

IN-HOME VISIT HELPS

- Make sure to have a background check on file with the church when working with the elderly and children under 18.
- Call ahead so they can be dressed and prepared for your visit.
- It's helpful to wear a church name tag identifying who you are and who you are with.
- Use a breath mint or chew some gum for fresh breath.
- Review senior's *Get to Know You Better* interest sheet and the *Adopt-a-Senior* brochure.
- Go to the bathroom at home so you don't need to use theirs.

MEETING THEIR NEEDS FOR JOY

Jesus – Spiritual: devotion, prayer, communion, Sunday's bulletin

Others – Social: listening, activities, 5 Love Languages

You – Significance: What makes them feel needed? Help them to extend the 5 Love Languages to others, affirmation deck of cards, "Teach me how to..."

5 LOVE LANGUAGES

- Touch – many have not been hugged or touched all day.
- Words of affirmation – (see handout or Affirmation Deck)
- Acts of Service – "Is there anything I can do for you while I am here?"
- Quality Time – focus on them, not your watch; be *all in* and unplugged
- Gifts – take them a small gift, something you know they may enjoy. It can be a scripture verse in a stand-up plastic frame, Blessing Gift, muffins...

BEFORE YOU LEAVE

- Pray with them
- Blessing: Numbers 6:24-26 or Romans 15:13

May the LORD bless you and keep you. May the LORD make his face shine on you and be gracious to you. May the LORD turn his face toward you and give you peace (Numbers 6:24-26).

May the God of HOPE fill you with all joy and peace as you trust in him, so that you may overflow with HOPE by the power of the Holy Spirit (Romans 15:13).