

PROVIDING...

- \* honor, help & hope for homebound seniors, wherever they call home;
- \* encouragement for widows & caregivers;
- \* awareness & action opportunities for the community.

KOINONIA—"Spiritual community or Christian fellowship"

# KSC CONNECTION



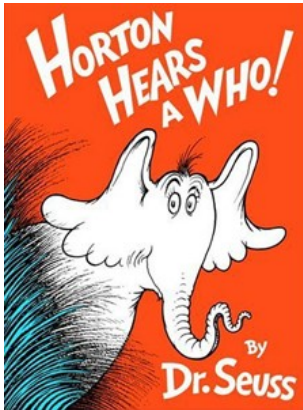
www.ksicare.org

316-209-9028

Koinonia Senior Care Newsletter

March 2020

## Read Across America Day



Read Across America Day, also known as **Dr Seuss Day**, is an annual American observance held on the school day that is nearest to March 2nd, which is Dr Seuss birthday. Theodor Seuss Geisel was an American artist, book publisher, animator, poet, a political cartoonist as well as an author. He is best known for authoring over 60 children's books, my favorite being *Horton Hears a Who!*

A faithful elephant named Horton carries a tiny world called Whoville to safety on a clover. The other animals in the jungle try to stop him and refuse to believe the Whos are real. Horton's unwavering faith and his determination to stick up for the helpless, even in the face of tough opposition and the ridicule of his peers, is one of the many lessons I learned from this reading. Other life lessons include:

**A person's a person no matter how small.** Like Horton, we need to concern ourselves with the smallest, oldest and most helpless among us, those who don't always have a voice.

**We all need purpose.** Protecting the "speck" becomes Horton's own personal cause and gives deeper meaning to his formerly insouciant life. His new sense of purpose brings freshness to his life. What cause brings purpose and value to your life?

**Forgiveness.** Despite the cruelty of the jungle animals, Horton never holds a grudge. Instead, he reaches out to them in peace, even though they wouldn't have done the same for him. Horton the elephant is, in every way, the bigger person--a lesson we can all learn from.

Be inspired. Love. Give. Share what is good. *Christine*



**MARCH**

**3 GriefShare Support Group, Pathway Church**  
10am on 3, 10, 17, 24, 31

**4 KSC Training**

**25 KSC Blessing Gift Make & Take**

**Thursdays @ 3:00 Bible study at Oxford Grand**

### Other Days to Remember

**2 Read across America**

**6 Employee Appreciation**

**8 Daylight Savings begins**

**14 Pi Day 3.14**

**16 John 3:16 Day!**

**17 St. Patrick's Day**

**22 National Cleaning Week**

*Thank you* to

**the Seekers Sunday School class for your generous donation to the ministry!**

## Widows & Widowers

The name *WIDOW* is mentioned in the Bible 81 times; 55 in the Old Testament (*almanah* Hebrew) and 26 in the New Testament (*chere* Greek)

*Widow* is an honorable word with added sorrow and mourning. But some women are looking for a word that expressed their new identity in a more positive light. We heard phrases like, "wife of a husband with wings," or "my husband has moved to Heaven," but are looking for a one-word declaration.

Perhaps the Hebrew word, *almanah*, would be good.

We would like to hear your thoughts on the matter.

## Caregiver's Corner



An APPlE a day



Caregivers face challenges on a daily basis from how to's, documentation of their loved one's symptoms and appointments, researching remedies, finding easy recipes and reliable respite, not to mention trying to eat healthy, exercise and rest.

Technology on our smartphones now offers us medication management apps, GPS apps to locate our wandering loved one, medical alert apps to allow our loved one to live safely at home, video apps to check in on your loved one and appointment apps so we don't miss a doctor's visit or haircut.

Basic apps that come standard on our smartphones which I utilize daily include "Notes" and "Voice Memos." I can record conversations or speak in to my phone to write down random thoughts which need to be dealt with later. They are my brain apps! I also rely on my Google Calendar for all my appointments. They are color-coded for knowing whose appointment they are.

Apps are a way to make your life as a caregiver easier. Yes, there is a learning curve, but in the long run, it will help organize your life as a caregiver.



## Opportunities

4 U held at

Tyler Road Baptist Church

571 S. Tyler Road

**BLESSING GIFT**

**Make-&-Take**

**Wed. March 25**

**March TRAINING**

**March 4th 1:00-3:00**

**ALZHEIMER'S**

**Lunch & Learn**

**12-1 (RSVP lunch)**

**March 3, 2020**

**Understanding Alzheimer's & Dementia**

Alzheimer's Assoc. Office  
1820 E. Douglas, Wichita, KS  
316-267-7312

*Thank you*

**Ways to \$ donate \$ to  
Koinonia Senior Care**

- ⇒ [Online Website](#)
- ⇒ **Estate Planning**
- ⇒ **Dillons/Amazon**
- ⇒ **Memorials**

*Giving isn't only  
about making a  
donation; it's about  
making a difference.*

# THE BOOK OF PHILIPPIANS

Bible Study Beginning in March:

*Count it all joy... Rejoice in the Lord always...*

*Do not be anxious about anything...*

*Whatever things are true, lovely...think on these*

*I can do all things through Christ who strengthens me... I have learned to be content whatever the circumstance...To live is Christ to die is gain...Discover the peace of God. Philippians is full of life lessons!*

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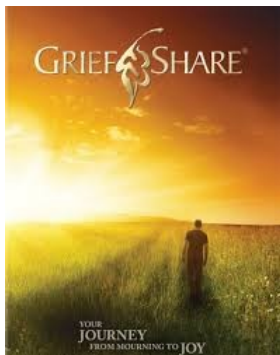


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**Titan X-23 power mobility scooter - \$750 (Wichita)** Like new, one owner, Titan model X-23 power mobility scooter with joy stick control and variable speed setting. Bought new in April of 2018 and comes complete with battery charger, owners manual and complete service records to support an excellent maintenance history. New batteries in May 2019. Being sold as a result of death. Medicare retail price just under \$6000 but contingent upon qualification. Current out of pocket new price range from \$1895 and up, but this one can be purchased for \$750. Must see to appreciate. Call Christine at 316-209-9028.

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## **GriefShare Support Group**

**Tuesdays @ 10:00 am at Pathway Church  
2001 N. Maize Rd**

**Questions? Call 316-209-9028**



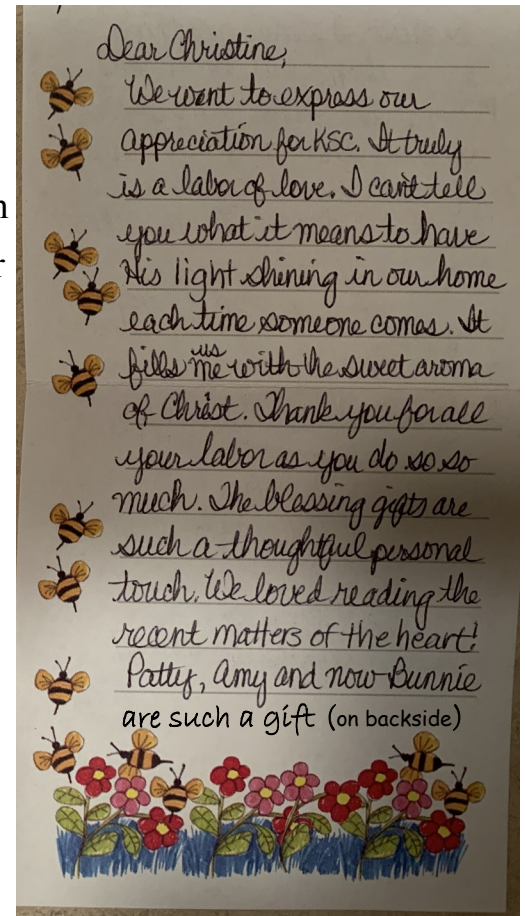
## EMPLOYEE APPRECIATION DAY—MARCH 6

Currently *Koinonia Senior Care* has 12 part-time paid caregivers whom I am grateful to God for! They consider their work as worship. They come with a spirit to serve, not work. They mainly serve 1-4 hour shifts, which allows them to stay refreshed as they serve their senior friend. An 8-hour shift becomes a job, not the ministry mentality we aim to uphold.

They implement our 5 Love Languages *secret sauce* in each home and go the 2nd mile on many visits. It's not the paycheck so much as the blessings they receive as they give of themselves to seniors and their caregivers alike. These organizational priorities set our ministry apart. God has blessed KSC with reliable, responsible, humble, kind, and committed employees.

This recent note expresses one caregivers appreciation for what KSC does for her and her mom. Thank you to each of our KSC Care~Team!

*Amy, Bridget, Bunnie, Hannah, Jan, Linda, Nancy, Patty, Sarah, Sharlet, Tammy, Therese*



### March 16th is 3/16

March 16th is not an officially recognized "National Day" although perhaps I should pursue it! In my heart, it is a very special day. 316 is my favorite number—ask anyone who knows me well. Even my area code is 316. When the time turns 3:16 a.m. or 3:16 p.m. I get excited and have even had friends screenshot the time and send it to me. My husband and I have this "thing" going when we notice the time, as well. Why is the number 316 so important to me and worth celebrating? Here is why.

<sup>16</sup> For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. John 3:16 (NIV)

It is for this reason I do what I do. I am loved by the creator of the universe so much that He made a way for me to be with Him forever! The Bible, His Word, teaches me how to live well and love well. To reflect and radiate His love to others so they can experience John 3:16 is part of my life purpose. I want to see each person I meet in Heaven! Won't you join me in celebrating John 3:16 in your heart?!

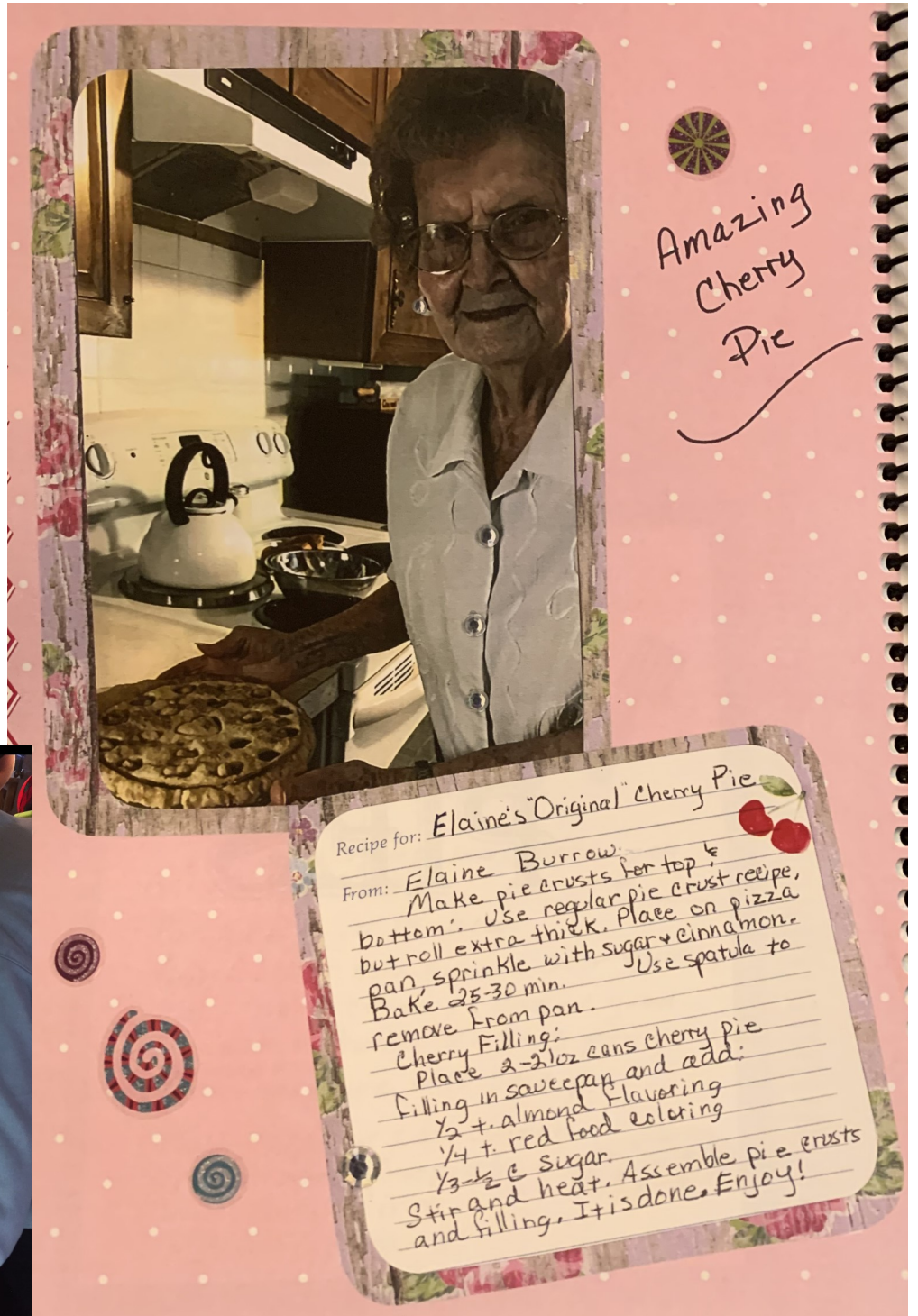
## March Touch Someone Challenge

Celebrate Pi day by taking a piece of pie to the home of a senior friend and enjoying visiting together!

# Pi Day is 3.14

Pi (often represented by the lower-case Greek letter  $\pi$ ), is one of the most well-known mathematical constants and is the ratio of a circle's circumference to its diameter. It is a little more than three times the distance across.

PI Day has become a fun day to celebrate and center around the dessert pie – not only because PI and pie are homophones in English but also because pie is round and is therefore related to PI. So, in honor of PI Day, here is a recipe from one of our dear senior friends who taught me, and many others, how to make pie a crust. But don't stop with this dessert pie recipe. Consider making chicken pot pies, shepherd's pies or some other form of savory meat pie. Enjoy!





**Koinonia Senior Care**  
**13303 W. Maple, Suite 139, PMB #128**  
**Wichita, KS 67235**

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**What do they call pastors in  
Germany?**

German Shepherds

More inspiration @ [www.kscare.org](http://www.kscare.org)

 [www.facebook.com/kscare](https://www.facebook.com/kscare)

***This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.***

#### **OUR MISSION**

Christian Fellowship  
Assistance  
Respite  
Errands & transportation

**Enriching the lives of  
homebound seniors and  
their caregivers, and  
inviting our community to  
join us.**

Community Projects  
Action Opportunities  
Resources  
Education & awareness

#### **OUR MOTTO**

To captivate our community  
with the character of Christ  
through compassionate  
**CARE**

**KSC is a 501c3**

#### **OUR VISION**

To be a model community of churches, neighbors and businesses who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally providing **CARE** for those God puts in their path.

#### **Board of Directors**

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