

Koinonia Senior Care encourages home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.

www.kscore.org
316-209-9028



KSC CONNECTION

Koinonia Senior Care Newsletter

AUGUST 2024

THE BOOK TO LIVE IN

According to the [Guinness Book of World Records](#), the bestselling book of all times is the Christian Bible. The Bible is a compilation of 66 books written by people who wrote what God inspired, or *breathed*, into them to write (2 Timothy 3:16).

Paul reminds Timothy that from infancy he has *known the Holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus*. Then Paul concludes that *all Scripture is God-breathed and useful for teaching, rebuking, correcting, and training in righteousness, so that the servant of God may be thoroughly equipped for every good work*. (2 Timothy 3:15-17)

The Bible is the Christ-follower's final authority and they realize that they do not sit in judgement over the Word but the Word sits in judgment over them. Hebrews 4:12-13 reminds readers that the Bible is alive and active and judges the intentions of the heart. This truth can be difficult for some to accept so many choose not to treasure it as they should.

Chuck Colson, in his book, *Loving God*, says *The BIBLE - banned, burned, beloved. More widely read, more frequently attacked than any other book in history. Generations of intellectuals have attempted to discredit it, dictators of every age have outlawed it and executed those who read it. Yet soldiers carry it into battle believing it more powerful than their weapons. Fragments of it smuggled into solitary prison cells have transformed ruthless killers into gentle saints...nothing has affected the rise and fall of civilization, the character of culture, the structure of governments, and the lives of the inhabitants of this planet as profoundly as the Words of the Bible*. (1997, p. 55, Zondervan)

The best defense is a good offense, and the best offense is the Word of God. Even when the enemy tempted Jesus, Jesus quoted Scripture, saying, "It is written." He knew God's Word was powerful and how He could stand against the schemes of the enemy. Read it to be wise. Read it slowly, often, and prayerfully. Don't pick and choose the parts you like but embrace the whole counsel of Scripture. It'll fill you with hope, peace, and bring light to the dark paths walked. You'll notice that you can't go through the Scripture without the Scripture going through you. I'll close with some wise words from Charles Spurgeon on the Bible:

Visit many good books, but live in the Bible.

A Bible that is falling apart usually belongs to someone who isn't.



AUGUST

8 Empowering Seniors 10:00

8-9 Leadership Summit

14 Caregiver Support 1-3pm

14 Waxing Wednesday at Oxford Grand at 10:15

23 Christian Women's Club

28 Make & Take, Newsletters

SPEAKER HIGHLIGHT



Joni Eareckson Tada
Founder and CEO,
Joni and Friends;
Disability Advocate;
Bestselling Author

TOPIC:
The Paradox of
Leading from
Your Weakness

THE GLOBAL LEADERSHIP SUMMIT
August 8-9, 2024
Charles Koch Arena
Wichita State University

See other Back-to-School classes to consider on p. 3

Follow KSC on our FB page at <https://www.facebook.com/kscore> and be inspired!

KSC is a proud member of



Back to School Music Favorite!

The B-I-B-L-E, Yes, that's the book for me.

I stand alone on the Word of God, the B-I-B-L-E.

The B-I-B-L-E, I'll take it along with me.

I'll read and pray and then obey, the B-I-B-L-E.

By F-A-I-T-H, I'm S-A-V-E-D,

I'll stand alone on the Word of God, the B-I-B-L-E.

The B-L-O-O-D, that Jesus shed for me;

Christ paid the price, our sacrifice, the B-L-O-O-D.



Volunteer Opportunities

CAREGIVER SUPPORT

Wed. Aug. 14 1:00

Tyler Road Baptist

Blessing Gift Make-&-Take & Newsletters

Wed. @ 1:00 Aug. 28th

Tyler Road Baptist

Christian Women's

Club Rolling Hills Country

Club **Aug. 23 @ 9:15**

Brunch, a special local feature, and a speaker share

about her faith-walk to encourage us on our faith

journey. Cost is \$15 and

RSVP by noon 8/19

Call KSC: 316-209-9028

Caregiver's Corner

NEW in the KSC Lending Library

Reversing Alzheimer's

by **Dr. Heather Sandison**

Reversing Alzheimer's

The New Toolkit to
Improve Cognition and
Protect Brain Health

Dr. Heather Sandison
with Kate Hanley

FOREWORD BY DALE BRIDGEMAN, MD

A growing body of evidence shows that implementing a handful of strategies can improve cognition and quality of life in those living with dementia.

In *Reversing Alzheimer's*, Dr. Sandison lays out “an effective and doable, but not easy” approach to brain health from multiple angles that take energy, time, consistency, and resources that are all common sense, but uncommon practices. It's a back-to-the-basics approach of eating better, moving more, more sleep, more challenging activities, and more time with loving people.

Dr. Heather Sandison is the founder of Solcere Health Clinic, San Diego's premier brain optimization clinic, and Marama, the first residential memory care facility to have the goal of returning cognitively declined residents to independent living,

EMPOWERED SENIORS

August 8th ~ 10-11:30

TBD

Botanica Gardens—Click to [RSVP](#) or call 316-686-4500 or watch online. Enjoy a [Friday segment](#) on PBS @ 8:30 p.m. 8.1 Cox 8

Thank you for refreshing KSC!

*The generous will prosper;
those who refresh others
will themselves be refreshed.*

Proverbs 11:25

Back to School Classes to Consider

AUGUST GROUPS STARTING



GriefShare is a 13-week safe place to find support through your unique grief journey. Below are dates, times, and RSVP info, or go to <https://www.griefshare.org/> and enter your zip code.

Central Community Church—6100 W. Maple Wichita, 67209 316-943-1800

September 10th on Tuesdays, 10:00 a. m Room 216 (E3) <https://www.griefshare.org/groups/241332>

September 10th on Tuesdays, 7:00 p. m Room 216 (E3) <https://www.griefshare.org/groups/241324>

Pathway Church 2001 N. Maize Rd. Wichita, 67212 316-722-8020

January 16th on Tuesdays, 6:30-8:30 p. m.—Rachel <https://www.griefshare.org/groups/177726>

January 15th on Mondays, 10:00-11:30 am—Christine <https://www.griefshare.org/groups/179196>

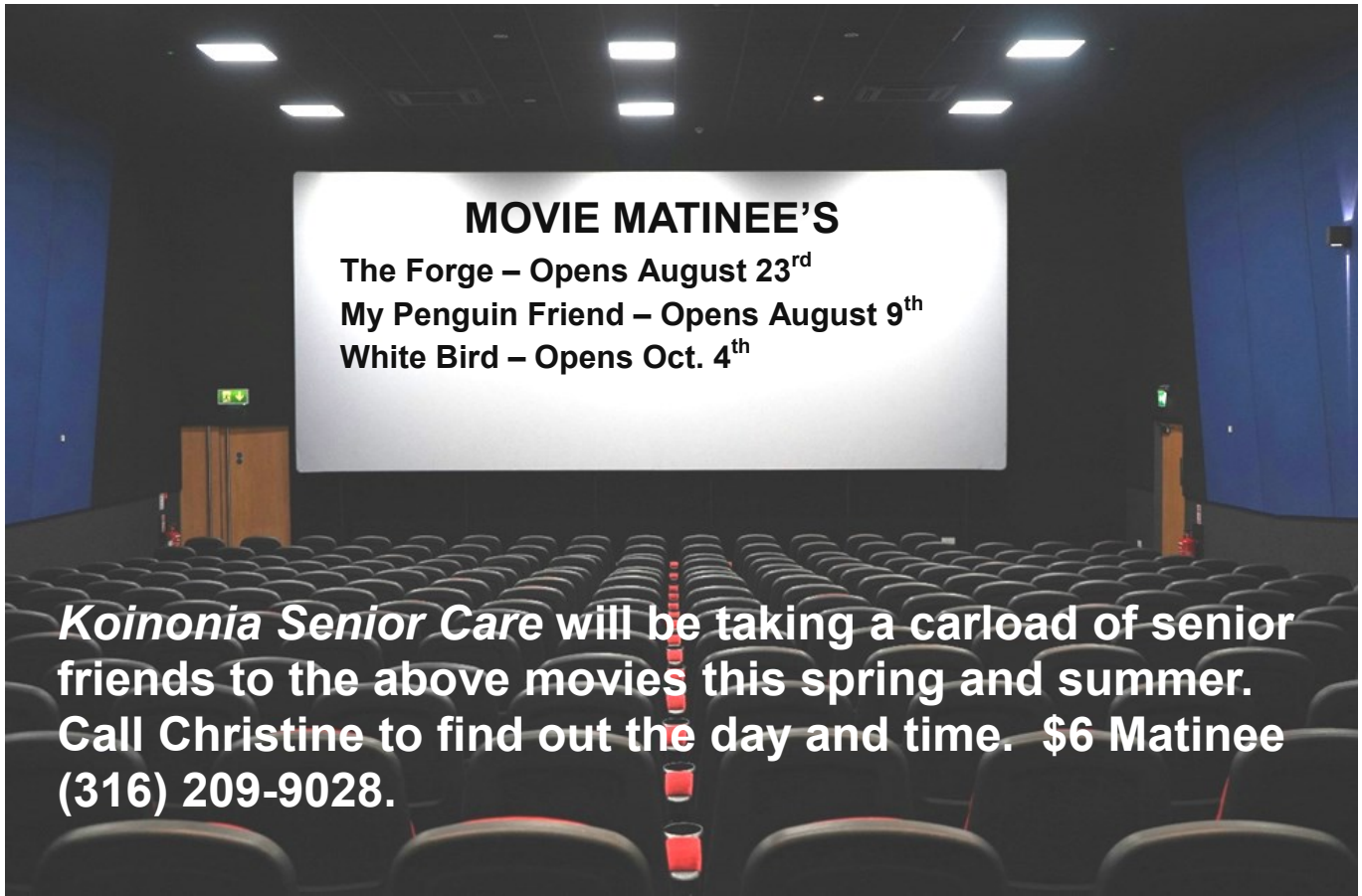
Riverlawn Christian Church—4243 N. Meridian Wichita, 67204 316-838-9388

July 21st on Sundays @ 10:45 a.. m. in room C3 <https://www.griefshare.org/groups/240969>

The Goofin' Around Keyboard Class

If you are an ADULT and want to have a BLAST goofin' around at the keyboard, EVEN IF YOU'VE NEVER PLAYED A NOTE BEFORE, come and learn how to play our favorite music in a fun, no-stress (and no recital) class environment. You'll be playing a song by the end of the first session! By the end of the ten-week class, you'll be able to read music, play ten songs, and you'll have the tools to play thousands more! Classes at [Garten's Music](#) last about an hour. Enrollment of \$129.95 covers all ten sessions and your materials.

Interested? Call Garten's at [\(316\) 942-1337](tel:3169421337) or email them at info@gartensmusic.com for information.



***Koinonia Senior Care* will be taking a carload of senior friends to the above movies this spring and summer. Call Christine to find out the day and time. \$6 Matinee (316) 209-9028.**

2-Day MOVING SALE FUNDRAISER

for KOINONIA SENIOR CARE

JULY 31st—AUGUST 1 7:00 a.m.—7 p.m.

If you would like to VOLUNTEER or DONATE ITEMS, please call Christine at 316-209-9028

**VOLUNTEER
1/2 DAY**

SHOP!

**DONATE
LIKE-NEW
ITEMS**

**MAKE SNACKS TO
OFFER SHOPPERS**

**STOP BY
SAY "HI"**

2826 TEE TIME 67205

FOLLOW THE PINK SIGNS!

**FREE
BOX**

August's Touch Someone Challenge

August is a hot month, so consider taking in a movie together, whether in the home or at the theater. Or if the evening is cool enough and the selection is wholesome enough, consider taking them to a drive-in or set up the living room like a drive in theater and talk about the good ol' days at the drive-in!

MOVING DAY

There is a time for everything, and a season for every activity under the heavens. Ecclesiastes 3:1

Just as the seasons change, many are entering a new season where they have the opportunity to bloom where they are planted in a new location – in a new mission field, if I may suggest. God is replanting many “for such a time as this,” and has a new work for them to do which includes sharing the love of Christ in their new community. Or perhaps YOU haven't moved, but you have new neighbors close to you. Either way, we need to look where God is working and join Him there. Clothe yourself with words of affirmation for not only your new neighbors, but for those who serve you and help you. Pray for them, and even ask how you can pray for them! If the opportunity presents itself, pray *with* them.

As you walk around your community to keep up your *physical strength*, keep up your *spiritual strength* with prayers, a wave, a smile, and a conversation leading to Jesus when the opportunity presents itself. And it will.. Finish strong, my beloved, and consider the following “letter” to send to a brother or sister who is moving.

To my beloved friend in Christ, grace and peace to you as you embark on this new adventure!

I know this move hasn't been easy physically or emotionally with all the memories attached to your home, but I pray you will see God at work in it and through it. I have witnessed your faith in Christ Jesus and your love for God's people throughout the years. You radiate the confident hope of what God has reserved for you in heaven, but until then, this same Good News that came to you is going out all over the world, bearing fruit everywhere by changing lives, just as it changed your life from the day you first heard and understood the truth about God's wonderful, undeserved grace that He gifted us with when we accepted His gift through our Lord Jesus Christ.

You have enriched others with this truth, and have been blessed with friends and fellow brothers and sisters in Christ who have poured out love, grace, and mercy as beloved co-heirs in Christ with you. We continue to pray for you in your new “home” and look forward to how God is going to use you to share His Good News in your new community and mission field. Keep radiating who you are in Christ, and take advantage of those opportunities He puts before you. May we all, wherever we live, be challenged to reach out and love our neighbor as ourself and to love our God with all our heart, soul, mind, and strength (Mark 12:30-31). Keep living in the light and may God's spirit continue to be at work in you and through you as this new chapter unfolds His great adventure for you.



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*Visit many good books,
 but live in the Bible.*
Charles Spurgeon

More inspiration @ www.kscare.org

 www.facebook.com/kscare

This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.

OUR MISSION

- Christian Fellowship
- Activities
- Respite
- Equipping Volunteers

Enriching the lives of homebound seniors and their caregivers, and inviting our community to join us.

- Community Projects
- Action Opportunities
- Resources
- Education & awareness

OUR MOTTO

To captivate our community with the character of Christ through compassionate **CARE**

KSC is a 501c3

OUR VISION

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

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