

# Celebrate Letter Writing

When was the last time you received or wrote a letter? Many older adults cherish those letters, but can no longer write them due to arthritis, Parkinson's, stroke or other physical reasons. But they still like to receive them! Why? Because a hand-written letter says, "I value you. You are important to me. You are worth my time to sit down, write a letter, address it and send it to the mailbox!" Amongst the catalogs, bills, and solicitations, a hand-written envelope invites an excitement and anticipation of connecting to someone special who knows us.

Another group who enjoys receiving letters from home are our college students. Many seniors have adopted college students to write and pray for. *When I was off at college, it meant a lot to me to receive notes from Phoebe, one of the older ladies in our church. We still continue to keep in touch after 20 years!*

The Japanese celebrate Letter Writing Day every month on the 23rd. Their post office even puts out a commemorative stamp on July 23rd of each year—a splendid idea!

Perhaps we could be challenged to celebrate letter-writing here in America on the 23rd of each month (or whatever day works best for you)! Not only does it show value, honor, and worth to the person you are writing to, it also keeps your fingers and your penmanship skills sharpened—and most of us can use a little challenge in that department!



Phoebe used to write Christine when she was away at college 22 years ago. They still keep in touch!

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## DO YOU KNOW A STUDENT GOING AWAY TO COLLEGE?

Send them monthly notes of encouragement and prayer!

### Ideas:

- Write to the same college student at least 1 time each month
- Pray for your college student
- Send them a prayer wristband "Someone is praying for me"  
[http://www.dayspring.com/praying\\_wrist\\_bands\\_set\\_of\\_2/](http://www.dayspring.com/praying_wrist_bands_set_of_2/)
- Send them a care package during finals week: snacks, bookmark, note, stress ball, prayer bracelet (make your own!)



# Opportunities

you can support with  
a click of a button

§

prayer!



## **Join KSC in the Walk to end Alzheimer's September 12, 2015**

*This will be the 3rd year KSC has sponsored a team to raise awareness & funds for Alzheimer's, a disease which affects over 52,000 Kansans, some of whom are KSC's senior friends. Please join us by...*

*\* Donating online for our Koinonia Senior Care team at [www.alz.org](http://www.alz.org) **OR***

*\* Sending KSC a check made out to Alzheimer's Association **OR***

*\* Walk with us! Call 209-9028 for more details!*

## **YOU CAN SUPPORT KSC WHEN YOU SHOP DILLONS & AMAZON!**

Sign up and choose KSC as your organization and these businesses will donate a percent of your shopping dollars to our ministry. Please tell your friends, too! If you need help with set-up, please let us know.



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Each time you scan your card at Dillons, you automatically support KSC!



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Choose Koinonia Senior Care as your charitable organization (May be spelled Kol)

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# **THANK YOU!**