

*Koinonia Senior Care encourages home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.*

www.kscare.org  
316-209-9028

# KSC CONNECTION



Koinonia Senior Care Newsletter

**JULY 2024**

## LET'S NOT FORGET

The words that come to mind for the month of July are freedom, fireworks, and independence. The colors are red, white, and blue. The temperature is HOT. The atmosphere is celebratory. The flavors are homemade ice cream and hamburgers on the grill. The music is patriotic...

**As we celebrate our freedom, let's not forget those who gave their life for us to be free.**

*"Freedom is never more than one generation away from extinction. We didn't pass it to our children in the bloodstream. It must be fought for, protected, and handed on for them to do the same, or one day we will spend our sunset years telling our children and our children's children what it was once like in the United States where men were free." – Ronald Reagan*

**As we celebrate our independence, let's not forget Who we are dependent upon.**

*Humility is dependence on God as pride is independence of Him. The humble soul is always the thankful soul.—Fulton J. Sheen.*

**As we celebrate with fireworks, let's not forget to be an amazing and beautiful display for Christ**

*May the fireworks of a life in Christ be a breathtaking display of faith accompanied with a loud voice of Truth spoken in love. Christine*



**JULY**

- 3 Caregiver Support 1-3pm
- 4 INDEPENDENCE DAY
- 10 Waxing Wednesday at Oxford Grand at 10:15
- 11 Empowering Seniors 10:00
- 13 Creating w/Christine 3:30 @ Oxford Grand
- 28 Christian Women's Club
- 31 Make & Take, Newsletters

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Meet Gerri, on page 2. She is July's guest writer Gerri is transitioning from her home to living with her daughter and finds JOY in her journey!

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Follow KSC on our FB page at <https://www.facebook.com/kscares> and be inspired

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KSC is a proud member of



## Gerri's Joy

One day when my little granddaughter and I were sharing a quiet moment together, she pointed to the fine lines around my eyes. "What are those?" she asked. "Wrinkles," I said, thinking, 'oh great, even a four-year-old can tell I'm not getting any younger!'

"Twinkles!" she said. I almost corrected her, but decided I liked *Twinkles* better. It sounded like something good. That night as I looked in the mirror, I realized my *twinkles* had come mostly from laughing and smiling. They form kind of a road map of the great joy God has brought to my life from Christian parents, to a sister I love, a husband, children, and grandkids that bring blessings daily. If there is one thing God has given us, it's joy, and I have the *twinkles* to prove it.

I'm not particularly happy with them or the gray hair that seems to go with them, but I can look at them in a new way. As Mark Twain wrote, "Wrinkles should merely indicate where smiles have been." So rejoice in our *twinkles*! They are a sign to the world that God has given us a lot to smile and laugh about.

Joyful Creator, in Your grace, continue to fill my life with laughter, joy, and an abundance of *twinkles*. AMEN. Written by Gerri Wortman, friend of KSC

## Caregiver's Corner

**Caring Creator and gentle Jesus, I come to You in tears. I am hurting from the words spoken to me with such harshness and accusations by my loved one with dementia.**

**I'm trying to wrap my brain around this disease that has stolen and stripped them of knowing right from wrong, and of the inappropriateness of their actions and words. It seems they direct most of it toward me and not others. I know it's not them, but it hurts, just the same. Help me to better understand their frustrations and underlying issues and how to respond and not react.**

**I pray for my emotional and mental health, which also affect my physical health. Steady my shaken spirit. Heal my upset stomach so I can take nourishment. Grant me rest so I can make wise choices and have patience. Comfort and heal my wounded heart and transform my brokenness into wholeness once again, Lord. I trust You to care for us both, Lord. In Jesus' name, AMEN.**



## Volunteer Opportunities

### CAREGIVER SUPPORT

**Wed. July 3rd 1:00**

Call for location

### Blessing Gift Make-&-Take & Newsletters

**Wed. @ 1:00 July 31st**

Tyler Road Baptist

### *Christian Women's*

**Club** Rolling Hills Country

Club **July 26th @ 9:15**

Brunch, a special local feature, and a speaker share about her faith-walk to encourage us on our faith journey. Cost is **\$15** and

RSVP by noon 7/22

Call KSC: 316-209-9028

### EMPOWERED SENIORS

**July 11th ~ 10-11:30**

*Celebrate Your Independence*

Botanica Gardens—Click to [RSVP](#) or call 316-686-4500 or watch online. Enjoy a [Friday segment](#) on PBS @ 8:30 p.m.

### **LOOKING FOR...**

*Cassette tape players*

*Large print books*

*Adult 300 pc puzzles*

*Trains: Scenic Routes book*



# THE GLOBAL LEADERSHIP SUMMIT

August 8-9, 2024  
Charles Koch Arena  
Wichita State University

**Leadership. We are all people of influence, no matter our age or title. We all have a mission field whether it is with our family, at work, at play, in a retirement community or in an assisted living center.**

**If you like to gain practical knowledge and skills to increase your influence and equip you to lead where you are, the Global Leadership Summit is for you! Learn from the world's most influential leaders in business, faith, academia, and the nonprofit sector.**

**If driving to or walking at the venue is your hindrance, please call me and we will make arrangements with you.**

**If you know of a college student who would invest 2 days in this event, KSC may have a ticket for them! Please have them call Christine at 316-209-9028.**

**I invite you to join Marty and me at this 2-day event that will be a live-simulcast event at Koch Arena. To find out more, to see the full line-up of speakers, and to purchase your ticket, go to <https://www.leadwichita.org/global-leadership-summit>**

## SPEAKER HIGHLIGHT



### **Joni Eareckson Tada**

Founder and CEO,  
Joni and Friends;  
Disability Advocate;  
Bestselling Author

**TOPIC:**  
The Paradox of  
Leading from  
Your Weakness

# Ice Cream in a Bag

- 1 C. heavy cream OR half and half
- 1/2 t. vanilla extract or flavoring of choice
- 1 T sugar
- Ice & 1/4 C. rock salt “Ice cream salt”
- Toppings of choice
- Ziplock bags: 1 quart, 1 gallon



1. Pour 1 C of half-and-half into a small Ziploc bag.
2. Add 1/2 t. vanilla extract and 1 T. sugar
3. Seal the bag firmly and get any excess air out.
4. In the larger Ziploc bag, fill it about 1/2 way with ice. Add 1/4 C. salt.
5. Add your small bag inside the large bag and fill with extra ice on top. Seal the large bag.
6. Use gloves for shaking and shake (or toss in a circle) for 6 minutes.
7. Use a spoon to mix and add toppings as desired. Scoop out and enjoy!
8. Take the small bag out and rinse the outside of it, including the seal, with cold water.

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## Who Said It?

*Ask not what your country can do for you—ask what you can do for your country.*

*In the truest sense, freedom cannot be bestowed; it must be achieved.*

*May we think of freedom, not as the right to do as we please, but as the opportunity to do what is right.*

*Freedom lies in being bold.*

*Let the Fourth of July always be a reminder that here in this land, for the first time, it was decided that man is born with certain God-given rights; that government is only a convenience created and managed by the people, with no powers of its own except those voluntarily granted to it by the people. We sometimes forget that great truth, and we never should.*



## July's Touch Someone Challenge

Picnics, fireworks, local concerts and church potlucks are a few of the many activities to look into celebrating with a senior friend this month. Be sure and stay hydrated and know the warning signs for those you may come in contact with who are not drinking enough. Take them to HTeaO to sample their teas!

### 6 Prayers for July

*May your health improve. May your friends be blessed.*

*May your joy increase. May your pains be less.*

*May your worries be gone. May your plans succeed.*

*As you give them to God who will meet all your needs. (Phil. 4:19)*



Show your patriotic spirit and wear your red, white, and blue! Join us on July 5th at 7 PM at the CDS Ballfields for an unforgettable evening. Here's what's waiting for you:

**FREE** Hotdog, chips, watermelon, water, ice cream and popsicle (while supplies last—first come, first serve.

Live music by the “Jake Lauder Band.”

Spectacular Fireworks Show at dusk - FREE Night Swim at the City of Goddard Pool

*(Answers: JFK, FDR, Peter Marshall, Robert Frost, Ronald Reagan)*



**Koinonia Senior Care**  
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**Wichita, KS 67235**

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*Ask not what your country  
 can do for you—ask what you  
 can do for your country.  
 –Guess who said it (p. 4)*

More inspiration @ [www.kscare.org](http://www.kscare.org)

 [www.facebook.com/kscare](http://www.facebook.com/kscare)

***This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.***

**OUR MISSION**

Christian Fellowship  
 Activities  
 Respite  
 Equipping Volunteers

**Enriching the lives of  
 homebound seniors and  
 their caregivers, and  
 inviting our community to  
 join us.**

Community Projects  
 Action Opportunities  
 Resources  
 Education & awareness

**OUR MOTTO**

To captivate our community  
 with the character of Christ  
 through compassionate  
**CARE**

**Board of Directors**

|                   |                 |
|-------------------|-----------------|
| Rhonda Turner     | Lyle Jones      |
| Gwendolyn Lewis   | Chris Dennis    |
| Ronda Bowles      | Michael Priddle |
| Teressa Hatfield  | Rick Schoepf    |
| David Bridgewater |                 |

**Officers**

|                  |              |
|------------------|--------------|
| Christine Brisco | Dawn Roberts |
|------------------|--------------|

**KSC is a 501c3**

**OUR VISION**

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.