Koinonia Senior Care encourages home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.

# www.kscare.org 316-209-9028



# KSC CONNECTION Scinoria

#### **Koinonia Senior Care Newsletter**

**JUNE 2024** 

#### **OUR LEGACY TO FUTURE GENERATIONS**

Fathers may like to grill out, cook frog legs and meatballs on the weekends, read an old western, or watch sports on television. Others like to fish, golf, or watch cartoons with their kids back in the day. Many invest not only monetarily, but emotionally into the lives of their children, supporting their interests. Some took their children and grandchildren to church and continue to growing in Christ, and finishing strong.

On May 16, 2024 – A 7' bronze statue of the late Rev. Billy Graham was unveiled in the U.S. Capitol's National Statuary Hall. The sculpture shows Graham gesturing toward an open Bible in his hand, and the pedestal is inscribed with a cross and two verses from the Bible—John 3:16 and John 14:6. There's a plaque at the base that says "Preacher of the Gospel of Jesus Christ.".

Franklin Graham said, "My father would be a little uncomfortable with this being here because he would want the focus to be on the One that he preached. He'd want the focus to be on the Lord Jesus Christ, the Son of God," "Our family is honored that our earthly father will be here in this Capitol, pointing future generations to our heavenly Father."

Each of us will leave a legacy, but probably not in the White House. How will our children, neighbors, co-workers, and friends remember us?

Every morning each of us have 86,400 seconds to spend and to invest. What can we do to wisely invest those 1,440 minutes we have today? Assuming we live one more week, how can we best use the 168 hours God gifts us this week? May we leave a legacy of love, finishing strong by pointing future generations to our heavenly Father, too!



JUNE

- 4 Pathway Hymn Sing 1:00
- 5-5 Garage Sale 7-1
- **12 Caregiver Support Dementia Conference**
- 13 Empowering Seniors 10:00
- 16 Father's Day
- 19 Waxing Wednesday at Oxford Grand at 10:00
- 26 Make & Take, Newsletters
- 28 Christian Women's Club

#### LegacyCoalition.com

Helping grandparents have a greater spiritual impact on their families. Register for a weekly webinar and/or visit their resource store.

Follow KSC on our FB page at https:// www.facebook.com/ kscare and be inspired!

KSC is a proud member of



# Christine's Creations

#### LISTEN AS THE MUSIC SPEAKS

Open my ears that I may hear the beautiful music from right around here. The rushing waters, the chirping birds, the whistling leaves all speak words.

The rocks cry out and creation groans
As we remember Paul's words, "This is not our home."

The songs of nature, the songs of man, speak to the soul however it can. Music is therapy, music is joy, music is something we all can enjoy.

Country and Gospel, Jazz and the Blue's speak to our hearts and our speechless souls, too. Even on Broadway we find some recitals, so look at these lyrics and guess at their titles:

The hills are alive with
Pickalittle (Talk-a-Little) from
Supercalifragilisticexpialidocious in
Our fine four-fendered friend in

# Caregiver's Corner



# SAVE THE DATE

for the 12th Annual

#### KANSAS EDUCATION CONFERENCE ON DEMENTIA.

This event will be held at the Kansas Star Event Center in Mulvane, KS with a virtual option also available.

WEDNESDAY JUNE 12, 2024 If you know someone with dementia, this conference will provide helpful information.
NOTE that there is a virtual option for those who prefer it.

## **Registration Link**

316-978-6493

316-512-9700



## **CAREGIVER SUPPORT**

Wed. June 12 8a - 4p

Dementia Conference

Call Christine for more info.

# Blessing Gift Make-&Take & Newsletters Wed.@ 1:00 June 26th Tyler Road Baptist

#### Christian Women's

Club Rolling Hills Country
Club June 28th @ 9:15
Brunch, a special local
feature, and a speaker share
about her faith-walk to
encourage us on our faith
journey. Cost is \$15 and
RSVP by noon 6/24
Call KSC: 316-209-9028

#### **EMPOWERED SENIORS**

June 13th ~ 10-11:30

Reversing Alzheimer's with Dr. Heather Sandison

Botanica Gardens—Click to RSVP or call 316-686-4500 or watch online. Enjoy a Friday segment on PBS @ 8:30 p.m.

# YOU CAN'T OUTGIVE GOD!

The generous will prosper; those who refresh others will themselves be refreshed. Proverbs 11:25



## MR. MUSIC PLEASE!

Recently I went to a senior program where they had special music with a couple who sang some oldies but goodies.

They had the seniors singing along and swaying to the old familiar songs of various genres and eras.

MUSIC brings back memories from earlier days. MUSIC connects people. MUSIC expresses the inexpressible. MUSIC is medicine for the mind and will amazingly *speak* 

to the heart and soul. That's what Mary Sue, founder of <u>Singing Heart to Heart</u>, noticed when she started singing for her father-in-law who had dementia. He had lost all language but when she sang the hymns he knew and loved, he could sing every word. Perfect pitch. He even added harmony.

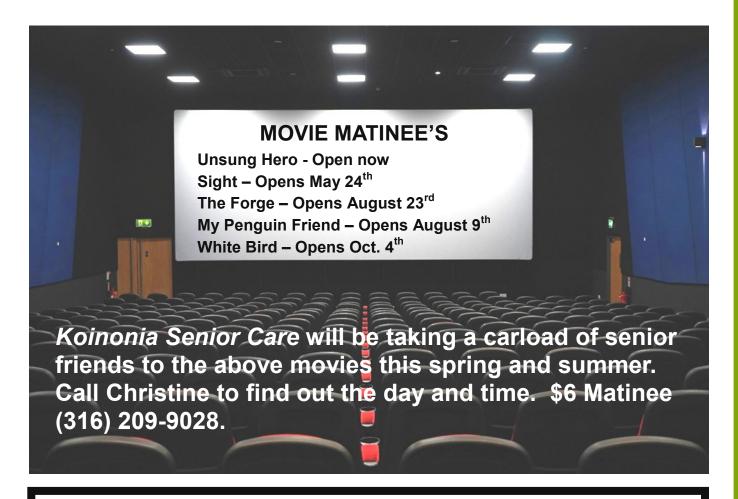
"I quickly learned what research is now documenting. **Music is a powerful tool to help us connect, find joy and spark memories, e**specially for people living with dementia. I've seen this first hand. I lead over 400 singing and music experiences for seniors each year.

Using MUSIC as therapy in dementia care is a brilliant tool to use often. Mary Sue gives the following suggestions when working with dementia care.

For any song you choose, don't hesitate to sing it through several times. This allows brains that are moving slower to "catch up". Consider using one song over and over as a cue. It could be a good morning song, a goodnight song, a hello song, a time to get dressed song, a song for bathing. Be a good observer and find out which songs the people you care for like. Remember, personal preferences are important. Smile and show your enthusiasm. Have fun!

A personalized gift could be to create a playlist for yourself or your loved one. Look on YouTube for how to create one on your type of device. Add favorite selections and enjoy hours of relaxation and enjoyment. For pages of themed and era-based song titles to add to your playlist, or to sing with your senior friends when gathering, go to Mary Sue's website at <a href="https://singinghearttoheart.com/song-guides">https://singinghearttoheart.com/song-guides</a>. Mary Sue offers a free downloadable page of activities you can use, along with some videos to watch on the "how-to" put hand motions with various songs, too!

WHERE WORDS FAIL, MUSIC SPEAKS



# JUNE GARAGE SALE FUNDRAISER

# for KOINONIA SENIOR CARE

June 5-7 7:00 a.m.-1:00 p.m.

If you would like to VOLUNTEER or DONATE ITEMS, please call Christine at 316-209-9028

VOLUNTEER
3 hours
SHOP!

DONATE LIKE-NEW ITEMS MAKE SNACKS TO OFFER SHOPPERS

SPIN THE WHEEI

13676 W. HIGHLAND SPRINGS CT. 67235

**FOLLOW THE PINK SIGNS!** 

FREE BOX

## June's Touch Someone Challenge at the Zoo's Annual CAR SHOW

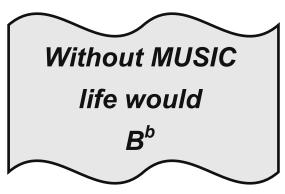
Take the man and father in your life to the Sedgwick County Zoo for Father's Day. See classic cars, antique autos and modern models while exploring your favorite animal exhibits. Dads are admitted free with an additional paid admission. Members get in free with membership card and photo ID.

### KSC SCAVENGER HUNT

do	pinonia Senior Care has updated its website and would welcome your feedback! Even if you n't have a computer, we have put together some of the phrases we believe define who we are various respects. Play along with us and see if you can fill in the missing word(s).
1.	The moments you share today inspire the remembered tomorrow.
2.	Captivating our with the character of Christ through compassionate care.
3.	Your greatest resource is your
4.	Be the hands and feet of in our community.
5.	Giving isn't only about making a donation; it's about making a
6.	Moment Makers Wall of
7.	are our best advertisement!
8.	KSC partners with pastors to lighten their load with & for the congregation.
	are homemade expressions of compassion, encouragement, and appreciation, personally delivered to homebound seniors and their caregivers.
10	.Driving Miss Martha Senior Transportation Ministry: It's about the; not just the destination.
BO	ONUS: KSC has 2 people on our Board with the same name, but different spellings. Who are
the	ey? and
6	Ing Giffs, 10. journey BONUS: Khonda and Konda PAGE 2 ANSWERS: The Sound of Music, Music Man Mary Poppins, Chitty-Chitty Bang-Bang

1. stories, 2. community, 3. time, 4. Jesus, 5. difference, 6. Compassion, 7. You, 8. tools & training, 9. Blessing Gifts, 10. journey BONUS: Rhonds and Ronds PAGE 2 ANSWERS: The Sound of Music, Music Man,

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More inspiration @ www.kscare.org www.facebook.com/kscare

This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.

#### **OUR MISSION**

Christian Fellowship

**A**ctivities

Respite

**Equipping Volunteers** 

Enriching the lives of homebound seniors and their caregivers, and inviting our community to join us.

**C**ommunity Projects

Action Opportunities

Resources

**E**ducation & awareness

#### **OUR MOTTO**

To captivate our community with the character of Christ through compassionate CARE

#### **Board of Directors**

Rhonda Turner Lyle Jones
Gwendolyn Lewis Chris Dennis
Ronda Bowles Michael Priddle
Teressa Hatfield Rick Schoepf
David Bridgewater

#### **Officers**

Christine Brisco Dawn Roberts

# **KSC** is a 501c3

#### **OUR VISION**

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing *CARE* for those God puts in their path.