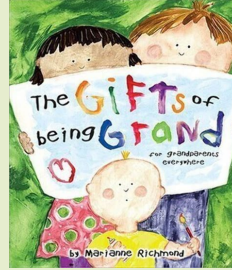
Rudy Giuliani

KSC is a proud member of



THE GIFTS OF BEING GRAND

This rhythmic book pays tribute to the special joys, rewards, and gift of grandparenthood, counting each gift as a reason to treasure and cherish this GRAND season of life!



WIN A COPY OF THIS BOOK!

Text GRAND to 316-209-9028 or call this # to enter.
Winner will be drawn on September 8 Grandparent's Day

Caregiver's Corner

*Sometimes caregivers—and ALL of us—
need to take a deep breath and reset.*

I found a nearly 4-hour [youtube video](#) full of New England's stunning fall foliage from a bird's eye (drone) view. The views of the mountains in their autumn splendor are breathtakingly beautiful and praiseworthy to their Creator! The video is accompanied with calming instrumental music to create a relaxing atmosphere that is sure to bring peace to your chaos. Connect the video to your TV, whether in your home, office, or waiting room and feel the impact.

<https://www.youtube.com/watch?v=AuiYCeAnNKw>



**First Day of Fall
September 22nd**



Volunteer Opportunities

CAREGIVER SUPPORT

Wed. Sept. 4th 1:00
Tyler Road Baptist

Blessing Gift Make-&- Take & Newsletters

Wed.@ 1:00 Sept. 25th
Tyler Road Baptist

Christian Women's

Club Rolling Hills Country

Club Sept. 27th @ 9:15

Brunch, a special local feature, and a speaker share

about her faith-walk to encourage us on our faith

journey. Cost is \$15 and

RSVP by noon 7/22

Call KSC: 316-209-9028

EMPOWERED SENIORS

Sept. 12th ~ 10-11:30

Changing Seasons

Botanica Gardens—Click to

[RSVP](#) or call 316-686-4500

or watch online. Enjoy a

[Friday segment](#) on PBS @

8:30 p.m.

Thank you for REFRESHING OTHERS!

*The generous will prosper;
those who refresh others
will themselves be refreshed.*

Proverbs 11:25

NOTES from: Joni Eareckson Tada's Leadership Summit 2024 Talk

57 years of paralysis, 2 bouts with stage 3 cancer, and unrelenting pain, day after day, have squeezed me hard...suffering has brought me to the end of myself...and it is then that I see Jesus...and hear Him before I get out of bed, "Oh Joni, give me that weakness of yours today. God delights in recruiting people who do not naturally shine for His leadership team...God leverages weakness and minimizes power to get His work done...the upside down Kingdom of the Cross. Weakness is always God's way of working.

Joni quotes Dr. Dan Allender, who said: *Leaders that God chooses are more BROKEN than STRONG...more DAMAGED than WHOLE...more TROUBLED than SECURE...*

Look no further than the Bible to show the world God's power and greatness and not mans. Abraham & Sarah start a family in their 90's. Cowardly Gideon listens to God and goes into battle, obliterating the Amalekites with only a handful of soldiers—400 men. (Book of Judges). The teenage shepherd boy, David, goes up against the ruthless giant of the Philistines and kills him. Fishermen, Peter and John, with boldness argue a case against the Sanhedrin and teachers of the Law who knew they were ordinary men with no formal training in the Scriptures and were amazed (Acts 4:13). *God had them preach like Billy Graham with all his hell-fire.* God does this because man's natural abilities can get in the way and it is more in a man's heart that counts to God, than what a man can do.

Joni said, early on, she was like the apostle Paul, pleading with God to take her weakness away from her, and God's response was 2 Corinthians 12:8-10. ⁸ *Three times I pleaded with the Lord to take it away from me.* ⁹ *But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness."* *Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.* ¹⁰ *That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.* Paul yielded his life to God's plan. The Bible, with all its examples convinced Joni to exchange her weakness for God's power.

Joni finished by admitting, *My days are numbered, my lungs are so weak; but I am an Acts 20:24 woman.*

*I consider my life worth nothing to me;
my goal is to finish the race and complete the task
of testifying to the goodness of God's grace.*

Joni reminds us to read Psalm 10 and see that *God hears the cry of the afflicted. His heart breaks for us. Understand how He exchanges His power for our weakness.* Like Joni, *sense the calling, the mission, the privilege of being chosen. Recognize the worth of a soul far outweighs having a healthy body. Take what has happened to you and use it to advance the Gospel (Philippians 1:12).* *I was about to drown in that shallow water, but God rescued me so that through me, He might rescue others drowning without hope.*

Joni & Friends is reaching the world's disabled for Christ. To find out more, go to <https://joniandfriends.org/>

GOD CAN TAKE PAIN AND TURN IT INTO PURPOSE



*These movies offer a blend of faith, hope, and love,
wrapped in cinematic excellence that touches the soul and lifts the spirits.*

Some of these stories bring to life the Scriptures with a vibrancy that's both refreshing and inspiring. They're stories soaked in faith and shine a light on the hope and belief that God can bring into our lives and in our world that sometimes feels dark and uncertain. Like the characters on the screen and the stories they tell, we can find strength and courage to overcome and stay the course of faith in the battles we face. I would like to hear your movie reviews. Call Christine at 316-209-9028.

Shoprider Medical Power Wheelchair “Streamer Sport 888WA

Used \$450

Max Load: 300 lbs.

Adjustable arm rests

19” captains seat

10 mile battery range

2” ground clearance

Christine 316-209-9028



September's Touch Someone Challenge

September promises to be cooler and a great time to take a drive to Dove Estates to attend their 8th Annual Car Show on Sept. 20 from 5-7:30 pm. Or stay home and watch *Ageless Enthusiasm* on PBS Kansas channel 8 on the 3rd Thursday, Sept. 19th at 8:00 p.m. It's a 30 min show hosted by Mindy East.

Meet Grandma Sarah

You would never guess Grandma Sarah's age by her spunk, wit, projects, and spirit of service. She's even getting ready to attend her 70th year high school reunion. She did not make it to church this morning for good reason. There was a downpour at her house that brought 3" of rain and flooded streets. She knew she couldn't risk getting out for church, even though she seldom misses.

When I called to talk with Sarah Sunday evening, it was 8:45 p.m., and she had just

come home from an event at church and was already embroidering a tea-towel for one of her 17 grandkid's Christmas present. Sarah also boasts 36 great-grandkids and says, "It's a houseful; but it's fun!"

The main thing Sarah hopes all the generations remember are their times together. "After Thanksgiving we set up another table in the kitchen and we go to work and bake and bake and bake for Christmas," Grandma Sarah also remembers when the twins were around three or four, she would set one on each side of the mixer on the counter and they would add the measured ingredients into the mixer. Now those twins are grown and they still come to Grandma Sarah's to visit.

Just Saturday Grandma Sarah was baking with some of the grandkids (well, actually Sarah was holding her newest 3-wk old great-grandbaby while the baby's mother made chocolate chip cookies and puffcorn treats—a tradition for this family. Grandma Sarah's youngest of 7 children was there, along with two of her daughters and a grandson, who mowed the yard. Grandma Sarah's oldest grand daughter was there, too! One of the grands in attendance was Sara, who was named after Grandma Sarah, but they dropped the "h". What a special Saturday full of four generations! Enjoy making "Grandma Sarah's Puffcorn Treats this holiday season!

GRANDMA SARAH'S PUFFCORN TREATS

Bring 1 C. brown sugar, 1 C butter, and 1/2 C white syrup to a boil for 2 minutes. Add 1 t. baking soda. Place 3 bags of butter-flavored Puffcorn (3.2 oz bags) in a large foil pan and pour mixture over the puffcorn, stirring it in. Place in preheated oven at 250 degrees for 45 minutes, stirring every 15 min. Place on parchment paper to cool. You may need to break apart large pieces. Store in baggies.





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Don't take the pen out of His hand while He continues to write your story.

More inspiration @ www.kscare.org

 www.facebook.com/kscare

This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.

OUR MISSION

Christian Fellowship
 Activities
 Respite
 Equipping Volunteers

Enriching the lives of homebound seniors and their caregivers, and inviting our community to join us.

Community Projects
 Action Opportunities
 Resources
 Education & awareness

OUR MOTTO

To captivate our community with the character of Christ through compassionate **CARE**

KSC is a 501c3

OUR VISION

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

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