Koinonia Senior Care encourages home visits that focus on the social, spiritual, and significance support of our homebound seniors and their caregivers, wherever they call home.

www.kscare.org 316-209-9028



KSC CONNECTION

Koinonia Senior Care Newsletter

June 2022

June Blessing Gift: Yo-Yo in celebration of National Yo-Yo Day, June 6th, & to share with your Grands!

I remember in elementary school having a yo-yo assembly. The master yoyoers would demonstrate all sorts of yo-yo skills with various types of yo-yos. They would throw the yo-yo down and it would stay down for a while. That's called the "sleeper." And with a slight tug, it would jump back into the hand of the master yo-yoer. It was amazing!

Today I think of the yo-yo and how it relates to the ups and downs of life we encounter with our health and even our relationships. We battle physical setbacks. We struggle with anxiety and worry at times. We love and we lose those we love. Life is hard.

Just as I don't understand yo-yo's and had to get out the instruction book, I need to read God's instruction manual, the Bible, for peace, comfort, direction, and encouragement. Jesus said, "I give them eternal life, and they shall never perish; no one can snatch them out of my hand." (John 10:28-29) When we give our heart to Jesus and place our life in the Master's hands, we have confidence that even when we have our ups and downs, Jesus still holds us in His grip and promises a bright future for those who believe in Him.

It was in 1928 in San Francisco, that Pedro Flores, a Philippine immigrant, began selling the "yo-yo," which means "come-come" in the native language of the Philippines. I can't help but relate that to Jesus inviting all to "Come to me all who are weary, and I will give you rest." (Matthew 11:28) In John 14:6 Jesus says, "I am the way, the truth, and the life. No one comes to the Father but through me."

Father, thank You for sending Jesus and His invitation to "come." I give my heart to Jesus and place my life in Your hands, knowing that the ups and downs of this world can't take me from Your grip.. Thank you for Your instruction book for life, the Bible. Draw me closer to The Master. In Jesus name I pray, AMEN.



JUNE

- 1 KSC Support &Training
- 6 D-Day & Natl YoYo Day
- 9 KSC Board Meeting
- 9 Empowered Seniors
- 19 Father's Day
- 23 Dementia Conference
- 29 Blessing Gift Make & Take

Thursdays @ 3:00 Bible study at Oxford Grand

NOTE: Hymn Sings will resume in September.

Do you know a homebound senior who would enjoy a Blessing Gift and the devotion?

"Aunt Babe," our guest columnist, writes about her reflections on life. She is 98 years young and is still using her gifts to bless others. She is an inspiration to me because she lives in a land of silence since her hearing loss 7 years ago, yet she so wisely encourages oth-

ers to "keep a song in your heart." See her article on page 2.



Aunt Babe's Reflections

Youngsters Can Be Heroes Too!

Long, long ago, when I was a 3rd grader, I became frightfully lost!

I was a farm girl, now attending school recently in the city. I was in study hall and the teacher remarked that since it was such a warm and lovely day, she was giving the students the last hour to go outside to the playground and soak up some warm sunshine and fresh air and make some good vitamins.

Not being so familiar with the time of day outside of our family home, I apparently overstayed the hour, for when I got back to the front of the school where we entered for classes, I was astounded that there was no one in sight and all buses were gone. I couldn't believe it. I ran to each school door and I couldn't budge any of them, for they were locked. In checking, I learned all doors were locked tight! What, oh what could I do? I was alone and lost. I just sat down on the curb and cried. I was always with family or at home. I couldn't' stop sobbing. I was usually never alone.

It was shortly after I realized my last plight I saw two gals, they were sisters, but not in my class. They came over to me (continued on pg.3)

Caregiver HELP ME Prayer

My Father in Heaven who is holy and worthy of praise, glory, honor, reverence, love, and devotion, I worship You and I serve others in Your name..

HELP ME to see Your face in the face of my loved one I am caring for.

HELP ME to serve with a heart of compassion and hands of mercy and grace.

When she is anxious, **HELP ME** to know how to reassure her.

When she feels alone, **HELP ME** to notice and be present.

When she feels confused, **HELP ME** to listen and speak words of comfort.

When she needs comfort, **HELP ME** to communicate care and understanding.

When she is weak or discouraged **HELP ME** find ways to refresh her spirit.

When doubt or darkness touches her, **HELP ME** to shine Your Light.

HELP ME as a caregiver to always trust in You as the source of my strength so that, by the power of Your Holy Spirit, I may overflow with the joy and peace and hope of Romans 15:13 that my loved one, and I, so desperately need on this caregiving journey. In Jesus name I pray, AMEN.



Opportunities

4 U held at

Tyler Road Baptist Church

571 S. Tyler Road

BLESSING GIFT
Make-&-Take
Wed. June 29 @ 1:00

TRAINING & SUPPORT June 1 @ 1:00 @ ZOO

Dementia Conference June 23, 8:00-4:30 In-person (\$55) or online (\$25)

Find out more <u>here</u> or at

316-267-7312

1820 E. Douglas, Wichita, KS

EMPOWERED SENIORS

June 9

Retirement Community Living

Watch past seminars on their youtube channel or

Fridays @ 8:30 p.m. PBS Repeats Sat. @ 3 on 8.1 & Sundays @5:30 on 8.2

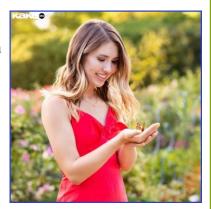
Happy Father's Day to my dad and father-in-law who both show the love of Jesus in their generosity and their commitment to their brides! (continued from p.2) and asked what was wrong. I related the events of the past hour or so and I told them I was very frightened. Without hesitation the sisters took me by the hands and said, "You are coming home with us. We will have about a mile walk, but we are used to walking of evenings." What a wonderful relief!!

When we arrived at their home, their Mom, Mary, was at the stove cooking the evening meal. She welcomed me with a smile as she handed each of us a glass of water. She was informed of my lost bus ride, and she replied, "Now you are safe and I'll have supper ready soon. We're having my stew and it will be ready in half an hour or so. A pudding will come out of the oven within the hour and it has fresh fruit." It all sounded good and tasted even better!

The house here belonged to Mary's sister. She said she ate at the office before coming home, but she wound up eating some of Mary's good pudding. She was busy on the telephone. Then she was resting and applying coldcream to her face and neck. I must have been watching intently, as she asked me if I would like to try some. I dipped a finger in the jar and found it smelled sweet. She said I doubt you need any yet, your skin is very nice.

I thanked them all for the good meal and friendship. I have tried to keep in touch with the girls through the years. Their kindness to me so long ago is a sweet memory that I have. Never forgotten. It is a story I tell on over and over. Indeed, youngsters can be as fine a hero as if they were 60! Youngster be sure and remember that!

On the heels of Aunt Babe's article above, I want to shine the light on the life of a "youngster" our family knew and who lived a life of servitude and faith. Nineteen -year-old Kaitlyn Greenman worked in a senior community (a field near and dear to my heart and calling!) and was furthering her studies in Health Care at WSU. She was known for her love for Jesus, her care for others, her joy, her kindness, and her compassion. Last month here in Wichita, her compassion led her to stop when she witnessed a rollover accident to give aid to the passengers. Shortly after stopping, she was hit by a motorcycle and later died from those injuries.



One definition of hero is a person noted for feats of courage or nobility of purpose, especially one who has risked or sacrificed his or her life. (Wordlink) Kaitlyn's hero and Savior was Jesus, who came to sacrifice His life for each of us.

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him." John 3:16-17 (NIV).

The Holy Scriptures also confirm that Jesus then rose from the dead after three days, walked this earth for another 40 days, and appeared to over 500 people before ascending into Heaven. Kaitlyn's father wrote, "Kaitlyn is dancing with Jesus." Kaitlyn is experiencing eternal life. None of us know when our life on earth will end, but we can have assurance of our eternal home by making that personal decision to believe in Jesus as Lord and Savior like Kaitlyn did. Then, we, too, can live a purposeful life of servitude because of our faith in Jesus. (We continue to pray for comfort and strength for the Greenman's as they grieve their loss and celebrate Kaitlyn's beautiful life.)

As we celebrate Father's Day, I felt it would be interesting to hear from our 41st president of the United States (whose birthday is also in June) and his words to his children concerning aging and the importance of family. He lived another 20 years after writing this, dying December 1, 2018, at the age of 94. The following was from the Fox News link https://www.foxnews.com/politics/george-h-w-bush-reflects-on-aging-and-the-importance-of-family-in-letter-to-his-children

George H.W. Bush reflects on aging and the importance of family in letter to his children

In the first of the series, Bush wrote in a letter to his children, dated September 1998, about aging: "Last year there was only a tiny sense of time left, of sand running through the glass."

Bush continued: "I want to put this aging on hold for a while now. I don't expect to be on the A-team anymore, but I want to play golf with you and I want to fish or throw shoes and I want to rejoice in your victories and I want to be there for you if you get a bad bounce in life and no doubt you will for the seas do indeed get rough."

The former president went on to talk about being "viscerally involved" in the life of his children. Bush had six children: former President George W. Bush, former Florida Gov. Jeb Bush, author Dorothy Bush Koch, businessmen Neil and Marvin Bush, and Robin, who died at age 3 of leukemia.

In his letter, Bush also joked with his family about getting emotional in his old age and talks about living a happy life.

"If I shed tears easier now, try not to laugh at me, because I'll lose more saline and that makes me feel like a sissy," Bush wrote. "And besides, it's okay to cry if you're a man, a happy man, me. All Bushes cry easily when we're happy or counting our blessings or sad."

In a video to accompany the excerpt, Bush's presidential library cobbled together videos of the former president and his family playing horseshoes, riding in a speedboat and enjoying meals at their estate in Kennebunkport, Maine.

"Remember the old song 'I'll Be There Ready When You Are," Bush wrote. "Well, I'll be there ready when you are where there is so much excitement ahead, so many grandkids to watch grow. If you need me, I'm here. Devotedly, Dad."

June's Touch Someone Challenge

"THE EYES OF THE WORLD

THE HOPES AND PRAYERS OF LIBERTY LOVING

GEN. DWIGHT D. EISENHOWER'S MESSAGI TO TROOPS BEFORE THE INVASION, 1944

PEOPLE EVERYWHERE

ARE UPON YOU.

Treat your father, or an adopted father, to an outing at our Sedgwick County Zoo. All dads are admitted FREE on Father's Day with an additional paid admission. Wheelchair rentals are \$10.

A DAY IN HISTORY: D-Day

Ouizlet.com

What year was D-Day and how old were you?

The Allies were attempting to win back WHO from Nazi Germany?

Where did this battle take place?

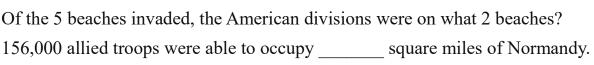
What was D-Day officially called?

What does the D in D-day stand for?

Who was the Supreme Allied Commander?

Who was the President of the U.S. at this time?

How many allied men were killed?



There were 10,000 planes and 7,000 ships used. On August 24, 1944, Paris was liberated.

"You are about to embark upon the Great Crusade, toward which we have striven these many months. The eyes of the world are upon you. The hopes and prayers of liberty-loving people everywhere march with you. In company with our brave Allies and brothers-in-arms on other Fronts, you will bring about the destruction of the German war machine, the elimination of Nazi tyranny over the oppressed peoples of Europe, and security for ourselves in a free world. . . The free men of the world are marching together to Victory! I have full confidence in your courage and devotion to duty and skill in battle. We will accept nothing less than full Victory! Good luck! And let us beseech the blessing of Almighty God upon this great and noble undertaking."

- Dwight D. Eisenhower (from goodreads.com)

tion to take place, Dwight Eisenhower, FDR, 11,000 men died, Utah and Omaha beaches, 80,000 square miles Answers: 1944, France, on the French beaches of Normandy, Operation Overlord, "D" esignated Day for the opera-



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Our days are happier when we give people
A BIT OF OUR HEART rather than
A PIECE OF OUR MIND.

More inspiration @ www.kscare.org www.facebook.com/kscare

This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.

OUR MISSION

Christian Fellowship

Activities

Respite

Equipping Volunteers

Enriching the lives of homebound seniors and their caregivers, and inviting our community to join us.

Community Projects

Action Opportunities

Resources

Education & awareness

OUR MOTTO

To captivate our community with the character of Christ through compassionate CARE

Board of Directors

Rhonda Turner Gwendolyn Lewis Chris Dennis Lyle Jones Michael Priddle Teressa Hatfjeld

Officers

Christine Brisco Dawn Roberts

KSC is a 501c3

OUR VISION

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing *CARE* for those God puts in their path.