

Koinonia Senior Care encourages home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.

www.kscare.org
316-209-9028

KSC CONNECTION



Koinonia Senior Care Newsletter

July 2023



FREEDOM

Our Blessing Gift this month is a flag and words to patriotic songs so we can all celebrate and sing wherever we are at. One of my favorite patriotic songs is Lee Greenwood's

[God Bless the USA](#). I can't help but tear up with gratefulness to our God and our military families as I hear it. We have so much to be grateful for as we remember the sacrifices of men and women on behalf of past, present, and future generations.

PRAYER for Our Country

Father God, we thank You for Your mercy and grace upon our nation. Songs have been written proclaiming Your glory in our beautiful land. Your precepts have been the very foundation this country was built on. We thank You for the men and women who fought to make this nation a place where we are free to worship You, free to pray to You, free to read Your Word, and free to share it with others. We thank You for those boldly serving today to protect those freedoms. We also recognize those freedoms are in jeopardy as the spiritual battle rages on. We lift up all who are in positions of authority in this nation. We pray for Your will to be done through them, Lord, granting them wisdom, knowledge and discernment for the jobs they hold. Establish their steps, Lord. Strengthen them and equip them. Bless them and protect them and their families. Keep us brave and bold for Your glory and may we march on, knowing that who the Son sets free is free indeed (John 8:36) and in You alone is our victory, our hope, and our future. In Jesus' name, Amen.



JULY

5 Training

10, 17, 24, 31 Grief Share at
10:30 Pathway

12 Waxing Wednesdays at
Oxford Grand at 10:00

26 Make & Take, Newsletters

"Aunt Babe" Turns 100!

Aunt Babe, one of our guest columnist, writes about her life reflections, blessing her readers. She is an inspiration to me because she lives in a land of silence since her hearing loss, yet she so wisely encourages others to "keep a song in your heart."



Aunt Norma wrote a poem, inspired by this Stuart Hamblen song from 1954 called "This Old House." I can't find her poem, but these original lyrics many of us can relate to. It's been sung by the Statler Brothers, the Cathedrals, the Gaither's and others. Thought I'd share it with you this month.

This old house once knew my children. This old house once knew my wife. This old house was home and comfort As we fought the storms of life. This old house once rang with laughter. This old house heard many shouts. Now she trembles in the darkness When the lightnin' walks about.

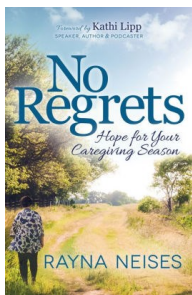
This old house is a-gettin' shaky. This old house is a-gettin' old. This old house lets in the rain. This old house lets in the cold. Oh my knees are gettin' chilly, But I feel no fear or pain, 'Cause I see an angel peekin' Through a broken window-pane.

Now this old house is afraid of thunder. This old house is afraid of storms. This old house just groans and trembles When the night wind flings its arms. This old house is a-gettin' feeble. This old house is a-needin' paint. Just like me, it's tuckered out, But I'm gettin' ready to meet the saints. →

Now my old hound dog lies asleepin'. He don't know I'm gonna leave. Else he'd wake up by the fireplace And he'd sit there and howl and grieve. But my huntin' days are over Ain't gonna hunt the 'coon no more. Gabriel done brought in my chariot When the wind blew down the door.

[Chorus] *Ain't gonna need this house no longer. Ain't gonna need this house no more. Ain't got time to fix the shingles. Ain't got time to fix the floor. Ain't got time to oil the hinges, Nor to mend the window-pane. Ain't gonna need this house no longer. I'm gettin' ready to meet the saints.*

Caregiver's Corner



As people age, so do their loved ones. The healthy integration of caring for an aging parent requires being able to walk them all the way to the end of their life while still having a life to walk back into. *No Regrets* helps caregivers consider how being intentional in their season of caring will allow them to care for their loved one well while

at the same time not losing themselves in the caring. Local author, Rayna Neises, shares her personal heart-warming stories and practical suggestions for the caregiving journey with Dementia. Rayna was also one of the speakers at last month's Dementia Conference.



Volunteer Opportunities

TRAINING & SUPPORT

Wed. July 5th 1:00

Blessing Gift Make-&-Take & Newsletters

Wed.@ 1:00 July 26

Tyler Road Baptist
571 S. Tyler Rd

Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day...So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.
2 Corinthians 4:16, 18

EMPOWERED SENIORS

July 13

The Nest Egg Talk

Watch past seminars on their youtube channel or

Fridays @ 8:30 p.m. PBS
Repeats Sat. @ 3 on 8.1 &
Sundays @5:30 on 8.2

Need a Speaker for your Senior Group?

Participants will leave with a pep in their step and a smile on their face as Christine creates moments of joy and encouragement!

THANK YOU TO OUR VOLUNTEERS!

The smallest act of kindness is worth more than the grandest intention.—Oscar Wilde

Thank you to the 28 volunteers who helped with *Koinonia Senior Care*'s MOVING SALE fundraiser/benefit. Volunteers provided manpower, donations, experience, tables, food, energy, and a welcoming spirit to those who came to shop and support this fundraiser for the ministry. We are humbled and blessed and made many new friends! Shoppers appreciated and took advantage of the FREE water bottles and snacks offered for a special touch to their shopping experience!

More Places to Take Gently Used Clothing & Household Items

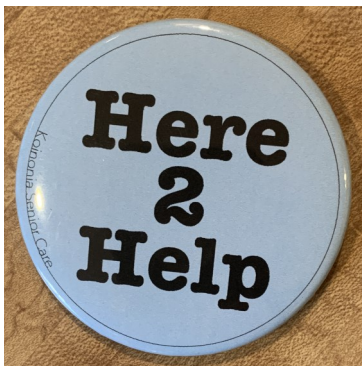
[Passageways](#)— household & furniture items—veteran support 316-721-1316

[Habitat for Humanity](#)—building materials and home fixtures 316-943-6996

[Fit for a Queen](#)— plus-size women's resale shop 316-942-0006

[Starkey, Inc.](#) - electronic recycling 316-512-4243

[Assistance League of Wichita Thrift Shop](#)—funds philanthropic programs 316-290-9558



Some *One* Sustained Her

A friend of mine recently lost her battle with ALS. Less than two months prior to that, her caregiver husband died and entered the gates of Heaven. Eventually she had to move to receive more affordable care, losing her home that she and her husband had built less than one year earlier to meet her needs. With that move came the sell of most of their possessions that she and her husband had collected through the years. My friend never complained. She took each loss with sadness, but something sustained her. Some *One* sustained her. And that *One* would be her Savior, Jesus Christ, the *One* she is now spending eternity with and is no longer suffering. I've written the lyrics below with her in mind. The tune is the same as Lee Greenwood's song, "[God Bless the USA](#)" that I mentioned on page 1. For the Christian, may these words bring comfort, peace, and hope for you as you live confidently that the *One*—Jesus Christ—will sustain you in your time of need. (Scripture references included.)

Original Lyrics

If tomorrow all the things were gone
I'd worked for all my life
And I had to start again
With just my children and my wife

I'd thank my lucky stars
To be living here today
'Cause the flag still stands for freedom
And they can't take that away

CHORUS

And I'm proud to be an American
Where at least I know I'm free
And I won't forget the men who died
Who gave that right to me

And I gladly stand up next to you
And defend her still today
'Cause there ain't no doubt I love this land
God Bless the U.S.A.

From the lakes of Minnesota
To the hills of Tennessee
Across the plains of Texas
From sea to shining sea

From Detroit down to Houston
And New York to L.A.
Well there's pride in every American heart
And it's time we stand and say

CHORUS

Christine's Version

If tomorrow all my things were gone
all the blessings of my life
If I had to start again
without my health, home, and some strife.

I'd have to thank my God in Heaven
to be living here today
'Cause His Word of Truth is freedom
And they can't take that away.

CHORUS

I'm proud to be a Christian
Where I know I'm eternally free. (John 3:16)
And I won't forget the Man who died
Who gave that right to me.

And I boldly stand up 'cuz of Him
And defend Him still today
'Cause there ain't no doubt I love this Man
Jesus Christ who made a Way (John 14:6)

From the Garden of Eden
To the Garden of Gethsemane.
Across our deserts like Sinai
And our crossings through the seas

We have the gift of the Holy Spirit
And His power on display, (Romans 15:13)
He brings joy and peace in Christian hearts
As we trust God and we say

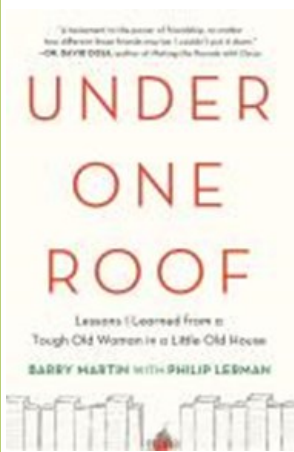
CHORUS

July's Touch Someone Challenge

Watermelon, home-made ice cream, and watching some fireworks with all generations would be a special way to kick off the month and celebrate the freedoms we enjoy here in America. A copy of the book we are reading this month—in large print—would be a great gift, as well!

July Book Club—Join Me!

Join me by phone or in person if you are in the Wichita area! This will be our July book read. If you don't have internet and need me to order you a book to be sent to your home, call Christine at 316-209-9028. ***“Under One Roof; Lessons I Learned from a Tough Old Woman in a Little Old House”*** by Barry Martin



"The inspiring true story of the bond between a feisty octogenarian and the man in charge of building an enormous shopping mall around her home. Edith Macefield achieved folk hero status in 2006 when she turned down \$1 million to sell her home to make way for a commercial development in the Ballard neighborhood of Seattle. It didn't matter that her tiny house was surrounded by rubble and graffiti. It was home. Barry Martin respected that, and when he took the job as construction supervisor for the shopping mall that was being erected around Edith's little house, he determined to make things as easy as he could for Edith. He gave her his cell number and told her to call if she needed anything. And she did. The day Edith asked Barry to drive her to a hair appointment, an unlikely friendship was sparked, one that changed them both forever. As Barry helps Edith through the last days of her life, she helps him deal with the effects of the Alzheimer's that is diminishing his beloved father. She learns to laugh and let go. He learns about compassion and grace--and the comparable joys of [Walker's shortbread cookies](#)" (See below).

I couldn't help but put a plug in for the [Walker's Shortbread Cookies](#) after I researched their origin and website!



HOW IT ALL BEGAN

In 1898, twenty-one-year-old Joseph Walker opened his own bakery in Spey-side, Scotland, with a loan of £50 and the ambition to bake "The world's finest shortbread." Read their 125 year story at <https://us.walkersshortbread.com/the-history-of-walkers-shortbread-125-years-of->



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*The smallest act of kindness
is worth more than
the grandest intention.*

—Oscar Wilde

More inspiration @ www.kscare.org

 www.facebook.com/kscare

This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.

OUR MISSION

Christian Fellowship
Activities
Respite
Equipping Volunteers

**Enriching the lives of
homebound seniors and
their caregivers, and
inviting our community to
join us.**

Community Projects
Action Opportunities
Resources
Education & awareness

OUR MOTTO

To captivate our community
with the character of Christ
through compassionate
CARE

KSC is a 501c3

OUR VISION

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

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