

Koinonia Senior Care encourages home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.

www.kscare.org
316-209-9028

KSC CONNECTION



Koinonia Senior Care Newsletter

November 2022

MY KSC THANKSGIVING LIST

I am thankful to God for the past 10 years and how He has blessed KSC with faithful staff, donors, church partnerships, volunteers, community partners, caregivers, and our seniors adults, whether they are go-go's, slow-go's, or no-go's.

Our staff are people of integrity, compassion, and faith. We are small in number, but we have BIG hearts to serve in Jesus' name.

Our donors are what keep our programs and communication fresh and encouraging for caregivers, seniors, and our community.

Our church partnerships bring assistance to the staff as they minister to the needs of their homebound members.

Our volunteers are faithful to assemble monthly newsletters & *Blessing Gifts*, along with help at special events.

Our community partners allow us to bring in education to senior centers, university programs, and Bible studies to assisted living.

Our family caregivers *trust* our staff and we become like extended family, bringing respite and activities for their loved one.

Our seniors are the reason we serve. As they navigate through these golden years, KSC is there to support and enrich their days.

We all find ourselves at different ages and stages on our journey, but one thing is certain. We still need each other. God created us for community with Him and with each other. We at *Koinonia Senior Care* want to take this opportunity to **THANK EACH OF YOU** for your support and for taking this leg of life's journey together!



NOVEMBER

**1 Lunch & Hymn Sing 12:30
Pathway RSVP**

2 KSC Support & Enrichment

9 Waxing Wednesday @ OG

10 Empowered Seniors

30 Blessing Gift Make & Take

**Thursdays @ 3:00 Bible study
at Oxford Grand**

Ruby's Open House: 1-5

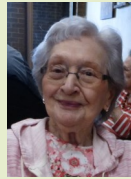
November 11-12 & 18-19

KSC will be baking & selling PEPPERNTS at artist, Ruby Tobey's Open House where she is selling her drawings, China paintings & original gift ideas. Call me for directions to her place: (316) 209-9028

"Aunt Babe" Our 99 year young guest columnist, blesses our readers as she writes about her reflections on life. Read her "Thank You" prayer on p. 2.

Aunt Babe's Prayer Poem

Thank You



We praise You Father, of our Lord and Friend,
For the great and numerous blessings You so freely send.

You instruct us daily how to receive and give,
And always show us how it's best to rightly live.

You've placed our loved ones directly in our path,
Mingled with dear and happy friends who make us laugh.

And in the midst of nature's unfolding beauty all around,
You surely meant that love and peace would always abound.

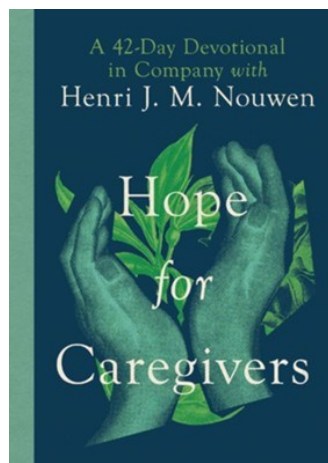
Now Father, is there something we can do for You?

"Yes, children, I'm seeking lives of faith, both pure and true."

Caregiver Corner

Hope for Caregivers: A 42-Day Devotional in Company with Henri J.M. Nouwen.

Caregiving can be tiresome and overwhelming. The devotions in this small but powerfully written little book, offer guidance and inspiration for the caregiver, bringing daily, life-giving nuggets of nourishment for your soul.



"Caregiving as a calling or privilege is not rooted in tasks but in connection between human beings...connection is through love, first from God and then through us as we see each other as human beings all beloved by God"



Opportunities

4 U held at

Tyler Road Baptist Church

571 S. Tyler Road

BLESSING GIFT

Make-&-Take

Wed. Nov. 30 @ 1:00

ENRICHMENT

November 2 @ 1:00

(Caregiving support & Visiting Resources)

11/1Lunch & Hymn Sing

Pathway Church

12:30 (\$5) RSVP

11/2 Young at Heart

Riverlawn Church

10:00 (\$5) RSVP

EMPOWERED SENIORS

November 10, 10:00

Getting Your Affairs in Order

Watch past seminars on their [YouTube channel](#) or

Fridays @ 8:30 p.m. PBS
Repeats Sat. @ 3 on 8.1 &
Sundays @5:30 on 8.2

Thank you

to the 41 households who
have linked their
DILLONS Rewards Card
to Koinonia Senior Care

\$159.56 last quarter

KSC FUNDRAISER: Story of Our Peppernuts



Back when my children were young and Great Grandma “GG” lived with us (2001-2013) we made this tiny, crunchy, German cookie called Pfeffernusse, or Peppernuts. Every October Great Grandma would get the hankerin’ to buy the ingredients needed for this cookie which makes about 5 pounds per recipe. Family and neighbors always enjoyed receiving these as CHRISTmas gifts in December. GG’s labor of love took patience and hours of work and sacrifice in the kitchen. Perhaps that is why they were, and are still, appreciated so much – because very few of us find the time to make this holiday treat.

Eventually I began taking over some of the dough to my senior homes so they could get in on the fun and enjoy some these delicious cookies filled with warming spices. Cutting these tiny strands of dough became our finger exercises for the day, too!



Now we are making these highly addictive cookies with our *Koinonia Senior Care* volunteers for our ministry fundraiser. From November through Decem-

ber 10, orders can be placed by calling Christine at (316) 209-9028.

They are \$3 for 2 oz. and \$8 for 6 oz. and are wrapped in festive packaging and include this “Story of Our Peppernuts” scroll, along with the recipe.

Today, the aroma of peppernuts baking in the oven awaken my senses and transport me back to the sweet memories we have in the kitchen with “GG.” I’ve learned from her that the kitchen becomes the gathering place where we talk and enjoy time together with friends and family over a common cause – the making and gifting of peppernuts.

May the fragrance of CHRISTmas baking in the oven of your heart awaken your senses and transport you back to the precious memories you have of the CHRISTmas story. May your home become the gathering place where you talk with friends and family over a common cause – the making of memories together and the gifting of God’s Son, Jesus, to the world.

KSC FUNDRAISER GIFTS: Acorn Hangings \$7

Hand-made by our volunteers! Each one unique! View our color version on our website: kscafe.org



The tallest oak in the forest was once just a little nut that held its ground.

May this ACORN be a reminder to you that MIGHTY things can come from small beginnings.

An ACORN knows that the keys to the MIGHTY OAK's strength are not only the sunshine, but the rains, high winds, and storms that enable them to grow deep roots, in the dark, where no one else sees.



It might be ACORN-y way to say
There's NUTtin' like you to brighten my day.
You're CRACKin' me up in a fun kind of way
From one NUT to another, have an OAK-ay day!

Are You More Like a Squirrel or a Nut?

As I was walking around the lake with our 10-month old dog, I noticed acorns on the ground and thought about how many of those will become strong, mighty oaks and how many will become food for the squirrels who are now populating our neighborhood and driving my puppy wild with their swaying tails and playful personalities. I pondered if I were more like the squirrel, seemingly flittering energetically from one thing to the next, or if I were more like the acorn with hopes of becoming a strong mighty oak someday. Regardless, I can relate to these squirrel life lessons I found at yourturenature.com:

Look both ways when you cross the street—Plan ahead

Stay active—Eat plenty of fiber—Spend time in the woods

Go out on a limb—It's OK to be a little nuts!

Animals and birds stock up on acorns during the autumn months to build up their fat layers to carry them through winter. I thought about the importance of stocking up on God's Word to sustain me through the winter seasons of my life, too. Those scriptures will sustain me and grow in me the deep roots needed to give me the strength I need – just like the strength of the mighty oak tree. *Lord, may my roots be deeply nourished in Your Word so I can become all You've created me to be. Nothing more. Nothing less. AMEN*

November's Touch Someone Challenge

Find a local event to take a homebound senior friend to so they can enjoy the fellowship with you and take in the smells and wonder of the season. If in Wichita, join us at Ruby's Open House. There is a ramp for walkers.

Connie's Story & Monthly Art Classes for KSC Readers

Connie, a retired teacher, lovingly cared for her aging mother and then had her move in with her for the last three years of her life, making those very memorable years for them both. Now Connie cares for her husband in their home. Connie enjoys crafts but it is difficult for her to get out



so she has invited KSC crafters to her west Wichita home to make a Gingerbread Man Bell and a Sock Snowman. Due to

room, we must limit the participants to five. Cost is \$3/project. We will look at future projects if

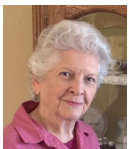


interested. Snacks & drinks provided. Come relax and have fun! Call Christine to RSVP or for more details: (316) 209-9028. **Nov. 14 & Dec. 12, 1:00-3:00 p.m.**

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**THANK YOU** to all who stopped by our booth at the Goddard Fall Festival on October 22nd AND to volunteers, Marty, Leanne, Christa, and Bridget who weathered the wind and won the hearts of those who stopped to visit, spin the wheel for prizes, and learn more about *Koinonia Senior Care*! **Our advertising impact is much better spent by personal contact with people in our community.** KSC will also be at is the Goddard Chamber's **CHRISTMAS ON MAIN STREET** on Sunday, December 4 from 4:00-6:00 pm. Come visit our booth!



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MARK YOUR CALENDAR! November 11-12 & 18-19 Ruby's Open House: 1:00-5:00



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**WILD LIGHTS** will be open from 6 – 9 p.m. every Wednesday through Sunday **NOW through December 4**. Roam the Zoo after dark, with your path illuminated by larger-than-life sculptures of all things WILD! <https://scz.org/event/wild-lights>





**Koinonia Senior Care**  
**13303 W. Maple, Suite 139, PMB #128**  
**Wichita, KS 67235**

Nonprofit Org  
US Postage  
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Permit No 574

RETURN SERVICE REQUESTED

The darker it becomes the  
greater your light shines!

Fall Back on Nov. 6



More inspiration @ [www.kscare.org](http://www.kscare.org)

 [www.facebook.com/kscare](https://www.facebook.com/kscare)

***This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.***

#### OUR MISSION

Christian Fellowship  
Activities  
Respite  
Equip Volunteers

Enriching the lives of  
homebound seniors and  
their caregivers, and  
inviting our community to  
join us.

Community Projects  
Action Opportunities  
Resources  
Education & awareness

#### OUR MOTTO

To captivate our community  
with the character of Christ  
through compassionate  
**CARE**

**KSC is a 501c3**

#### OUR VISION

To be a model com-  
munity of churches,  
neighbors and  
businesses who  
bring moments of  
joy, honor, help and  
hope to widows, the  
aging and their care-  
givers through per-  
sonally providing  
**CARE** for those God  
puts in their path.

#### Board of Directors

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