

Koinonia Senior Care encourages home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.

www.kscare.org
316-209-9028

KSC CONNECTION



Koinonia Senior Care Newsletter

May 2024



Hearts of Compassion put into Action

Koinonia Senior Care's vision is to be a model community of churches, neighbors, and businesses who bring moments of joy, honor, help, and hope to widows, widowers, the aging, and their caregivers.

If you have witnessed someone who exemplifies our vision, **nominate** their name, their story, and possibly a picture of them that captures them bringing a moment of joy, honor, help, and/or hope to one of God's widows, widowers, the aging, or their caregivers.

These "moment-makers" do not typically want recognition as they serve out of a heart of compassion or a Holy nudge prompting of the Holy Spirit.

We want to quietly recognize and affirm them with a special Blessing Gift and certificate for their **heart of compassion put into action**. With their permission, we will add their name to our website's *Moment Makers Wall*.

Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble.

1 Peter 3:8 (NIV)

To NOMINATE someone, email their name and their "compassion in action" story to christine@kscare.org or text/call Christine at (316) 209-9028.



MAY

- 1 KSC Support 1-3
- 1 Young @ Heart @ Riverlawn Church 11 am RSVP
- 2 National Day of Prayer
- 7 Pathway Hymn Sing 1:00
- 8 Waxing Wednesday at Oxford Grand at 10:00
- 9 Empowering Seniors 10:00
- 12 Mother's Day
- 13 Pampering Hour @ Villa
- 24 Christian Women's Club
- 27 Memorial Day
- 29 Make & Take, Newsletters

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Spring Weather Preparedness:

Flashlight, batteries, I.D. meds, radio, whistle, H2O, food/opener, shoes, phone, pillow, blanket, toiletries, Important papers...

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Volunteers needed for the Friendship Meals and Meals on Wheels program in Goddard. Call Christine @ 316-209-9028.



You may feel worthless, forgotten, and insignificant in this fast-paced world. But someone thought so much of you they named their child after you. Someone saw you pray and asked if you could pray for them about something. Someone keeps the letters you wrote them because your handwriting is special to them. Someone stands a little taller because of your words of encouragement to them. Someone's day was a little brighter because you let them help you. Someone framed the artwork you made them and have it hanging in their home. Someone enjoys baking your special recipe for chocolate sheet cake for their birthday year after year. Never think your influence, words, smile, and prayers are worthless. They're priceless!

- Christine

Caregiver's Corner

The steadfast love of the Lord never ceases,
his mercies never come to an end;
they are new every morning;
great is your faithfulness.

"The Lord is my portion," says my soul,
"therefore I will hope in him."

Lamentations 3: 22-24

Father, we pray for caregivers who cry out to You. Gift them Your steadfast love as they serve their loved one. Grant them Your grace and mercy to let go of what was and embrace what is, in love. May Your great faithfulness be recognized throughout each day. May their soul cling to You as their portion and may they put their daily hope in You. In the powerful name of Jesus we pray, AMEN..



Volunteer Opportunities

KSC TRAINING
Wed. May 1st, 1:00

Tyler Road Baptist
571 S. Tyler Road

**Blessing Gift Make-&-
Take & Newsletters**
Wed.@ 1:00 May 29th

*Christian Women's
Club* Rolling Hills Country

Club May 24th @ 9:15

Brunch, a special local
feature, and a speaker share

about her faith-walk to
encourage us on our faith

journey. Cost is \$15

RSVP by noon 5/20.

Call KSC: 316-209-9028

EMPOWERED SENIORS

May 9th ~ 10-11:30

Travel Theme

Botanica Gardens—Click to
[RSVP](#) or call 316-686-4500
or watch online

Enjoy a [Friday segment](#) on
PBS @ 8:30 p.m.

**Thank You Dillons and
the 42 households who
have chosen KSC as your
charity to support with
your shopping dollars!
Dillons donated \$141.00
this past quarter.**

Mother's Day Ideas

For those whose mothers have passed, Mother's Day can still be celebrated as you remember the recipes, sayings, aromas, and other special things that made your relationship with your mom memorable. Decorating her grave is another meaningful way to commemorate her memory.

For those whose mothers are still with us, we often find that, as our mom's age, they don't need more "stuff," so, besides flowers, what can we get a woman who has all she needs? Finding gifts for mom (or the wife) that are unique and different and finding gifts that create a special memory are top priorities when considering choices that show you care and that they are loved.

Remembering the [5 Love Languages](#) might be a helpful way to think about gifts, depending on her dominant love language:

- **Words of affirmation** - your hand-written letter sharing your love and appreciation with specific examples will personalize your letter and deepen your relationship.
- **Physical Touch** - spa day, massage, waxing, tweezing whiskers, rubbing lotion on legs & arms, or a head massage before a hair appointment are ways to bring human touch to those who may seldom have any other daily physical touch.
- **Receiving Gifts** - subscriptions, memberships, gift card for a décor store or coffee shop, new tea-towels, purse, or wallet, or even more personalized and appreciated is to create a DVD from family pictures. They will watch it over and over!
- **Acts of Service**—Who wouldn't like someone to clean, declutter, organize, add slide-out drawers, cook her favorites, or do some gardening and/or yardwork for her! Many times moms don't want to "bother" their kids for such things because their lives are busy. Do it anyway.
- **Quality Time** -"Together" attend events, take her to church, go shopping together, shop at Nifty Nut-house together, plan a picnic together, watch a movie on TV together, learn a new skill together, take a class together, go for a drive together, or take them to the cemetery to decorate the graves,

Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised. Honor her for all that her hands have done, and let her works bring her praise at the city gate. Proverbs 31:30–31

THINGS OUR MOMS USED TO SAY:

"Don't put it down, put it away"
"I talk until I'm blue in the face..."
"Money doesn't grow on trees, ya know."
"Don't make me have to turn this car around"
"If you keep looking like that your face is gonna freeze."
"When I was your age..."
"Get outside and play"
"If your friends jumped off a cliff, would you do it??"

"If I had a dollar for every time"
"Ask your dad"
"Close the door. You weren't born in a barn"
"These socks won't pick up themselves."
"Cut it out before someone gets hurt."
"There's starving children in Africa..."
"I'll wash your mouth out with soap"
"Do you know how much I love you?"

May 2nd is the National Day of Prayer

[Days of humiliation, prayer and fasting have a long history in America.](#) America's leaders humbled themselves and asked the people to join them in fasting and prayer for our nation on many occasions. Below is a prayer for healing from [Ronald Reagan, from a speech to the American people on February 6, 1986:](#)

To preserve our blessed land we must look to God... It is time to realize that we need God more than He needs us... We also have His promise that we could take to heart with regard to our country, that "If my people, which are called by my name shall humble themselves, and pray and seek my face, and turn from their wicked ways; then I will hear from heaven and will forgive their sin, and will heal their land."

Let us, young and old, join together, as did the First Continental Congress, in the first step, in humble heartfelt prayer. Let us do so for the love of God and His great goodness, in search of His guidance and the grace of repentance, in seeking His blessings, His peace, and the resting of His kind and holy hands on ourselves, our nation, our friends in the defense of freedom, and all mankind, now and always.

The time has come to turn to God and reassert our trust in Him for the healing of America... Our country is in need of and ready for a spiritual renewal. Today, we utter no prayer more fervently than the ancient prayer for peace on Earth.

If I had a prayer for you today, among those that have all been uttered, it is that one we're so familiar with: "The Lord bless you and keep you; the Lord make His face to shine upon you and be gracious unto you; the Lord lift up His countenance upon you and give you peace...." And God bless you all.

[National Day of Prayer](#) offers prayer guides for: **Our Nation—Israel—Those in authority—Elections —Family—Media—Church— Military—Education— and Business.**

SPRING into MAY with some Riddles

What did Spring say when it was in trouble?

What condiment should you always use in spring?

If April showers bring May flowers, what do May flowers bring?

What's May's favorite type of exercise?

What's May's favorite drink?

May's Touch Someone Challenge

Cinco de Mayo is a great time to celebrate with a Mexican meal with your senior, or May 9th is plant a vegetable garden day. Perhaps you can purchase a tomato plant, soil, and a big pot to put it in beside the door so your loved one can have something to care for and enjoy eating! Finally, a trip to the store for flowers and the cemetery to decorate the graves is a meaningful way to commemorate the memory of their loved ones.

Happenings Around Koinonia Senior Care

THANK YOU TO SEMESTER MARKETING INTERN,



MCKINZIE

McKinzie has been diligently working with our website designer to give our website a facelift and make it easier to navigate. McKinzie has also been working with KSC's FB & Instagram social media videos so you can know our staff better. McKinzie finished a design for our Proverbs 11:25 Tumbler, - all in this one short semester! Thank you, McKinzie, and blessings as you continue on in your graduate studies!

CALLING ALL MEN!

KSC enriches the lives of homebound men, doing manly things together with a male friend/buddy. Men need men to talk with and just to hang out with while their wives do what wives do! Would you consider helping with one of the following for 2-4 hrs./week?

Men's weekday Bible Study

Designated Driver for seeing sights and attending events in Wichita together

Home Visits to a man

YMCA Buddy

OUR WEBSITE IS GETTING A MAY-OVER!

<https://kscare.org> Throughout the month of May, KSC will introduce changes and additions to our website, making it easier to navigate. Let us know what you think!



Koinonia Senior Care
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Wichita, KS 67235

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 Wichita, KS
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“Rejoice in hope,
 be patient in tribulation,
 be constant in prayer.”
 Romans 12:12 (NIV)

More inspiration @ www.kscare.org

 www.facebook.com/kscare

This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.

OUR MISSION

Christian Fellowship
 Activities
 Respite
 Equipping Volunteers

Enriching the lives of homebound seniors and their caregivers, and inviting our community to join us.

Community Projects
 Action Opportunities
 Resources
 Education & awareness

OUR MOTTO

To captivate our community with the character of Christ through compassionate **CARE**

KSC is a 501c3

OUR VISION

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

Board of Directors

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Gwendolyn Lewis	Chris Dennis
Ronda Bowles	Michael Priddle
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