

RESPITE CARE TEAM NOTES

Senior in need of respite _____

Senior we will be visiting with _____ DNR? _____

Address _____ Phone _____

Emergency contact _____

Day of Week _____ Time _____

Week of month I am volunteering for _____

Others who are providing respite for them (in case we need to switch weeks):

Name _____ Wk # _____ Phone _____

Name _____ Wk # _____ Phone _____

Name _____ Wk # _____ Phone _____

Name _____ Wk # _____ Phone _____

RESPITE CONSIDERATIONS:

- Call the day before to remind them you will be coming.
- Take your copy of *Get to Know You Better* interest survey or *Adopt-a-Senior* brochure.
- Take or think of activities and conversations to have.
- Take Sunday's church bulletin and use as a discussion topic.
- Plan your time with a devotional, communion, hymns, music, instrument.
- Take your own snacks and drink.
- Go potty at home before heading to their residence.

It's always good to know CPR or brush up on it with an online video (YouTube: *2017 Hand-Only CPR Instruction Video*) and to know if the person has a DNR (usually on the refrigerator).

