

Blessing Gifts



Blessing Gifts are homemade expressions of compassion, and spiritual encouragement, personally delivered to homebound seniors.

How Can I Bless a Senior?

- 1) Think of a senior who may be lonely or in need of encouragement. Consider family members, neighbors, family friends, or members of your church.
- 2) Make a gift at a Make-It-and-Take-It event (call 209-9028 for meeting times) or ask for a Blessing Gift from your Church Care Coordinator.
- 3) Deliver the Blessing Gift. You may want to call ahead so the senior is expecting you. Plan to visit for 15-30 minutes when you deliver the gift. Remember it's not about delivering the gift; it's about the visit.

How Can I Bless a Caregiver?

- 1) Think of someone who is caring for an aging family member, or consider the caregivers working in a care facility where a family member or friend lives.
- 2) Bake a treat (cookies, banana bread, muffins).
- 3) Write a simple card or note to encourage the caregiver in his or her often overlooked but significant role in the life of a senior.
- 4) Deliver the homemade treat and note to the caregiver or care facility.



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Koinonia Senior Care

Blessing Gifts are tools of encouragement with a purpose. They provide a fun way for volunteers to bless homebound seniors and their caregivers with fellowship and value.

Q & A

Can I deliver more than one Blessing Gift?

Yes, you can. Some volunteers deliver to two or three seniors. We discourage delivering to more than three seniors so you will have the time needed to visit with and build a relationship with the seniors.

What if I don't know a senior who would like to receive a Blessing Gift?

You can ask a pastor at your church for the name of a senior from your church who may not have family living nearby or who may not be able to easily leave his or her home. You can also visit a care facility near your home and ask for a referral of a senior who does not often receive visitors.

What if my church doesn't have a Blessing Gifts coordinator?

You can contact KSC at 209-9028 to join a Make-It-and-Take-It event or you can pick up a pre-made gift at the KSC ministry office.