Don't Let the Burden of the Rocks You Carry Weigh You Down

Max Lucado tells the story of himself as a youngster who was searching for rocks.



He found some pretty cool ones and loaded his pockets to the point he couldn't stand up. When he finally came to his feet, his pants fell down! He needed to unload the unnecessary rocks to lighten his load.

What load are you carrying?

What's keeping you weighed down?

Are you weary, wounded, or worn out?

Unload those unnecessary rocks of burden and give them to the Lord. He wants to carry your burdens. Jesus said in Matthew 11:28-29

²⁸ Come to Me, all you who are weary and burdened, and I will give you rest.
²⁹ Take My yoke upon you and learn from Me;

for I am gentle and humble in heart, and you will find rest for your souls....

PRAYER: Father, teach me to "let you and let God" – let You take care of the things that are weighing me down. Lord, I trust You to do a much better job of taking care of my burdens than I can. I am weak and You are strong. It is in my weakness that You show your strength. Thank You. Please lighten my load and give rest to my soul. In the powerful name of Jesus I pray, AMEN.