

PROVIDING...

- \* *honor, help & hope for homebound seniors, wherever they call home;*
- \* *encouragement for widows & caregivers;*
- \* *awareness & action opportunities for the community.*

**KOINONIA**—*"Spiritual community or Christian fellowship"*

# KSC CONNECTION



[www.ksicare.org](http://www.ksicare.org)  
316-209-9028

**Koinonia Senior Care Newsletter**

**January 2020**



## The 12 Days of Kansas In Honor of Kansas' 159th Birthday, 1/29/20

Inspired by Central Community Church's 12 Days of Kansas Christmas, the following was adapted to celebrate Kansas 159th Birthday. Put your own actions with each day and have fun celebrating (and exercising!) with your friends!

On the 1st day of Kansas my true love gave to me **a chorus of Home on the Range**

On the 2nd day of Kansas my true love gave to me **2 ruby slippers**

On the 3rd day of Kansas my true love gave to me **3 deer a dancing**

On the 4th day of Kansas my true love gave to me **4 tornado shelters**

On the 5th day of Kansas my true love gave to me, **5 fields of grain**

On the 6th day of Kansas my true love gave to me **6 salt mine samples**

On the 7th day of Kansas my true love gave to me **7 Cessna Citations**

On the 8th day of Kansas my true love gave to me **8 Shockers shocking**

On the 9th day of Kansas my true love gave to me **9 Pizza Hut specials**

On the 10th day of Kansas my true love gave to me **10 Cosmosphere passes**

On the 11th day of Kansas my true love gave to me **11 whirling wind farms**

On the 12th day of Kansas my true love gave to me **12 Keeper of the Plains**



**JANUARY**

**8 KSC Training**

**14 GriefShare Support Group, Pathway Church**

**29 KSC Blessing Gift Make Kansas Birthday**

**Thursdays @ 3:00 Bible study at Oxford Grand**

**Mondays @ 10 Bible study Colwich Gardens**

**KSC's Christmas Wish List RECEIVED!**

⇒ **2 computers**

⇒ **Stamps**

⇒ **Reams/box of paper**

⇒ **Could still use Amazon Gift Cards for ink & office supplies**

We know you have a choice. ***Thank you*** for choosing to support ***Koinonia Senior Care!***

## Widows & Widowers NEW GriefShare Support Group



**Group Begins**  
January 14  
Tuesdays @ 10:00 am  
Pathway Church  
2001 N. Maize Rd  
\$16 workbook

**RSVP to Christine**

**Co-leaders: Christine & Bunnie**



## Opportunities

**4 U held at**

Tyler Road Baptist Church

571 S. Tyler Road

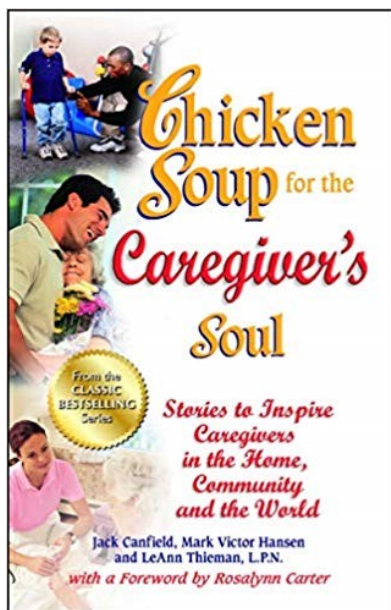
**BLESSING GIFT  
Make-&-Take  
Wed. Jan. 29**

**January TRAINING  
for senior visits  
Jan. 8, 1:00-3:00**

**Mission...and inviting  
our community  
to join us!**

## Caregiver's Corner

### Chicken Soup for the Caregiver's Soul



Whether you've chosen caregiving as a profession or caregiving has chosen you, your daily commitment and sacrifice are true testaments to the human spirit. These true, inspirational stories offer you a respite from your responsibilities, bringing uplifting and comforting insights to fill you with renewed hope, courage and strength.

It reminds us all of the inspiring difference caregiver's make every day in people's lives . . . and the world.

Written by Jack Canfield, Mark Victor Hansen and LeAnn Thieman, L.P.N.

Koinonia Senior Care has this book in its *Lending Library*

## Thank you

**Ways to \$ donate \$ to  
Koinonia Senior Care**

- ⇒ [Online Website](#)
- ⇒ **Estate Planning**
- ⇒ **Giving Tuesday**
- ⇒ **Dillons/Amazon**
- ⇒ **Memorials**

**Thank you** for the many memorials given in honor of

**ANNA LAMB**

*Giving isn't only  
about making a  
donation; it's about  
making a difference.*

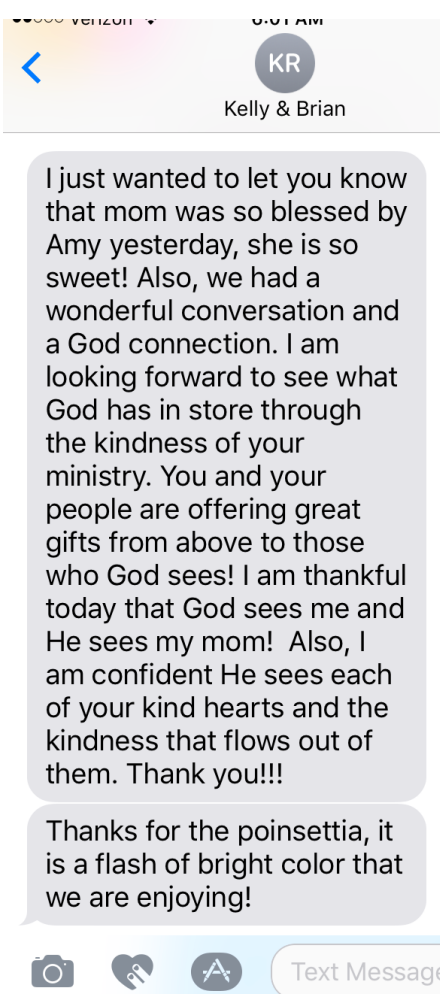
# Recent Notes of Appreciation

out for us. Your heart to assist our dear seniors, and the passion to put your heart's desire into action for the glory of God are praiseworthy! I continue to keep you and KSC in my prayers. Thanks for all you do!  
Rich & Jeanette Roberts

Thanks for all you do!  
Your love and support for seniors is amazing!  
Love, Denise

Thank you, Christine. I'm so thankful you will be leading a grief share class after the holidays, too. ( ) said those classes were his lifeline after both of his wives passed. Thank you, Christine, for your vision about what is needed. Ann

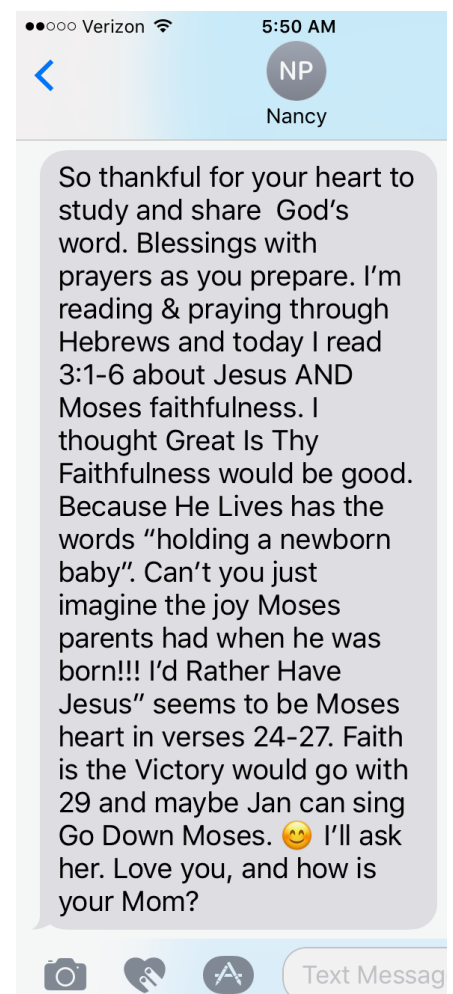
## Caregiver Appreciation



## Note from a KSC Care Team Staff

*You have such a kind  
and generous spirit.  
You never miss a chance  
to say something nice,  
do something good,  
or share something positive.  
You're a blessing  
and appreciated so much.  
  
Thank you for all you do,  
all you plan to do,  
and all you will continue to do.  
  
Bunnie*

## Bible Study Leader's Message





## Let's Build A Snowman!

There's a popular song out called, "Do You Want to Build A Snowman?" It is part of the Disney *Frozen* movie. The 2nd and 3rd verses really hit home when I think about some of our senior friends.

*Do you wanna build a snowman?  
Or ride our bike around the halls?  
I think some company is overdue  
I've started talking to  
The pictures on the walls!*

*It gets a little lonely  
All these empty rooms  
Just watching the hours tick by...  
(Tick-tock tick-tock tick-tock tick-tock)*

Just this week, in an assisted living community with people all around, a man said he still felt lonely. I wonder if someone—a young family member—would ask him, "Do you want to build a snowman?" Perhaps just talking about it—or snow angels—or building a paper snowman or even this pretty neat reusable *Melting Snowman* product I found [online](#) with reusable melting putty, hat, scarf, eyes, nose and arms!



Or how about an old-fashioned [snowball fight](#), indoors? The possibilities are endless and the fun and laughter will be priceless!

Embrace the winter season! Invite the great grandkids over or go visit the great grandparents. Take along some fun winter activities and don't forget the Snowman Soup (hot cocoa w/marshmallows)! KSC's January Blessing Gift is Snowman Soup. You can find the recipe on our website. Make some and share with a friend!



*Christine*

## January Touch Someone Challenge

Be creative and build a snowman of some sort with a senior friend. You can even have an indoor snowball fight, finished off with a warm cup of Snowman Soup!

## Scripture Verse for 2020

I have been pondering an encouraging Scripture to share with you for the New Year. One that puts a new pep in your step and a new song in your heart. One that brings purpose and understanding for life's journey. One that brings peace for today and bright hope for tomorrow. One to memorize and quote each morning, all year long. I chose 2 Corinthians 4:16-18

*<sup>16</sup> Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. <sup>17</sup> For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. <sup>18</sup> So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.* 2 Corinthians 4:16-18 (NIV)

These verses remind us to look beyond what we can see with eager expectation of what God is up to. If we only look at our earthly body—our temporary dwelling place which is wasting away, we will get stressed out and be filled with a crippling anxiety. But if we focus on our *inward* soul—our spirit which lives on forever—we will grow and mature and become more like Jesus, receiving a firm foundation that moves us forward as we experience life and its difficulties through His perspective:

- ⇒ Seeing death but believing Jesus is the resurrection and our loved ones who know Jesus are not in the grave, but in Heaven.
- ⇒ Experiencing loneliness but believing Jesus is with us every moment of every day and we can talk to Him throughout the day.
- ⇒ Feeling worthless but believing our obstacles are opportunities to be used by God like never before.

Our greatest praise can come after our darkest days. Don't get bogged down on what you CAN see; believe God for what you CAN'T see. Don't walk by sight but by faith. Let's make seeing the unseen our new normal; moving from the shock of what has been taken away from us to an eternal perspective of what He wants to unveil *within* each one of us! It may include opportunities in the ordinary things of our day to do extraordinary things for God.

*Lord, open the eyes of my soul to look at old things in a new way—Your way—and to somehow make this my finest hour for Your glory..*



**Koinonia Senior Care**  
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**Wichita, KS 67235**

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"Write it on your heart that every  
day is the best day in the year."

—Ralph Waldo Emerson

More inspiration @ [www.kscare.org](http://www.kscare.org)

 [www.facebook.com/kscare](https://www.facebook.com/kscare)

***This newsletter has articles of encouragement for widows, homebound seniors, caregivers, and the local church/community who reach out to the needs of widows, caregivers & homebound seniors, wherever they call home.***

#### OUR MISSION

Christian Fellowship  
Assistance  
Respite  
Errands & transportation

Enriching the lives of  
homebound seniors and  
their caregivers, and  
inviting our community to  
join us.

Community Projects  
Action Opportunities  
Resources  
Education & awareness

#### OUR MOTTO

To captivate our community  
with the character of Christ  
through compassionate  
**CARE**

**KSC is a 501c3**

#### OUR VISION

To be a model com-  
munity of churches,  
neighbors and  
businesses who  
bring moments of  
joy, honor, help and  
hope to widows, the  
aging and their care-  
givers through per-  
sonally providing  
**CARE** for those God  
puts in their path.

#### Board of Directors

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