


# Rehab Scripture

Hebrews 12:11-13

<sup>11</sup> No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

<sup>12</sup> Therefore, strengthen your feeble arms and weak knees. <sup>13</sup> “Make level paths for your feet,” so that the lame may not be disabled, but rather healed.

- Persevere in times of trials!
- Train your spiritual muscles for faith and your physical muscles for endurance
- Our soul and our body need discipline and correction for right living
- REHAB with  & Physical Therapy