

*Koinonia Senior Care encourages home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.*

www.kscare.org  
316-209-9028

# KSC CONNECTION



**Koinonia Senior Care Newsletter**

**April 2024**

## It's Baseball Season!

It's college baseball season again! What has always fascinated me about college ball is the walk-up song of the batters and the warm-up song of the pitchers. I took notice of one song at the first of the 2022 season when one batter had "I Saw the Light" as his song...

*I saw the light, I saw the light  
No more darkness, no more night  
Now I'm so happy, no sorrow in sight  
Praise the Lord, I saw the light*

This song had the fans clapping and singing along, yet the words were so profound and spiritual. I thought to myself, "This young man has it figured out with the right priorities. His identity was more than baseball: it was in the Lord and he had a platform to share that declaration. He's one player I really want to see have a good season." We have continued to follow this young man through the transfer portal. This college athlete who carries himself with class and character still uses the same walk-up song and is planting seeds for the Lord on the fields he visits.

If you were playing college baseball or softball, what song would you choose for your walk-up song? I've been pondering that, like I ponder the statement I would put on my tombstone as my walk-up song to heaven. Hmmm. I'd love to hear your song!

See you at the field, *Christine*



**APRIL**

- 1 GriefShare @ Pathway 10 am
- 2 Pathway Hymn Sing 1:00
- 3 Caregiver Support 1-3pm
- 3 Young at Heart @ Riverlawn Church 11am RSVP
- 10 Waxing Wednesday at Oxford Grand at 10:00
- 11 Empowering Seniors 10:00
- 24 Make & Take, Newsletters
- 26 Christian Women's Club

### **YOU CAN'T OUTGIVE GOD!**

*The generous will prosper;  
those who refresh others  
will themselves be refreshed.*

Proverbs 11:25

Follow KSC on our FB page at <https://www.facebook.com/kscare> and be inspired!

**KSC is a proud member of**





# Ruby's Writings

## LOVE SEEDS

*I have many plans for what I'll do  
in giving care and helping too.*

*I think of friends I love so much  
and lonely people I need to touch.*

*But time goes by and needs aren't met,  
I get so busy I just forget.*

*My thoughts of kindness are the seeds,  
but love only grows with  
words and deeds,*

*So then, while we have  
opportunity let us do good  
to all people.  
Galatians 6:10b*

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## Caregiver's Corner

*I wish I could have spent more time with Mom as her daughter,  
not her caregiver.*

This voiced regret came recently as a daughter was burying her mother. It's not uncommon. One daughter asked a hospice volunteer about her last visit with her father. She said, "He was very weak. We sat on the couch and held hands, and I read him the paper." The daughter felt a bolt of jealousy. My dad and I never held hands.

One daughter admitted it was the words *not* spoken and simple deeds left undone that filled her with remorse, so here's some seeds to sow:

Give more touch, hugs, hand-holding, massages, kisses, and "I love you's."

Express gratitude for teaching you to ride your bike, drive a car, being your biggest fan, and other positive affirmations instead of negative-toned words.

Share more simple pleasures together: a drive, a sunset, a cup of coffee or tea, Sunday dinners, game night, puzzles, ice cream, and sleeping next to them.

Avoid martyrhood; Get respite. Invite their friends to visit & share a meal. Ask them to journal stories shared. Encourage phone calls, Facetime, & mail.



## Volunteer Opportunities

### CAREGIVER SUPPORT

**Wed. April 3, 1:00**

Tyler Road Baptist  
571 S. Tyler Road

### Blessing Gift Make-&- Take & Newsletters

**Wed. @ 1:00 April 24th**

Tyler Road Baptist

### *Christian Women's*

**Club** Rolling Hills Country

Club **March 26th @ 9:15**

Brunch, a special local  
feature, and a speaker share

about her faith-walk to  
encourage us on our faith

journey. Cost is \$13 and

RSVP by noon 3/18.

Call KSC: 316-209-9028

### EMPOWERED SENIORS

**April 11th ~ 10-11:30**

*April Showers Bring Spring  
Sprucing*

Botanica Gardens—Click to  
[RSVP](#) or call 316-686-4500

or watch online. Enjoy a  
[Friday segment](#) on PBS @

8:30 p.m.



## **SAVE THE DATE**

for the 12th Annual  
KANSAS EDUCATION CONFERENCE ON DEMENTIA.

This event will be held at the  
Kansas Star Event Center in Mulvane, KS  
with a virtual option also available.

**WEDNESDAY  
JUNE 12, 2024**

## **THE SEED - THE SOIL - THE SOUL - THE FRUIT**

Have you noticed the wheat fields sprouting and growing?! Good soil, rain, and sunshine will help these budding crops grow and produce a great harvest for our farmers! Farming has been around since the beginning of time. When Jesus talked with His audience, He sometimes spoke in a farming lingo they could relate to. He would talk to them about the Word of God being like **the seed of God's Good News!**

As a youngster, did you enjoy going barefoot through the yard, the dirt, the mud puddles, and off the beaten path? But, OUCH when you stepped on a sticker or a little pebble or you stubbed your toe on something! That's kind of the way it is when **the seed of God's Good News** falls on different types of ground when it is scattered across the fields. The path seeds became food for the birds. The seeds that land on shallow deceiving soil with rocks under it, sprout and wilt quickly under the sun since they have no deep roots. The seeds that fell around the stickers grew but were then choked out by the thorns. That leaves the farmer with the seeds that fell on fertile soil. They can produce a crop that is 30-60-100 times more than what was planted! That's some good fruit, right there!

Jesus said, "Anyone with ears to hear should listen and understand." He wasn't talking about ears of corn, here either. He was talking about spiritual ears. When we listen with our soul - our spirit - to the **seeds of God's Good News**, we are rewarded with more understanding and knowledge about the Kingdom of Heaven, creating in us a desire to be exponentially productive for the Kingdom.

Jesus explains it like this in Matthew 13:19-23 (NIV): <sup>19</sup> *The seed that fell on the footpath represents those who hear the message about the Kingdom and don't understand it. Then the evil one comes and snatches away the seed that was planted in their hearts.* <sup>20</sup> *The seed on the rocky soil represents those who hear the message and immediately receive it with joy.* <sup>21</sup> *But since they don't have deep roots, they don't last long. They fall away as soon as they have problems or are persecuted for believing God's word.* <sup>22</sup> *The seed that fell among the thorns represents those who hear God's word, but all too quickly the message is crowded out by the worries of this life and the lure of wealth, so no fruit is produced.* <sup>23</sup> *The seed that fell on good soil represents those who truly hear and understand God's word and produce a harvest of thirty, sixty, or even a hundred times as much as had been planted!"*

[Matthew Henry's Bible Commentary](#) said, "Worldly cares are great hinderances to our profiting by the word of God. The deceitfulness of riches does the mischief; they cannot be said to deceive us unless we put our trust in them, then they choke the good seed. What distinguished the good ground was fruitfulness...and let us look to ourselves that we may know what sort of hearers we are."

This month's Blessing Gift is some soil and a packet of seeds for planting flowers, reminding us that *the grass withers and the flowers fade, but the Word of God stands forever.* Isaiah 40:8. Ponder the seed of God's Word. Prepare the soil of your soul. Produce fruit for the Kingdom. Thank a farmer while you're at it!

## PRAYER FOR TODAY

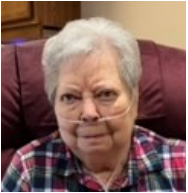
Our Creator God, You tell us in Genesis 8:22 that *as long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease*. In Matthew 13 You tell us how to produce fruit. In Luke 10:2 you tell us that *the harvest is plentiful but the workers are few*. Open our spiritual eyes for ways we can labour for the Kingdom of Heaven and be a fruitful part of the harvest. We pray Your abundant favour among Your labourers. In Jesus' name, AMEN.

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***The moments we share today are the stories we tell tomorrow.***

April 27th each year is NATIONAL STORY DAY. KSC welcomes your stories! Call us or write it down and send it to us. With your permission, we may even print it! Stories can be about anything that has shaped you and molded you into who you are today. Perhaps a childhood memory, a love story, a story of how God walked with you through difficult times, a story about a special game you used to play, or a story of gratitude. The possibilities are endless! Give me a call and I will write it down for you, if that is helpful.

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**KSC's guest columnist and poet, Pat, passed from this life into Heaven** last month. Her humor, wit and wisdom about everyday events are captured in her poetry collection. Last month Pat let KSC borrow her jump-drive to download and print her poems. KSC featured her poem, *My Blessed Savior* in March's *KSC Connections*. Because of Pat's relationship with her blessed Savior, she is now experiencing Heaven with Him. What a legacy Pat has left for family and friends through penning her heart on paper. KSC will continue to occasionally run her poems in tribute to her life well lived.

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**Volunteer Week** is nationally celebrated during the 3rd week of April, but KSC wants our faithful volunteers who pray, donate, visit, and help with Blessing Gifts and newsletters to know they are the heroes and heart of this ministry. KSC also has volunteer opportunities to "plant seeds of hope" by visiting the homebound in their own church, help with our weekly Bible study at an assisted living (or start a new one), or deliver copies of our monthly *KSC Connections* newsletter to local churches. **Thank you, volunteers!**

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**TESTIMONIAL:** *The Jelly Bean Gospel that Ann brought is precious. I want to share it with the grandchildren this week!* - Nancy

## April's Touch Someone Challenge

April 23rd is *National Picnic Day*. Brighten a senior's day with a meal in a picnic basket and a red checkered tablecloth and listen to their stories of past picnics in their growing up years. If you go outdoors, consider planting some flower seeds in a pot or in the ground for additional moments of joy or head to Botanica and take in the tulips!

### WHAT'S BLOOMIN'?

Help me dig up and weed out some seed facts that will cultivate your curiosity and spout your spring fever for planting in the outdoors! Are you ready to get your hands dirty and have a rootin' good time?

What is the most expensive spice in the world, obtained from the stigmas of a flower?

Which country is the largest producer of roses?

What is the world's most highly cultivated fruit, is commonly mistaken for a vegetable and was once believed to be poisonous in Europe?

What plant can remove indoor air pollutants, according to a study conducted by NASA?

What is the world's most consumed vegetable?

What is the most widely cultivated nut in the world?

Which plant is known to have the highest level of antioxidants among common fruits and vegetables?

What plant can break down toxic substances in the soil through a process called phytoremediation?

What is the national flower of Japan?

What plant is capable of producing a natural sunscreen due to its UV-absorbing compounds?

What plant is known to have one of the longest-lasting blooms in the plant kingdom?

What plant is known for its explosive seed dispersal mechanism?

What plant is known to have the most varieties, with over 25,000 cultivars?

What is the most widely grown fruit tree in the world?

What plant is the primary source of natural vanilla flavoring?



**Koinonia Senior Care**  
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**Wichita, KS 67235**

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*I knew I'd always be old,  
 but I thought it would take  
 me longer to get there!*

More inspiration @ [www.kscare.org](http://www.kscare.org)

 [www.facebook.com/kscare](http://www.facebook.com/kscare)

***This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.***

**OUR MISSION**

Christian Fellowship  
 Activities  
 Respite  
 Equipping Volunteers

**Enriching the lives of homebound seniors and their caregivers, and inviting our community to join us.**

Community Projects  
 Action Opportunities  
 Resources  
 Education & awareness

**OUR MOTTO**

To captivate our community with the character of Christ through compassionate **CARE**

**KSC is a 501c3**

**OUR VISION**

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

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