

## **COMMUNITY VOLUNTEER IDEAS**

Our vision is to be a model community of churches, neighbors, and businesses who bring moments of joy, honor, help and hope to widows and widowers and the aging and their caregivers.

### **Small Group Outreach:**

- \* Christmas caroling,
- \* Yard cleanup or snow removal,
- \* Visit and play games in a local senior adult community.

### **High School & College Outreach:**

- \* *NHS Project Honor* – NHS connects H.S. students with nearby homebound seniors
- \* *Sports Team Game Day Visit* – sports team (wearing jerseys) visit a senior facility near their school on game day, bearing carnations, smiles, and honor
- \* *Senior to Senior Pen Pal*

**Business Beyond the Book:** Doctors, pharmacists, and other businesses with an older adult clientele show they care about their seniors by partnering with KSC to deliver gifts on senior birthdays and/or various holidays such as Veteran's Day, May Day, Valentine's Day...

### **Neighborhood WE CARE COMMUNITY**

- \* Grocery runs or take them to doctor appointments,
- \* Visits from kids to give hugs and say "hello,"
- \* Shovel snow, rake leaves, other home projects that need done,
- \* Take them their mail each day,
- \* Play a game together,
- \* Take them on a walk (walker/wheelchair) when the weather is nice through the neighborhood,
- \* Watch a weekly TV show, movie, or sport with them,
- \* Share a home cooked meal with them,
- \* Do their PT/OT exercises with them,
- \* Record their stories in a book for them,
- \* Read to them or get books from the library for them,
- \* Use ideas from [KSC's monthly newsletter](#)

### **Church Involvement**

- \* Lead Bible studies in assisted living facilities,
- \* Try a VBS with an emphasis on Aging Awareness and senior participation,
- \* Christmas caroling,
- \* See Church Care tab on KSC website for more ideas.

### **KSC Resources Available to the Community**

- \* *KSC Connection* - monthly newsletter
- \* *Blessing Gifts* - monthly gift for your senior visits
- \* *Linda's Lending Library* - encouragement (books, articles, DVDs) for seniors, caregivers and those grieving
- \* *Legacy Journals* - to record homebound senior stories
- \* Keynote Speaker for events
- \* *Movie Nights* viewing guides and DVD loans
- \* Training - monthly volunteer training to give confidence and tips to those who visit
- \* Senior Gift ideas - many of which are made *for* seniors *by* seniors