

Koinonia Senior Care encourages home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.

www.kscore.org
316-209-9028

KSC CONNECTION



Koinonia Senior Care Newsletter **June 2023**

Treasures & Trash

Koinonia Senior Care assists many seniors or family of seniors clean out their loved one's home (You can read more about this on page 3). It can be an overwhelming task for many and is usually one of those chores that is put off until a move is necessary.

I am always learning from my senior friends and have taken to heart this daunting task in my home. My word of the year is “declutter” and I am on a mission to purge. My gift to my kids and my husband is to declutter. I have been filling boxes for “recycling” my treasures, along with filling up my trash bin with some good kinlin’ for a bon-fire this fall. I am also donating items to those who will utilize and enjoy these treasures that I have been hanging on to. Our 3-in-one air hockey/pool/table tennis table is going to a girls home while the 2 file cabinets full of curriculum is going to a private school in need of the resources.

In my devotion today, I read these words of affirmation and focus:

*Don't keep hoarding for yourselves earthly treasure
that can be stolen by thieves.*

Material wealth eventually rusts, decays, and loses its value.

*Instead, stockpile heavenly treasures for yourselves
that cannot be stole and will never rust, decay, or lose their value.*

For your heart will always pursue what you esteem as your treasure.

Matthew 6:19-21 (TPT)

Below are a few of my favorite non-profits to donate items to:

His Helping Hands— distribute clothing, furniture, and other household items at no cost. (316) 838-8528. They will also pick up furniture that is put in the garage.

Union Rescue Mission—men's items and books for the men to put online and sell. This gives them work and purpose! (316) 687-4673

Medical Loan Closet—for medical equipment & supplies (316) 779-8989



JUNE

5, 12, 19, 26 Grief Share at 10:30 Pathway

7, 9-10 Fundraiser Moving Sale

8 Dementia Conference Support & Training

14 Waxing Wednesdays at Oxford Grand at 10:00

18 Father's Day

28 Make & Take, Newsletters

**Now in the
KSC Lending Library:
A Man Called Otto [DVD]**

“Aunt Babe” Turns 100!

Aunt Babe, one of our guest columnist, writes about her reflections on life. She turns 100 years young this month and is still using her gifts to bless others. She is an inspiration to me because she lives in a land of silence since her hearing loss, yet she so wisely encourages others to “keep a song in your heart.” See where to send cards on page 2.



Aunt Babe's 100th Birthday! Send Cards!

Aunt Babe will be celebrating her 100th birthday on June 24th with an open house that she will host in her home town! This Centennial Celebration wouldn't be complete without cards and letters from her readers who have enjoyed her "column" here in the *KSC Connection* for the past few years. Please send cards of celebration and appreciation for her "column" to:

Aunt Babe
P.O. Box 1189
Stratford, TX 79084

Cousins, relatives, and other family from CO, TX, and OK are making special preparations to attend this BIG event. Notices in her home town church newsletter, along with the local newspaper are spreading the word, as well. Thank you for being a special part of her Centennial Celebration with cards!

Caregiver's Corner

Strength & Grace

As caregivers, we all could use more strength and grace. Strength to get us through each day. Strength physically, emotionally, and spiritually. Exhaustion typically takes over and then we need an extra dose of grace. Grace for ourselves and for our loved one who may be dealing with disease, depression, anxiety, sundowners, or a myriad of other physical, mental, and emotional struggles. Caregivers need daily encouragement and hope on their journey.

Strength & Grace is a bimonthly devotional for caregivers, put out by Guideposts. I HIGHLY RECOMMEND IT so much that I have sent a [subscription](#) to the caregivers of those we currently serve and to our KSC Enrichment Team. Get yours today! Write to Guideposts at 100 Reserve Rd, Suite E200, Danbury, CT 06810 or call (800) 431-2344



Volunteer Opportunities

Blessing Gift Make-&-Take & Newsletters

1:00 June 28 Tyler Road Baptist 571 S. Tyler Rd

Fundraiser Moving Sale June 7, 9-10

TRAINING & SUPPORT June 8 Dementia Conf.

Dementia Conference
June 8 , 8:00-4:30
In-person (\$55)
or online (\$25)

Find out more [here](#) or at

316-267-7312

1820 E. Douglas, Wichita, KS

EMPOWERED SENIORS

June 8

Caregiving & Communication

Watch past seminars on their youtube channel or

Fridays @ 8:30 p.m. PBS
Repeats Sat. @ 3 on 8.1 &
Sundays @5:30 on 8.2

THANK YOU!

Thank you to those families who helped & donated their household items to our fundraiser MOVING SALES this spring!

KSC MINISTRY FUNDRAISER:

MOVING SALE June 7, 9-10

1713 N. Kap Ct., Wichita, KS 67235

(Follow the bright pink signs and they will lead you to the sale)

Volunteer or stop & shop! Instead of an estate sale, KSC offers families the option of taking the household items they want and donating the rest to KSC for a moving sale. KSC boxes and hauls what doesn't sell and donates the items to various non-profits in Wichita. If you would like to VOLUNTEER to set up for the sale or help with the sale, please contact Christine at 316-209-9028. THANK YOU to those who have volunteered in the past! We can use you again this time!



It's Not Too Late to Join Us.

New people are joining weekly.

GRIEF HAPPENS when we have been given the gift of loving someone.

“I believe the hardest part of healing after you’ve lost someone you love, is to recover the ‘you’ that went away with ‘them.’”

Excerpt from Norman H Write book *Experiencing Grief*.

God has a plan for your pain. It's called tears, crying, weeping. Sometimes we hide our tears or try to block them or apologize for them. But why should we apologize for something that is a gift from God? We were created to cry. It's a fitting response to sorrow. Christians grieve over our losses with both real tears and real hope. God moves “*near to the brokenhearted and saves those who are crushed in spirit.*”

Psalm 34:18 (NASB).

HAPPY FATHER'S DAY

We could learn lessons on how to do things correctly or incorrectly from practically every father in the Holy Scriptures. But if we really want to know how to be a great father, we must study our heavenly Father, who is revealed throughout the Old and New Testament. Below is a sampling:

- The One who gives us life (Psalms 139:13-16)
- The One who is slow to anger, but abundant in lovingkindness and truth (Psalms 86:15)
- The One who disciplines those He loves (Hebrews 12:11 and
- The One who loves us deeply and desires a relationship with us (John 3:16 and Rev. 3:20)
- The One who watches over us (Psalms 121:1-5, Psalms 139:7-10, Matthew 1:23, 28:18-20)
- The One who intimately knows us (Psalms 139:1-6)
- The One who provides for our every need (Matthew 6:11)
- The One who is faithful (1 Corinthians 1:9)
- The One who forgives (Matthew 6:12)
- The One who is full of grace and mercy (Psalms 86:15 and 2 John 1:3)

Perhaps our kids will catch a glimpse of our Father through observing our lives. Stay faithful!



SHOUT-OUT to KSC's Enrichment Team Member: Marty

Marty is the co-founder of *Koinonia Senior Care*, along with his wife, Christine. He serves KSC seniors with transportation and currently assists three men with a few of their needs. He also volunteers with the monthly newsletter assembly and other special projects. Marty values relationships, especially those with his family. He takes great joy in his adult kid's interests and doesn't take for granted the time he has with his father. He just returned from driving his dad to Arkansas to visit family and see the ol' homestead. He also just finished a season of Shocker baseball where he and his dad and his father-in-law would spend many days at Tyler Field, taking in a game. Many times it was a family-fare as his son is on staff with the team and the family would come out to support him and the Shockers. Shocker baseball has been a family tradition since 1994. Marty is part of weekly men's group, a home team with Christine, and faithfully uses his Silver Sneakers membership at the YMCA. Thank you, Marty, for your service and example!

Corrections: Last month's article on Evelyn should have read that she was a proof-reader for the Wichita Eagle, not the editor.

June's Touch Someone Challenge

Cruise on out to Sedgwick County Zoo for Father's Day from 9-4. See classic cars, antique autos and modern models while exploring your favorite animal exhibits. Dads are admitted free with an additional paid admission. Members get in free with membership card and photo ID.

Growing Your Faith Series:

THIS is the day the Lord has made. We will rejoice and be glad in it.

Psalm 118:24 (NKJV)

Remember the song that used this verse as its foundation?

This is the day; This is the day—that the Lord has made, that the Lord has made.

I will rejoice. I will rejoice—and be glad in it, and be glad in it.

This is the day that the Lord has made. I will rejoice and be glad in it.

This is the day. This is the day that the Lord—has—made.

After you sing this little jingle, I challenge you to play the “5 Reasons I Love My Life” game that is mentioned in the June 1st devotional in *Strength & Grace*. Take turns filling in the blank for “I love my life because...” Let's play right now! Then pray a prayer of gratitude.

I love my life because _____

I love my life because _____

I love my life because _____

I love my life because _____

I love my life because _____

PRAYER of Rejoicing

Father,

Thank you for Your blessings on my life. You have provided me with more than I could ever have imagined and I rejoice! You have surrounded me with people who look out for me and I rejoice! You have given me family and friends who bless me with kind words and actions and I rejoice! You protect me by not giving me more than I can handle and I rejoice! You provide me with mentors to help me with life's difficult decisions and I rejoice. Your Word and Your presence are always with me and I rejoice! May I never forget to rejoice and show my gratitude to You in prayer and to those around me with meaningful acts of kindness. In Jesus' name I pray, Amen.



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Every father should consider the saying, "One day your son will follow your example instead of your advice."

More inspiration @ www.kscare.org

 www.facebook.com/kscare

This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.

OUR MISSION

Christian Fellowship
 Activities
 Respite
 Equipping Volunteers

Enriching the lives of homebound seniors and their caregivers, and inviting our community to join us.

Community Projects
 Action Opportunities
 Resources
 Education & awareness

OUR MOTTO

To captivate our community with the character of Christ through compassionate **CARE**

KSC is a 501c3

OUR VISION

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

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