

COMMUNITY VOLUNTEER IDEAS

Our vision is to be a model community of churches, neighbors, and businesses who bring moments of joy, honor, help and hope to widows and widowers and the aging and their caregivers.

Small Group Outreach:

- * Christmas caroling,
- * Yard cleanup or snow removal,
- * Visit and play games in a local senior adult community.

High School & College Outreach:

- * *NHS Project Honor* – NHS connects H.S. students with nearby homebound seniors
- * *Sports Team Game Day Visit* – sports team (wearing jerseys) visit a senior facility near their school on game day, bearing carnations, smiles, and honor
- * *Senior to Senior Pen Pal*

Business Beyond the Book: Doctors, pharmacists, and other businesses with an older adult clientele show they care about their seniors by partnering with KSC to deliver gifts on senior birthdays and/or various holidays such as Veteran's Day, May Day, Valentine's Day...

Neighborhood WE CARE COMMUNITY

- * Grocery runs or take them to doctor appointments,
- * Visits from kids to give hugs and say "hello,"
- * Shovel snow, rake leaves, other home projects that need done,
- * Take them their mail each day,
- * Play a game together,
- * Take them on a walk (walker/wheelchair) when the weather is nice through the neighborhood,
- * Watch a weekly TV show, movie, or sport with them,
- * Share a home cooked meal with them,
- * Do their PT/OT exercises with them,
- * Record their stories in a book for them,
- * Read to them or get books from the library for them,
- * Use ideas from [KSC's monthly newsletter](#)

Church Involvement

- * Lead Bible studies in assisted living facilities,
- * Try a VBS with an emphasis on Aging Awareness and senior participation,
- * Christmas caroling,
- * See Church Care tab on KSC website for more ideas.

KSC Resources Available to the Community

- * *KSC Connection* - monthly newsletter
- * *Blessing Gifts* - monthly gift for your senior visits
- * *Linda's Lending Library* - encouragement (books, articles, DVDs) for seniors, caregivers and those grieving
- * *Legacy Journals* - to record homebound senior stories
- * Keynote Speaker for events
- * *Movie Nights* viewing guides and DVD loans
- * Training - monthly volunteer training to give confidence and tips to those who visit
- * Senior Gift ideas - many of which are made *for* seniors *by* seniors