

Stress Relief Blessing Gift

Supplies: Bubble wrap & scissors

Chocolate

Clear baggies 4"X 9"

Stapler & staples

Cards below: cardstock,
color printer, paper
cutter, scissors

ASSEMBLY:

Cut the bubble wrap to fit in baggie.

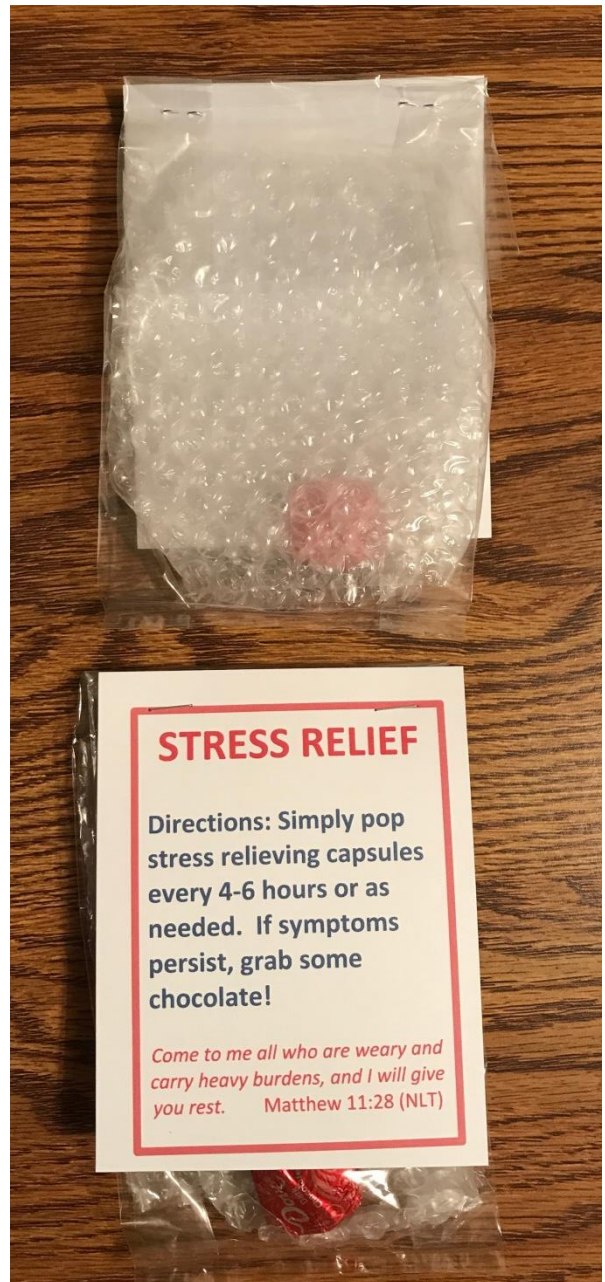
Add 1 piece of chocolate

Staple the verse below to the baggie.

Add a personal note on back.

Pray over the person who will be receiving it.

Blessings on your visit!



STRESS RELIEF

Directions: Simply pop stress relieving capsules every 4-6 hours or as needed. If symptoms persist, grab some chocolate!

Come to me all who are weary and carry heavy burdens, and I will give you rest. Matthew 11:28 (NLT)

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