

PROVIDING...

- * honor, help & hope for homebound seniors, wherever they call home;
- * encouragement for widows & caregivers;
- * awareness & action opportunities for the community.

KOINONIA—"Spiritual community or Christian fellowship"

KSC CONNECTION



www.kscore.org
316-209-9028



Koinonia Senior Care Newsletter

May 2020



I want to give a great big SHOUT OUT to my mom and all the moms out there who serve tirelessly and joyfully for their children—at any age!



Many of you have met my mother. She is the faithful figure behind –the-scenes, serving my family and our ministry. Since Dad retired, she has him involved, too! They do things as a couple—except for golf. They worked together in the family business until they retired. They have been at each other's side through the celebrations and the defeats. They complete each other. They are opposites in many ways, but their foundation in Christ is rock solid and draws them in a love triangle with God. They have passed the importance of their faith, family, and focus on serving others to their three daughters. Mom's health is slowing down and I see her struggle with that a bit. Her spirit is willing, but her body just doesn't want to keep up! I've always said, "Change is inevitable; adjustment is required." She's adjusting, once again, but like this bouquet of tulips and her smile, she's a beautiful reflection of God's love to those who have met her. And I've been blessed to call her, "MOM." I love you, Mom. Here are my words for you in this season of life.

Ministers to others even when she doesn't feel the greatest

Outstanding cook & home decorator

Teacher of good character by example

Hallmark movie lover and card sender

Energy seeker, enjoys good humor

Recipe finder on Facebook

The world has turned upside down. Old folks are sneaking out of the house, and their kids are yelling at them to stay indoors!

What words would you put in the acronym for your mother?



MAY

6 KSC Training—Online

27 KSC Blessing Gift Make & Take

Grief Share Support Group,
Pathway—Tuesdays 10am
ONLINE

Thursdays @ 3:00 Bible study at
Oxford Grand when reopened

Other Days to Remember

1 May Day

4 Bird Day

5 Cinco de Mayo

6 Nurses Day

7 Nat'l. Day of Prayer

10 Mothers Day

16 Armed Forces Day

25 Memorial Day

Thank you

40 families donated to KSC
through Dillon's Community

Rewards 1st Quarter:

\$196.04

Widows & Widowers

When we lose a spouse, there are 20-30 secondary losses we experience on the journey of grief. Here are a few:

Loss of confidant, advisor, support system, one who kept you grounded

Loss of being known for your strengths & weaknesses, yet still being loved

Loss of movie partner, dance partner, out-to-eat partner

Loss of “couple” friends

Loss of worship partner, spiritual partner

Loss of errand-runner, trashman

Loss of financial stability and bill payer

Loss of laundry expert, meal maker, holiday planner, gift buyer

Loss of gas-tank filler and car maintenance

Loss of lawn care expert, landscaper, garden caretaker, tree/bush trimmer

*You are my refuge
and my shield; I
have put my hope in
your word.*

Psalm 119:114

Caregiver's Corner

March-April-May have been a difficult months for caregivers. Some have had to place their loved one in memory care or long-term care recently, only to be separated by the stay-at-home order and the lock-down of nursing facilities for the protection of the residents. Some have lost their loved one, either by natural causes or COVID-19 and are grieving alone, with little closure and delayed memorial services. Some 24/7 caregivers have little respite during this time and are exhausted and sleep deprived. Others are making choices as to what to do next concerning their loved one and when is the best time to make a move.

Each of you are grieving—grieving what was and moving forward to what is. In these emotionally difficult times, I know of only one place to turn, and that is to Jesus. You are never alone. Even though you may not *feel* God's presence, He is with you, my friend! Humanly speaking we want God to take this cup from us—like Jesus cried out, but then He said, “Yet not my will, but Yours.”

It is in that confession when we begin healing. We begin to worship and praise God and recharge and renew. Today, “I am hurting, God, but I trust You.”

Verses to encourage you: Matthew 11:28, Isaiah 40:31, 1 Thessalonians 5:16-18, and Hebrews 11:1.



Opportunities

4 U held at

Tyler Road Baptist Church

571 S. Tyler Road

BLESSING GIFT

Make-&Take

Wed. May 27

May TRAINING

Online May 6

The Alzheimer's Association offers many informational resources online at www.alz.org. Click on “Alzheimers & Dementia” and choose your topic.

1820 E. Douglas, Wichita, KS
316-267-7312

Thank you

Ways to \$ donate \$ to Koinonia Senior Care

⇒ **[Online Website](#)**

⇒ **Estate Planning**

⇒ **Dillons/Amazon**

⇒ **Memorials**

Giving isn't only about making a donation; it's about making a difference.

COVID-19 and KSC

With COVID-19 our services and ministry still look a little different, but the blessings abound!

- We are sending bookmarks, “Lifesaver” *Blessing Gifts*, and “Stress Relief” *Blessing Gifts* of encouragement to the staff of senior communities. You can find the instructions on how to make all of these on our website, under [Toolbox, Blessing Gifts](#).
- In the month of April, our staff and volunteers sent 309 cards, called 182 seniors to check in on them, had numerous texts, and hand-crafted 86 masks!
- May 1st KSC volunteers will leaveover 50 May Day “baskets” on the door handles of local senior homes.
- I received a call recently from an assisted living resident thanking KSC for showering the Bible study group weekly with words of encouragement, activities, etc.
- Texting is always fun with a senior who is not afraid to try it. I leave you with some of my daily texts with a homebound senior. She rocks my world with her enthusiasm for Jesus!



May you know and feel a part of what God is doing through KSC because without generous givers, volunteers and prayer warriors, this ministry would not be! Period! Thank you!



SCAM ALERT In these times of uncertainty, please be extra cautious about scams. Recently, scammers have been contacting people by phone, text, and email, claiming to have information about the government’s stimulus check, people in your neighborhood infected with Covid-19, ways to clean your home, and ways to test for the Coronavirus.

Be very cautious about responding to any of these inquiries.

If an email or text has a link in it, DO NOT click on it. If you think the email is genuine, google the name of the company to make sure you are getting to the authentic website.

If an email or text asks for a username or password, DO NOT enter it. Again, go directly to the website or find the phone number independent of the email or text.

Never give someone your social security number or credit card number over the phone, in a text, or in response to an email UNLESS YOU HAVE CALLED THEM DIRECTLY.

Tobey's Scribbles & Sketches Studio

Ruby Tobey, Artist * 2305 West 32nd St. So. * Wichita, KS 67217 * (316) 942-5456

E-Mail Address: rtobey@cox.net

SPRING DEVOTIONAL 2020

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In my back yard the crocus bloom, then the early daffodils, and then the tulips start. In mid April the early iris start to come out. From then on the rest of the iris bloom in many colors, along with larkspur, primroses, and lilacs.

Each morning I look out my back door to see what new flowers are blooming. For those weeks it's a wonderland to me. I feel so blessed to have made it to see another Spring. What a beautiful world God created when he set nature in force.

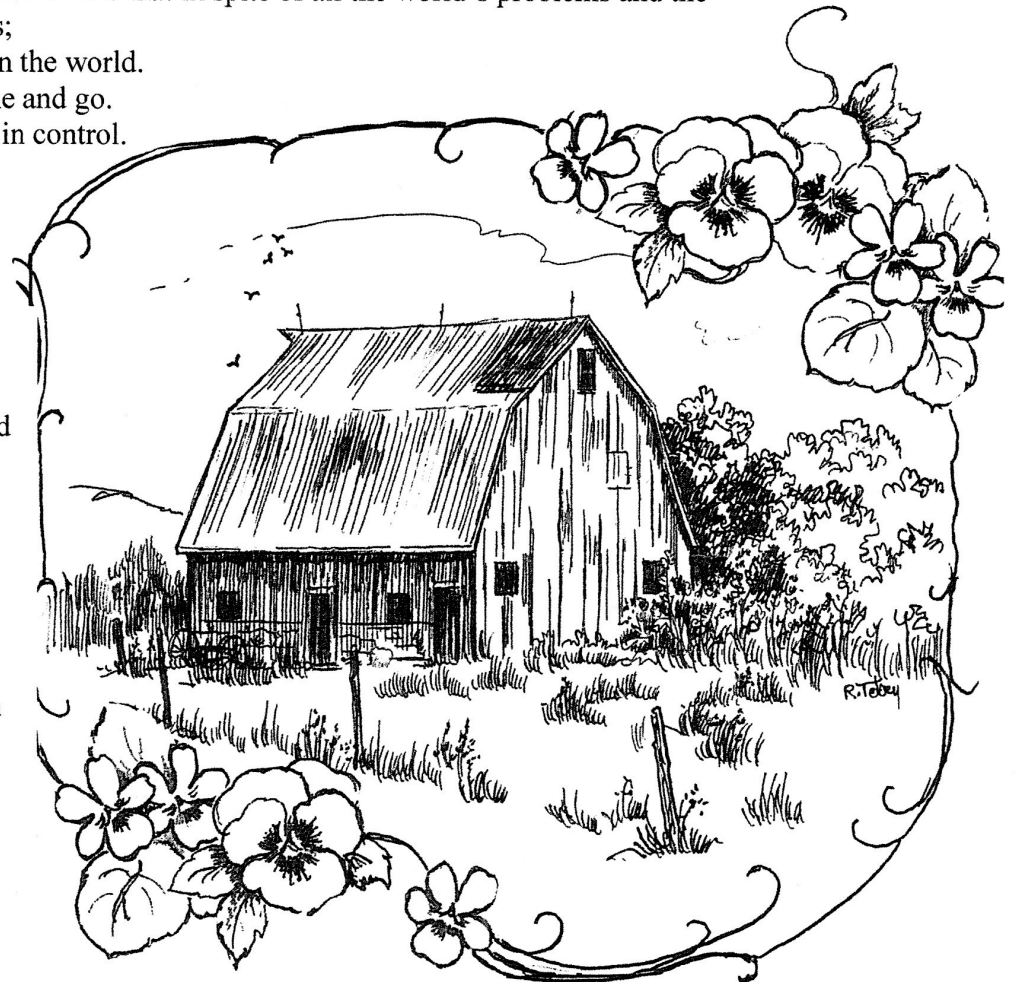
Seeing this floral beauty reminds me that in spite of all the world's problems and the constant barrage of bad news;

1. There is still beauty in the world.
2. The seasons still come and go.
3. God is still there and in control.

His Loving Touch

The might and majesty of God
expressed in the starlight.
The glory of the sunset
before the fall of night.
The awe it inspires
to see a perfect flower,
it's sweet smelling petals
showing His gentle power.
And now I need to thank Him
for giving earth so much
of His creative mastery,
and His loving touch.

© Ruby Tobey



*I will give thanks to the Lord with all my heart. I will tell of all your wonders.
Psalm 9:1*

May Touch Someone Challenge

Loneliness is high during this Coronavirus pandemic. Inundate the mailboxes of homebound seniors with cards and letters again this month. Set your alarm at a certain time each day to call them, too! **May 4th is Bird Day**—Perhaps take pictures or books of birds and nature and maybe even a copy of this newsletter!

Meet Local Artist and Writer Ruby Tobey

Ruby Tobey | Wichita, KS

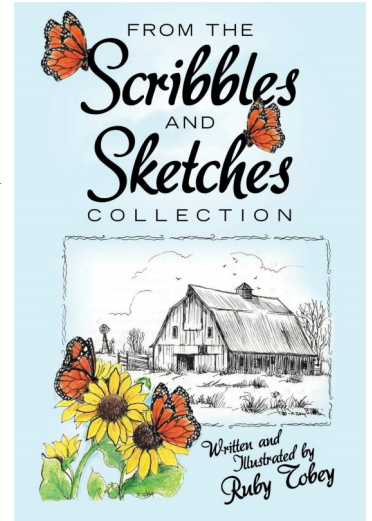


I met Ruby at a vendor exhibit about 5 years ago and we have kept in touch. KSC has been blessed by her generosity and giftedness. We celebrate her because she is one of our active seniors using her gifts and talents for the Lord. (See picture & poem at left) Ruby had her spring newsletter off to print before the COVID-19 was in our area, but God knew, and used her to touch many for Him through her gifts..

Ruby creates ink and watercolor paintings of barns, windmills, and wildflowers. She also designs them on china and assembles calendars of her creations. Currently she does demos for local clubs and is willing to teach one-on-one.

In Ruby's book, [*Scribbles and Sketches*](#), she expresses her gifts with verses (scribbles) and drawings (sketches). Ruby writes about nature, family, flowers, and everyday happenings. Each thought is accompanied with an inspiring scripture and her black-and-white sketches. You will find new appreciation for God in her writing as well as enjoy her many drawings. I love her story...

Ruby started writing short verses to accompany her black and white sketches. While she was raising 3 children the family often traveled in an old school bus camper and she filled many sketch books with ideas. She feels that her greatest blessing is the husband who patiently waited while she wrote notes and drew pictures.



Ruby is a great example of one who knows God's Word, visualizes it and sketches it. She probably sings the Scripture in her heart, as well! What a great way to memorize God's Word!

I encourage you to immerse yourself in God's Word until you are REVIVED and have the PEACE and ASSURANCE needed to start your day.



Koinonia Senior Care
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Wichita, KS 67235

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We need to AGE more:

Apologize

Grace Givers

Encourage

More inspiration @ www.kscare.org

 www.facebook.com/kscare

This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.

OUR MISSION

Christian Fellowship
Assistance
Respite
Errands & transportation

**Enriching the lives of
homebound seniors and
their caregivers, and
inviting our community to
join us.**

Community Projects
Action Opportunities
Resources
Education & awareness

OUR MOTTO

To captivate our community
with the character of Christ
through compassionate
CARE

KSC is a 501c3

OUR VISION

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

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