

*Providing aging awareness & encouragement for  
the community, congregations, compromised  
seniors and caregivers.*

[www.kscare.org](http://www.kscare.org)

# KSC CONNECTION



**Koinonia Senior Care Newsletter**

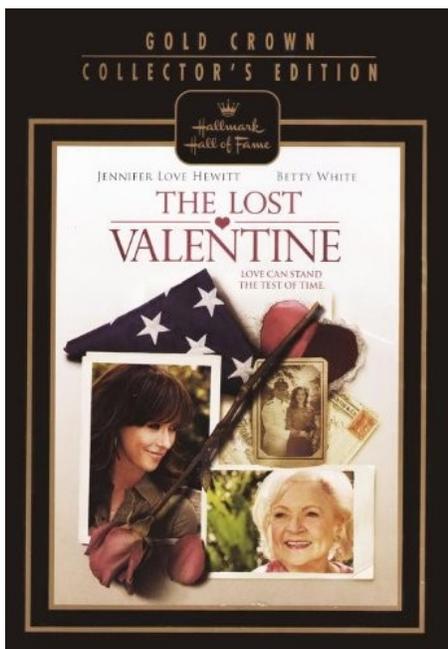
**February 2015**

## **A Valentine's Special**

KSC remembers those who have lost their spouse. As you read the following, may you feel warmth, love and a reason to celebrate this Valentine's Day. *(Prayer sentiments by Beth Moore)*

Imagine...waking up on February 14th anticipating a talk with your beloved—God...

*Thank you, God, for your love letter to me—the Bible. As I pour over your letters, I am continually surprised to discover new things about the One I thought I knew so well. As I read I sense You beside me, pointing out things You want me to know. Your letters are my most precious possession. I weep that someone loves me so much. My hope is in You.*



From KSC's Lending Library

## ***The Lost Valentine***

During World War II, Navy Lt. Neil Thomas bids his pregnant young wife, Caroline, farewell at Union Station. But even before their son is born, Neil's plane goes down in the Pacific and he's declared missing in action. Caroline is devastated. Neil was Caroline's one great love... and for the next 65 years Caroline (Betty White) returns to Union Station on the anniversary of the day they said good-bye forever (Valentine's Day), to salute the memory of her brave and beloved husband. Eventually, a TV journalist (Jennifer Love Hewitt) learns of the touching story and sets out to investigate just what

happened to Neil during the war. Neil and Caroline's grandson encourages his initially-reluctant grandmother to cooperate; the TV reporter and the grandson fall in love themselves.

**Call today to borrow this DVD from KSC's Lending Library! (316) 209-9028**



Dear KSC,  
 Thank you so much for the  
 May Day bouquet you delivered to  
 my mother, . . . It is  
 beautiful and brightened an  
 otherwise gloomy day. Your kindness  
 and thoughtfulness are appreciated.  
 The delivery ladies and kids were  
 very friendly and delightful.  
 God bless you in this new endeavor.

**Your gifts to our community through Koinonia Senior Care throughout 2014 are gratefully appreciated!**

- Over **1,800 hours** of compassionate care were provided to the homebound in our community.
- 114 hours** of courtesy transportation were provided through our *Driving Miss Gracie* ministry.
- 3 families** were supported through the grieving process & have already surpassed that for 2015
- 375 people** received our *KSC Connection* monthly newsletter either through email or postal mail.
- 40 seniors** received homemade *Blessing Gifts* each month.
- 75 lives** were touched as KSC partnered with Cedar Pointe Baptist Church and Newman University for *Aging Awareness & Action* initiatives
- 1 bi-monthly Bible study** was started at an assisted living facility



Your gifts in **2015** will help us continue the above while adding the following:

- Connection Camps** - intergenerational camps for children and seniors at assisted living facilities.
- Unsung Heroes** – placing a special emphasis of appreciation and encouragement for caregivers.
- Driving Miss Gracie** - research resources and people to help us better meet this increasing need.

**YOU** are making a difference. Thank you for partnering with us!

**Lunch & Learn**

**Tuesday, Feb. 3**

Alzheimer's Assoc.  
 1820 E. Douglas

**12:00—1:00**

*“Most important decisions you will never make”*

*Caregiver Education*

**RSVP: 276-7333**

**Lunch & Learn**

**Lunch & Learn**

**Friday, Feb. 27**

Central Community  
 Church \$8

**Dr. Ravi Bajaj**

*Will share practical tips to keep your heart healthy.*

**11:30—1:15**

**RSVP: 962-4000**



## February Facts

### Celebrating

#### President's Day, Black History Month, American Heart Month

Feb. 1st— Langston Hughes was born on this day in 1902. What was he known for? \_\_\_\_\_

Feb. 4th—On this day in 1913, Rosa Parks was born. She is known as the mother of the Civil Rights Movement. In 1955 she refused to give up her bus seat to a white man, resulting in her arrest and sparking a bus boycott in her hometown of Montgomery, Alabama. Which president presented her with the Presidential Medal of Freedom in 1996? \_\_\_\_\_

6th—National Wear Red Day. Heart disease and \_\_\_\_\_ kill 1 in 3 women, yet it is 80% preventable. Wear red today to bring awareness to heart disease. Here are some tips from the Center of Disease Control: Work with your healthcare team, monitor your B/P, get your cholesterol checked, eat a healthy diet, maintain a healthy weight, exercise regularly, don't smoke, limit alcohol use, manage your diabetes and be sure to take your medicines!

13th—Elizabeth Virginia Wallace Truman was born on this day in 1885. She was a tomboy growing up, enjoying what sport? She met Harry Truman at a Sunday school class when she was 5 years old. They were classmates through high school before marrying. \_\_\_\_\_

16th—On this day this year we celebrate President's Day. We know that Washington and Lincoln had birthdays in this month, but do you know the other two presidents who celebrated birthdays in February? \_\_\_\_\_

***Above all else, guard your **heart**, for it is the wellspring of life.***  
**Proverbs 4:23**



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*Thank you to the many who give their gifts of time, talents, treasures and prayers to Koinonia Senior Care. We value the various gifts God gives each of you and your trust to invest those gifts with KSC. 2 Corinthians 9:7*

#### OUR MISSION

Christian Fellowship

Assistance

Respite

Errands

Honoring God & seniors by educating & encouraging families, the community and our churches to provide **CARE** for those whom God puts in their path.

#### OUR MOTTO

To captivate our community with the character of Christ through compassionate **CARE**

#### OUR CORE VALUES

Attitude of HONOR

Be a BLESSING

Culture of CREATIVITY & CELEBRATION

#### **KSC is non-profit**

#### OUR VISION

To be a model community of churches and neighbors who bring moments of joy, honor, help and hope to widows, the aging and their caregivers through personally proving **CARE** for those God puts in their path.