



***And he said to them,  
"Follow me, and I will  
make you fishers of  
men." Matthew 4:19***

1. **WAKE UP** – the early bird gets the worm
2. **DRESS UP** – with a smile and your fishing gear
3. **LOOK UP** – keep your eyes focused on God
4. **READ UP** – on the Proverbs chapter of the day
5. **LIFT UP** – your catch with thanksgiving
6. **BRIGHTEN UP** – someone's day. Share your Fish story.
7. **NEVER GIVE UP** – cast your net on the other side!

Blessing Gift made by: Koinonia Senior Care  
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## Blessing Gift: 7 UP-lifting Thoughts For the father fisherman in your life.

(Father's Day gift)

### SUPPLIES:

Baggies

Gather sticks that are taller than the 7-up can

Wire cutters to cut twigs with

Fishing bobbers

Fishing line

Cards (above) printed on cardstock

Hole punch

Scissors

Gummy worms

Snack bags

White curly ribbon

### INSTRUCTIONS:

Cut the sticks with wire cutters to a length taller than the 7-up can

Punch 2 double-holes to fit size so that the twig will fit through them

Feed the twig through the holes

Take 6" of fishing line and tie to top of twig.

Take other side of fishing line and connect both ends of the bobber to it.

Wash hands. Put 2 gummy worms in each snack bag and seal.

### ASSEMBLE:

1. Put in 7-up can
2. Add card and make sure bobber sits on top of can
3. Set a snack bag of gummy worms next to the can in the bag
4. Seal baggie with curly ribbon

