

- * Providing honor, help & hope for homebound seniors;
- * Providing encouragement for widows, widowers, & caregivers;
- * Providing volunteer opportunities for the community;
- * Providing KOINONIA— Christian fellowship to “one another.”

www.kscare.org
316-209-9028

KSC CONNECTION



Koinonia Senior Care Newsletter

July 2021

WHATS ON YOUR phone

Cameras. I seldom use a real camera anymore. I take pictures on my phone and have over 24,000 photos and 2,600 videos saved on it. I am intrigued by the stories my photos tell. This month I am sharing some of those stories from the past 4 weeks-worth of photos. I invite you into my world with the life lessons I'm learning from my aging friends and the beauty I'm breathing in from God's creation! Our website has these photos in color! Click on our *newsletter* tab at www.kscare.org Enjoy the phone game on p. 5- *Christine*



I took pictures of these stately towers of flowers from my in-law's backyard. I will show these hollyhock pictures to my mother-in-law who lives in LTC.

A west Wichita wheat field at sundown two days before harvesting. Reminds me of the beauty to behold in our sunset years.



JULY

4 Independence Day

7 KSC Training

12 GriefShare Support Group, ONLINE 9:30am & 7:00 pm

14 "Loss of Spouse" 11am ONLINE

28 Blessing Gift Make & Take

Thursdays @ 7:00 am ZOOM Conversations w/Christine

Thursdays @ 3:00 Bible study at Oxford Grand

~~~~~  
"Aunt Babe," our guest columnist, writes about her reflections on life. She is 98 years young and is still using her gifts to bless others. She is an inspiration to me because she lives in a land of silence since her hearing loss 7 years ago, yet she so wisely encourages others to "keep a song in your heart." See her article on page 2.



## Aunt Babe's 98th Birthday Reflections

"Young at Heart.  
Slightly older in other  
places!"



## Opportunities

4 U held at

Tyler Road Baptist Church

571 S. Tyler Road

### BLESSING GIFT

Make-&-Take

Wed. July 28

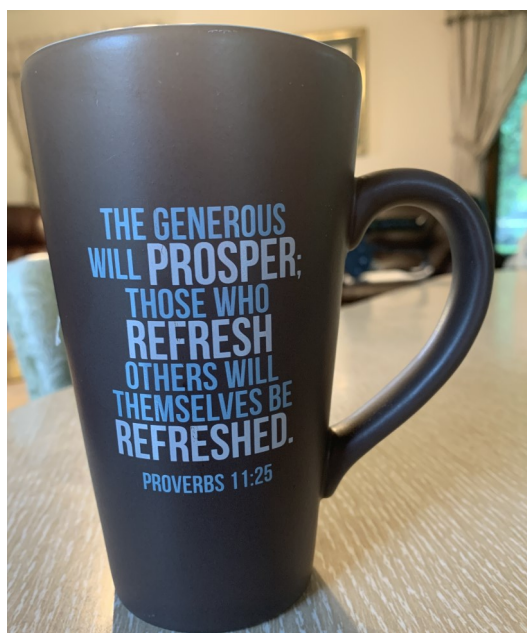
July TRAINING

July 7

The Alzheimer's Association offers many informational resources online at [www.alz.org](http://www.alz.org). Click on "Alzheimers & Dementia" and choose your topic.

1820 E. Douglas, Wichita, KS  
316-267-7312

## Caregiver's Corner



*Father God, thank You for care-givers. Whether by choice or by need they place another's needs above their own. Please guide them and help them see they must take care of themselves too. I pray they come to You for strength, for wisdom, and for rest. AMEN*

Call KSC for respite or help in coordinating family, friends, and church to give you time away to recharge and refresh.

316-209-9028

## Thank you

*To those who gave of their time, their talents, and their treasures last month to KSC!*

### Memorial Gifts

Richard Teter

*Giving isn't only about making a donation; it's about making a difference.*



## OUR ZOO DAY WINNERS! Meet Ken & Pat



Ken and Pat spent a June afternoon at the *Sedgwick County Zoo* with *Koinonia Senior Care*'s Patty and Christine. Ken and Pat are an inspirational couple as they enjoy each day with a smile, a little humor, and a lot of love. In the car on our way to the zoo, Pat lovingly holds Ken's hand and says to Ken with a smile, "I hope we don't lose you at the monkeys!" Their love for each other is outwardly expressed through holding hands whenever they are next to each other. They are also celebrating their 70th wedding anniversary this fall. Priceless! Thank you to one of our *donor champions* who called and said she wanted to sponsor this trip to the zoo! She paid for everything, including many fun gift shop items and money that covered food and making a photo scrapbook of their zoo adventure! We will be having another drawing in May next year, so be looking for your opportunity to enter!

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*Gerri has taught me  
the value of receiving photos  
from family and friends.*

She commented that everyone keeps them on their phone nowadays and seldom print them anymore. We spent 20 minutes enjoying the photographs and stories of those faces on her refrigerator. Keep printing and sending photos! They are priceless!

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One of our long-time senior friends has moved to another state to be close to her daughter. Donna is handy dandy on the cell phone and will get even more practice texting and sending pictures of her new place!



*Losing a loved one  
is one of the hardest things many of us will ever face.*

[GriefShare](http://www.griefshare.org/) helps group members apply biblical principles to the healing process after the death of a loved one. Throughout the videos and workbook (which provide biblical instruction from trusted experts), participants see how the gospel brings hope and restoration. They offer daily emails for the journey of grief, online resources, and 13-week local support group finder and registration at <https://www.griefshare.org/>



**Join us online or in-person for this Grief Share seminar at one of the dates/times below.**

July 14th @ 11 am ONLINE

August 11th @ 11 am Pathway Church

**To view short video invitation, click/go online to <https://vimeo.com/277009974>**

**This 2-hour seminar includes a short video with interviews from respected Christian counselors, authors, and pastors, along with group discussion and a helpful booklet (\$5).**

**For questions, about GriefShare, call Christine at 316-209-9028. To register, for “Loss of Spouse” or a 13-week support group in your area, go to [griefshare.org](http://griefshare.org) and type in your zip code to find one near you.**

[Dignity Memorial](http://www.dignitymemorial.com/support-friends-and-family/grief-library) also has a list of resources to guide you through the grief process and can be found at <https://www.dignitymemorial.com/support-friends-and-family/grief-library>



*There's a  
beauty  
unmatched  
by a woman  
in her 90's  
who loves  
Jesus!*





## July's Touch Someone Challenge

Celebrate National Ice Cream Month and National Watermelon Month with your loved ones, the elderly, or those God puts in your path this month. You'll be glad you took the time to slow down, celebrate, and socialize!

### What's On Your Phone?

Check your phone for items on the list. The person with the most points wins!

#### 1 POINT

- A weather APP
- Alarm clock ON
- Battery over 25%
- Use flashlight

#### 5 POINTS

- Health APP
- Contacts include KSC
- Updates are updated
- Voicemail is set up

#### 10 POINTS

- Text on flip phone
- Bible APP
- Use NOTES APP
- Have > 2k photos

### ADVICE FROM A FROG

Make a splash

Look before you leap

Don't jump to conclusions

Enjoy a good swim. Try the frog kick!

Stretch your legs often

Spend time at your pad

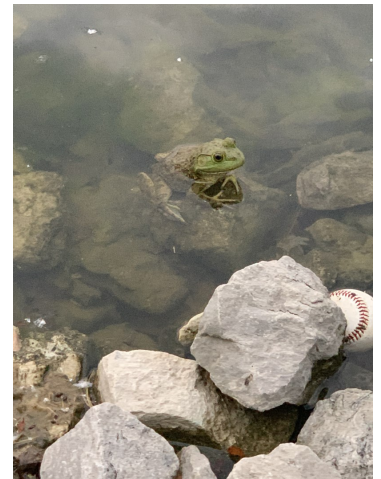
Don't forget how ribbit-ing you are

Hop to it!

Fully Rely On God

Do you see the frog?!

***Some things in life  
are right in front of us  
if we look hard  
enough.***





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**Wichita, KS 67235**

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**INTERRUPTIONS**  
**are opportunities**  
**with your eyes closed.**

More inspiration @ [www.kscare.org](http://www.kscare.org)

 [www.facebook.com/kscare](https://www.facebook.com/kscare)

***This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.***

#### **OUR MISSION**

Christian Fellowship  
Assistance  
Respite  
Errands & transportation

**Enriching the lives of  
homebound seniors and  
their caregivers, and  
inviting our community to  
join us.**

Community Projects  
Action Opportunities  
Resources  
Education & awareness

#### **OUR MOTTO**

To captivate our community  
with the character of Christ  
through compassionate  
**CARE**

**KSC is a 501c3**

#### **OUR VISION**

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

#### **Board of Directors**

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Lyle Jones  
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