

- \* Providing honor, help & hope for homebound seniors;
- \* Providing encouragement for widows, widowers, & caregivers;
- \* Providing volunteer opportunities for the community;
- \* Providing KOINONIA— Christian fellowship to “one another.”

www.ksccare.org  
316-209-9028

# KSC CONNECTION



## Koinonia Senior Care Newsletter

October 2021

*A word fitly spoken is like apples of gold in a setting of silver. Proverbs 25:11*



This month's *Blessing Gift* is an apple with a small dipping dish of caramel along with a Proverbs 25:11 devotion!

Tis the season of apples! Apples remind me of Proverbs 25:11. I value this Scripture for its emphasis on the appropriateness and timeliness of our words, whether they are said to others or even to ourselves. The beauty of well-chosen, positive, and affirming words can make even the most difficult conversations a healing balm that can grow or even restore relationships. The ability to instruct, explain, express feelings, convey encouragement or correction with clarity and grace is essential in our relationships.

What about the words we speak to ourselves? Why do we beat ourselves up and focus on the negative instead of accentuating the positive? One of my senior friends introduced me to the music of Bing Crosby. One of his songs is *Ac-Cent-Tchu-ate the Positive* and the words say,

*You've got accentuate the positive; eliminate the negative, latch on to the affirmative, don't mess with Mr. In-Between. You've got to spread joy to the maximum, bring gloom down to the minimum, **have faith**, or pandemonium is likely to come upon the scene.*

Words can build up or tear down. Harsh words cannot be retracted. Helpful unspoken words, can mean wasted opportunity. Pray that God will help you to extend your influence and impact for Him by the words you speak to others and yourself.

Affirmingly, *Christine*



OCTOBER

4, 11, 18, 25 GriefShare Support Group, ONLINE 7:00pm

6 Speaking at RCC 10:30

6 KSC Training 1:00

14 [Empowered Seniors](#) Botanica & online

27 Blessing Gift Make & Take

Thursdays @ 7:00 am ZOOM Conversations w/Christine

Thursdays @ 3:00 Bible study at Oxford Grand

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“Aunt Babe,” our guest columnist, writes about her reflections on life. She is 98 years young and is still using her gifts to bless others. She is an inspiration to me because she lives in a land of silence since her hearing loss 7 years ago, yet she so wisely encourages others to “keep a song in your heart.” See her article on page 2.



## Aunt Babe's Reflections

### 1959 Vacation

The splendor of the season, with its kaleidoscope of bright colors greeted us as we traveled for our 1959 vacation to the Northwest through Oregon, Washington, California, and into Canada. A blaze of rust, yellows, reds, and of course endless mountains of evergreen kept us adjusting our colored glasses. The beauty all around was captivating. It was all together different from our high plains, and was even more enjoyable since my parents were accompanying us. My brother Gaylord and his family lived in the Seattle area and they had been urging us to come at this season.

We began seeing saw mills and numerous large trucks hauling big logs. Trees, trees, and more lovely trees in every direction.

We had been aware that we didn't want to pass up any of our wonderful National Parks, which I think are our country's "crown jewels!" We soon approached the Sequoia Park of California. It is close to the highway which makes it convenient for travelers. We walk only a short distance from the parking area and are in the midst of the giant trees. Never have we seen anything of this size growing. A park ranger nearby said, "they are giants aren't they?" Inquiring of their age, he replied, (continued on page 3)

## Caregiver's Corner

- [40 Ways to Say "I Love You" in Middle & Late-Stage Dementia](#)



This collaborative work between a healthcare professional, caregiver, and relationship expert apply the 5 Love Languages to touch the lives of those living with Alzheimer's and those caring for them in a way that cultivates an emotional connection amid memory loss.

Click on the above link and scroll to page 10 to determine your loved ones "love language" and then to page 17 to find

40 practical ways to apply those in each of the 5 love languages. The book also addresses the challenges and stresses of the caregiver journey.

**You can check this book out of Koinonia Senior Care's Lending Library if you live in the Wichita area.**



## Opportunities

### 4 U held at

Tyler Road Baptist Church

571 S. Tyler Road

### BLESSING GIFT

### Make-&-Take

**Wed. Oct. 27 @ 1:00**

### October TRAINING

**Oct. 6th @ 1:00**

**Alzheimer's Assoc. has access to many virtual groups across the state & country. Contact their 24/7 hotline at 1-800-272-3900 or locally 316-267-7312**

1820 E. Douglas, Wichita, KS

### EMPOWERED SENIORS

October 14

10-11:30 am

Botanica

"Scams & Other Plots"

[RSVP](#) in-person or ZOOM  
316-686-4500

### Estate Sale Consideration

After family gets what they want from the family furnishings, consider donating the rest to KSC as a fundraiser Estate Sale

(cont. from page 2) “no one here knows, but perhaps since the beginning of time,” and added, “they would have been here when Jesus walked the earth.” As to questions concerning fire hazard, he said, “Look closely to the five inch thick bark. It is “fire proof.” Mother Nature has protected them!

The extremely tall trees had hidden the high-noon sun and it was cool among the Sequoia. There was a huge grey stump just to our right which showed large blade marks of some sort. Three of us stretched our arms out as wide as possible and we didn’t even measure a fourth-way around. We have pictures to show, but it appeared to perhaps be 50 feet around.

In front of us was a huge tree tagged “General Sherman Tree.” Next to it was a hollow log with a notation that General Sherman had safely stabled his company with horses inside the log many years ago and they had been safe from the enemy in time of war. You sensed that they had witnessed events from long long ago. Prayers of gratitude were overflowing. You definitely had a sense of your smallness in the presence of these giants.

It was quiet here and nothing moving except some beautiful Monarch butterflies flitting among the forest of Sequoia. I was reminded of a fitting poem I love, “Trees,” which ends with these lines.

*Poems are made by fools like me, but only God can make a tree!*

All said, Amen!! God saw all the He had made, and it was very good. Genesis 1:31



#### ADVICE FROM A BUTTERFLY

Let your true colors show. **Get out of your cocoon.**

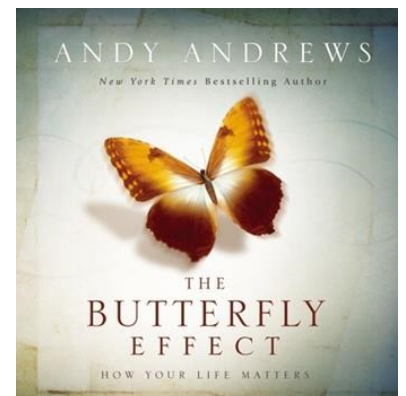
**Take yourself lightly.** Look for the sweetness in life.

Take time to smell the flowers. **Catch a breeze.**

**We can’t all be monarchs!**

#### The Butterfly Effect: Everything You Do Matters. By Andy Andrews

Life during and after a global pandemic has many asking, is the butterfly effect true? How do the decisions you make and the way you treat others impact the world? Speaker and New York Times bestselling author Andy Andrew shares a compelling and powerful story about a decision one man made over a hundred years ago, and the ripple effect it has on us individually, and nationwide, today. The Butterfly Effect: Is a story that will inspire courage and wisdom in the decisions you make and will affect the way you treat others throughout your lifetime.



This book is one of many good reads in KSC’s Lending Library for those living in the Wichita area.

Marilyn, my dear senior friend who has gone to be with the Lord, gifted me a file of newsletters she had been saving for years. She figured I could use some of the stories in our KSC Connection Newsletter. She was right! Thank you, Marilyn, for your thoughtful gift.



### *Apples & Jesus*

Author Unknown

Several years ago a group of salesmen went to a regional sales convention in Chicago. They had assured their wives they would be home in plenty of time for Friday night's dinner. In their rush, with tickets and briefcases, one of these salesmen inadvertently kicked over a table which held a display of apples. Apples flew everywhere. Without stopping or looking back, they all managed to reach the plane in time for their nearly-missed boarding. ALL BUT ONE! He paused, took a deep breath, got in touch with his feelings and experienced a twinge of compassion for the girl whose apple stand had been overturned. He told his buddies to go on without him, waved good-bye, told one of them to call his wife when they arrived at their home destination and explain his taking a later flight.

He returned to the terminal where the apples were all over the terminal floor as was glad he did. The 16-year-old girl was totally blind! She was softly crying, tears running down her cheeks in frustration, and at the same time helplessly groping for her spilled produce as the crowd swirled about her, no one stopping and no one to care for her plight. The salesman knelt on the floor with her, gathering up the apples, putting them back on the table and helping her organize her display. As he did this, he noticed that many of them had become battered and bruised; these he set aside in another basket. When he had finished, he pulled out his wallet and said to the girl, "Here, please take this \$40 for the damage we did. Are you okay?" She nodded through her tears.

As the salesman started to walk away, the bewildered blind girl called out to him "Mister..." He paused and turned to look back into those blind eyes. She continued, "Are you Jesus?" He stopped in mid-stride and humbly went back and said, "No, I am nothing like Jesus. He is good, kind, loving, and would never have bumped into your display in the first place." The girl gently nodded and said, "I only asked because I prayed for Jesus to help me gather the apples. He sent you to help me, so you are like Him—only He knows who will do His will. Thank you, for hearing His call, Mister."

The salesman slowly made his way to catch the later flight with that question burning and bouncing about in his soul, "Are you Jesus?" Do people mistake us for Jesus?



## October's Touch Someone & Brain Game Challenge

Pick up one of KSC's Blessing Gifts and deliver to a homebound senior or make your own! Mail a copy of this month's devotion with a note that you are thinking of them. Play a brain game and see how many words you can come up with from the word APPLES (I found 17. Can you beat that?)



### 1-2-3 APPLE DUMPLINGS

One of our Grief Share groups gathered recently for a fellowship and Shelley made these EASY & DELICIOUS dumplings that I'm sure you'll want to make for someone special, too!

Preheat oven to 350.

2 Granny Smith apples (peeled, cored, and quartered)

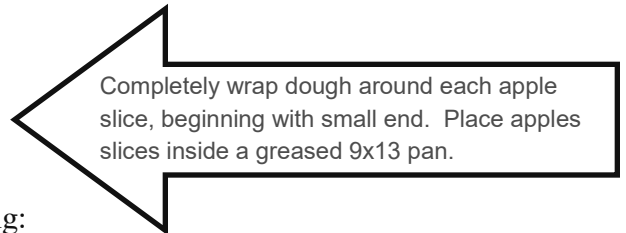
2 refrigerated crescent roll dough

Mix Topping Together and put a dollop on top of each dumpling:

1 Stick butter (softened, but NOT melted) 1 C. Brown Sugar, 1 t. Cinnamon

Pour 8 oz. of a Sprite or 7-up around the edges of the pan.

Bake 40 minutes and enjoy the aroma and delicious flavor with friends and family. Serve with ice cream!



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**Did You Know?** To hand you a KSC Newsletter costs \$.25. To mail you a newsletter costs \$.38. So for less than \$5/year, you can have a subscription to the KSC Connection Newsletter delivered right to your home and **have some mail worth reading!**  
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## Fall Pumpkin Denim Quilt Fundraiser for Koinonia Senior Care

Irma, one of our faithful and talented volunteers, made this denim quilt for our fundraiser. **The bidding starts at \$50. Text or call Christine with your bid. We will also have the current bid on our website, [www.kscare.org](http://www.kscare.org). Bidding closes mid-night, October 31st. (S/H will be added if winning bid is from out-of-town)**





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### **PERSPECTIVE:**

**We'll be friends until we're old  
and senile, then we'll be new  
friends!**

More inspiration @ [www.kscare.org](http://www.kscare.org)

 [www.facebook.com/kscare](https://www.facebook.com/kscare)

***This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.***

### **OUR MISSION**

Christian Fellowship  
Assistance  
Respite  
Errands & transportation

**Enriching the lives of  
homebound seniors and  
their caregivers, and  
inviting our community to  
join us.**

Community Projects  
Action Opportunities  
Resources  
Education & awareness

### **OUR MOTTO**

To captivate our community  
with the character of Christ  
through compassionate  
**CARE**

**KSC is a 501c3**

### **OUR VISION**

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

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